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#### **Business as usual** in Praia da Luz

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In a world exclusive, cofounder of the Ocean Club in Praia da Luz takes The Portugal News through the resort's history, and how they dealt with one of the most widely publicised incidents in recent memory. (See Page 2)

### **Missing Belgian** children found hours after alert

Three Belgian children who have been missing since January and who are believed to have been taken from their homeland by their father against their mother's wishes, were found this week in northern Portugal within hours of a national alert. (See Page

#### **Local expert** forecasts six month summers

With spring already lasting ten days longer, summer is forecast to last between five and six months by the middle on this century, a leading Portuguese expert has warned this week. (See Page 4)

#### PM moves to calm consumers over global crisis

"Your savings are safe", Prime Minister José Sócrates told the nation this week as he moved to avoid any panic-driven closure of bank accounts or removal of savings from financial institutions in the country. (See Page

#### Seven day weather outlook

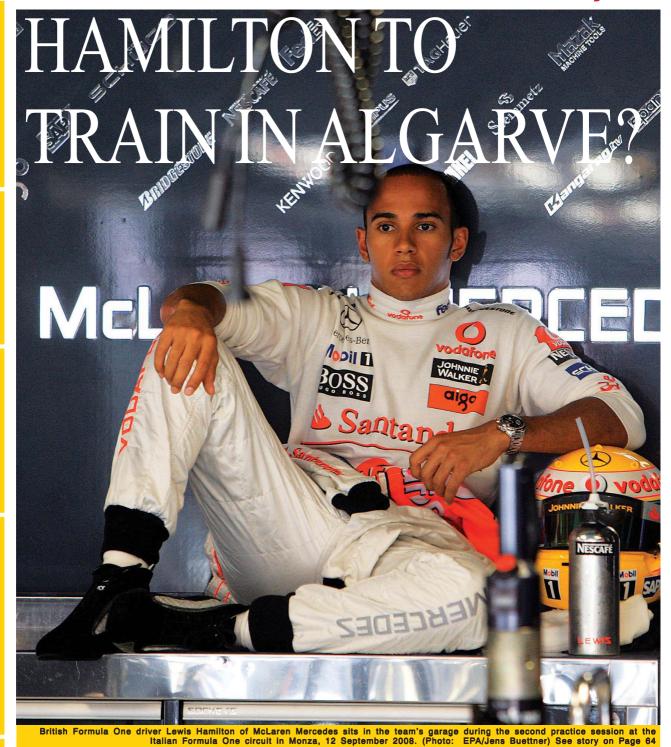
Lisbon: Rain will make a brief appearance midweek, though temperatures will remain in their mid-20's however. Faro: No rain is forecast for the next seven days and the sun should make regular appearances as highs will move into the 20's. **Oporto:** Thermometers in Oporto will hardly pass the 20-degree mark, with rain predicted from next Monday to Thursday.



**PROPERTY** 

10 page

weekly



### <sup>2</sup>news

# Business as usual in Praia da Luz



Robin Crosland has been in the Algarve for more than twenty six years. During that time, he has seen Praia da Luz grow exponentially. The Ocean Club, of which he was architect and co-founder, has played a major role in the development of the once quintessential fishermen's village and remains in the heart of Luz in more ways than one. In his first press interview since May 3rd, 2007 - the day toddler Madeleine McCann disappeared from Ocean Club apartment 5A, Robin, in a world exclusive, takes The Portugal News through the resort's history, and how they dealt with one of the most widely publicised incidents in recent memory.



There are probably very few resort managing directors who know their venue and surrounding areas like Robin knows his. He was responsible for the birth

successful growth of The Ocean Club, and, a very good area to inas a direct result, of Praia da Luz, where he has spent the past 26 years.

Robin moved to the region in 1982 after having worked as an

architect in Nigeria. "I came here to help my partners, John Garveigh and David Symington, set up The Ocean Club. I was an architect, not an hotelier, and there was nothing

here but fields, orchids, orange groves, olive tress - and a snake and a bull", he jokes, looking out of his office window that frames the now significantly developed

"We now have 350 developed units and hillside villas. It is a 1,000-bed operation".

In recent years Praia da Luz has been branded as one of the Algarve's few remaining gems; a hotspot for investment, once an 'up-and-coming' region, transformed into a cosmopolitan des-

Robin's experience in promoting and selling The Ocean Club's units-300 of which are privately

owned as holiday homes by Britons, the Portuguese and Dutch undoubtedly proves that since 1982, property prices have soared tremendously

"The first unit we sold, a two-"Luz is certainly still bedroom apartment with sea view, was put on the market

for £11,000. That same apartment today is worth around €280,000", 20 times its original

Back in the early eighties Praia da Luz was just a sleepy fishermen's village and is still so described in many holiday brochures. But is it actually the case?

"Sadly all the fishing is gone now", Robin laments, "but I

guess it would have disappeared anyway. There just aren't many fish left

"The fishing industry was forced to move to Lagos when they built the Marina, but Luz is certainly still a origins and are now very good area to multi-millionaires". invest in, to buy

an apartment or villa. The location and climate are huge selling points, and the beaches are un-

spoilt. It is still a very pretty, picturesque village", he says

From humble beginnings The Ocean Club has flourished into a multi-million euro set-up.

As a consequence, its surroundings have flourished too.

"Many locals found employment through The Ocean Club. Without stating names, I could probably count on two hands the individuals in Praia da Luz who came from simple origins and are now multi-millionaires"

Since the management of the resort was taken over by tour operators Mark Warner, Robin has stayed on as managing director, and predicts this is where he will remain "until I retire"

The Ocean Club resort gained notoriety when it was thrust into

the limelight on 3rd last "Many locals found May following year, employment through disappear-The Ocean Club. Withance out stating names, I Madeleine could probably count McCann. British toddler's on two hands the indiface was broadviduals in Praia da Luz cast into homes who came from simple around the world. as was Praia da Luz, and the

of

Ocean Club became a household name caught amidst an unprecedented media frenzy in Portugal.

executives have remained tightlipped on the incident, and Robin, despite finally opening up, is still reluctant to comment. Over the past 16 months reports have spo-

Since last May Ocean Club

radically emerged stating that, as a consequence of Madeleine McCann's disappearance, Ocean Club guest figures have plummeted, that people con-

sidered Praia da Luz to be an unsafe spot for families and resulted in the temporary tarnishing of the Algarve's idyllic image.

Robin is quick to rubbish all of these reports, as have other leading authorities and tourism officials, denying that having the resort's name associated with one of the biggest child-related mysteries of modern times had a damaging effect.

"But no one wants that type of publicity, at all", Robin admits, stating "there were some immediate cancellations, until around October last year, but then things levelled out again".

He explains that, after the initial period, these cancellations were not severe limited mainly to families with preschool children.

crime". Forty per cent of the Ocean Club's visitors are regulars,  $many\,of\,whom\,return\,every\,year.$ 

helps

"Our regulars know the resort and the area and they know it is not unsafe. They tell their friends and family who tell their friends and family. They have not been put off"

Prior to the interview Robin had prepared a written statement to The Portugal News, voicing his view on the world-involving incident.

"It was of course a terrible tragedy and all our hearts went out to the family, the whole village as well as our staff were deeply upset and the out-pouring of grief was enormous", he says.

He carries on explaining how, with much difficulty, he had to continue his role as Managing Director, to ensure The Ocean Club carried out all its responsibilities to their other guests.

"We still had another 600 guests to look after who had paid to stay with us and who had nothing to do with this event and wanted to enjoy their holiday".

A team of psychologists, crisis management experts and senior staff management were sent out by Mark Warner, who Robin guarantees, contrary to reports, are "not pulling out of The Ocean Club"

He says that, whilst figures were not as good as in 2006, when the Algarve experienced a miniboom in tourism, this year "The Ocean Club continued to attract families with children of all ages with the exception of April and early May when there were fewer families with pre-school children. But by June, these had also returned to normal and by July and

back to normal occupancy fig-

Criticised at the time for its lack of CCTV cameras, as were many resorts last year following the de-

bate for new safety meas-"This was of course ures, Robin rea terrible tragedy and torts: "Most of all our hearts went out the resort is to the family (...) the spread throughout-pouring of grief was enormous". out the village, units are the accessed public roads and

paths and in Portugal it is illegal to have security video cameras in public places. On private property we don't need them as we have manned receptions"

In the meantime, The Ocean Club is planning to make "considerable invest-

ments" during this winter, which include upgrading restaurant ar-

prevent

"It is a small, safe

community where eve-

rybody knows every-

one else and their busi-

ness. This in a way

to

Robin continues, "We pride ourselves on providing good quality accommodation with good friendly service at very competitive rates, all set in the most

idyllic scenery. This has always been our policy and it pays off whether there is a recession or a boom period".

At present, Robin agrees with the general sentiment that there is

a bit of a lull in people's spending power, and is of the opinion, therefore, that self-catering apartments, such as those of The

Ocean Club, are the perfect solu-

"Twenty five years ago the people who came to Praia da Luz had more money to spend but there were fewer of them. Nowadays there are more people but with less to spend. The advantage of self-catering is it saves

So after 26 years, having confronted a number of recessions, booms, and a controversy of global significance, what does Robin think of Praia da Luz?

"Luz is a beautiful, familyfriendly, ideal spot for all generations, all seasons of the year.'

Does he think Praia da Luz is

"Absolutely", he replies without hesitation.

"It is a small, safe community

"No one wants that

type of publicity".

where body knows everyone else and their business. This in a way helps to prevent

crime. You cannot get away with things like you do in larger resorts", he argues.

No further expansion is on the cards for the Ocean Club, but there is always room for improvement.

"We want to keep doing what we have always done but better. Here in the centre Praia da Luz is now fully developed, so we can't expand as such, but we can improve our facilities and occunancy". explains Robin Crosland.

And what about after retirement, will Robin stay in Luz?

"We will keep our home here, but we have a lot of travelling to catch up on".

Carrie-Marie Bratley





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# Missing Belgian children found in Portugal hours after alert



Three Belgian children who have been missing since January and who are believed to have been taken from their homeland by their father against their mother's wishes, were found this week in northern Portugal. The children were found within hours of a national alert which indicated that they might be in the country in the company of their father.

Reports indicate that the three minors – all girls, aged seven, ten and 14 – were brought to Portugal in a motorhome by their father, Cornelius Otto.

They went missing from Deurne, Antwerp (Belgium) at the beginning of the year, and were re-united with their mother nine months later on Tuesday after spending a night in care.

PSP officers arrested the Belgian man, who was with the three girls and is believed to be their father, in Viseu after a citizen saw the four busking and reported them to local authorities.

The citizen found it 'odd' that the man and three children were busking in a hidden spot behind the Hospital S. Teotónio, and not in a busier area as would be nor-

José Alcides described the man as 'edgy', and said that he had fled from his busking spot after other people started commenting on his uneasiness and gathered around the four.

José Alcides phoned the police to voice his concerns at around 19h45 Monday evening.

Coincidentally, just 15 minutes later, an alert was broadcast on the eight o' clock national news, appealing to all Portuguese citizens to help police locate the three girls, who had been reported as missing for nine months, and were believed to be in Portugal.

José Alcides recognised the girls on the appeal as the girls he had seen busking, but on this occasion, went to the police station in person to explain his suspicions and give credence to his story.

Two hours later the suspect was located and detained.

According to Vitor Rodrigues, head of Viseu's PSP command, the man offered no resistance on his arrest, though initially argued he "was on holiday with his wife and children".

After consulting the Schengen international police website (Siren), Portuguese PJ police, to whom the case was handed over, confirmed there was an arrest warrant issued for the man they had detained.

Despite being reported as missing in Belgium since January, an international arrest warrant was only issued in August after suspicions emerged the man could be on the move through

Europe.

Commandant Rodrigues further confirmed the children were in good health and had been well looked after, and had been handed over to a local social institution.

Their mother, Marie Louise Casterman, was contacted by the national security office and came immediately to Portugal to be with her daughters.

After landing at Portela airport, Lisbon, she travelled to Viseu in the company of the Belgian Consul to Portugal, Alex Glumps.

Marie Louise Casterman told reporters how she returned home one day to find her three daughters missing and a note from her ex-husband saying he had taken them.

The alleged kidnapper and the three girls had been living in their caravan behind the S. Teotónio Hospital.

Last week, The Portugal News revealed that in the foreseeable future, the country is intending to have an innovative system in place whereby the country's mobile phone users will receive a text message with the photograph of a missing child within three hours of them being reported missing.

The Ministry of Justice is currently negotiating with the country's mobile telephone operators and other private entities in a bid to rapidly divulge images and information of a child who has been reported as missing.

Radio stations, television channels and roadside panels along major routes, and even automatic teller machines are to be used in the alert system for abducted children which Portugal is in the process of finalising.

Late last year, and during Portugal's presidency of the European Union, Lisbon proposed a rapid alert system for missing children.

At the time, Portuguese Justice Minister Alberto Costa said the planned system would be "flexible", directed primarily to the media and the general public, and help "complement" the existing cooperation between police authorities of the member states.

The cross-border alerts would be triggered when authorities considered there was a risk of an abducted child being taken to another country, the Justice Minister explained.



Sixty three year old José Alcides helped the police in Viseu on Tuesday to locate the three missing Belgian children who were believed to have been kidnapped. (Photo: Lusa / Paulo Novais)



### <sup>4</sup> news

### Local expert forecasts six month summers



The July 2006 heatwave which affected the entire country obliging the citizens of Lisbon to search out the coolest

### Lisbon backs EU food aid plan for bloc's poorest

has voiced support for European Commission proposals to boost food aid for Europe's poor, which will double Brussels' current spending to feed poor people in Portugal.

Portuguese Agriculture Minister Jaime Silva said after talks with EU colleagues that he was

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"satisfied" with the latest pro-posals from Brussels, which "are in line with what we requested."

If the EU food aid plan is approved by the bloc's 27 agriculture ministers and MEPs, the value of food to Portugal will rise from 14 million euros this year to 30 million in 2009.

Brussels presented proposals mid-September to pour more cash into an EU scheme to feed millions of poor people across the continent. The initiative supported 500,000 Portuguese in 2007, with 11,000 tons of food worth 15 million euros.

TPN/Lusa

## Least land burntin

Not since 1971 has so little woodland been burnt in Portugal during the official fire season. This year, 12,857 hectares were scorched during the fires, which is the lowest total since 1971.

This time last year, 16,605 hectares of woodland had been destroyed 3 750 more than the latest figures for 2008 revealed this week by the National Forest Association (ANF).

However, and despite the amount of burnt land being inferior to last year, and the past 37 years, the number of individual incidents was higher.

At the end of September, the ANF had registered a total of 10,912 incidents, in comparison to the 10,395 that were documented during the same time last

Phone Nº

Apartado

With spring already lasting ten days longer, summer is forecast to last between five and six months by the middle on this century, a leading Portuguese expert has warned this

The official bathing season, which commenced on June 1st and ended this past Tuesday, could be forced to face revision as thermometers start hitting the 30degree mark earlier in the year, and lasting well into October, as residents in Lisbon will have been able to testify this past week.

According to one of Portugal's leading specialists in climate change, "With the rise in average temperatures, what we know as summer will be extended. Within the next 50 years, we will have five or six months of summer as opposed to two or three", explained Filipe Duarte Santos.

Since records began in Portugal, January 2008 was confirmed as the second hottest ever.

Thermometers were also 1.3° above the usual January average, additional data has shown.

Portugal was in 2006 singled out in the Stern Review as being one of the European countries that will suffer most from global warming.

"The Mediterranean will see an increase in water shortages, heat waves and forest fires. Portugal, along with Spain and Italy, will be the hardest hit, which could result in a swing northwards in summer tourism", explained the report.

The four years leading up to 2007 were the hottest on record in Portugal while the drought in 2005 and 2006 was only broken by heavy rains and floods two winters ago.



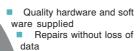
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### <sup>6</sup> news

### Portugal recruits more foreign doctors

Portugal currently boasts 4,287 foreign practicing doctors but, if new accords are to go through as expected, the country will be contracting even more foreign professionals, mainly from Latin America, in an attempt to fill ashortfall that is causing growing concern.

Out of the 38,538 medical professionals working in Portugal, three hundred are from Spanishspeaking South America, while a further six hundred are Brazilian nationals.

In addition to these doctors from Latin America, a total of 2,583 doctors are from European nations, 378 being from non-EU states, 261 are from Portuguese-speaking African nations (PALOP), 33 non-PALOP Afri-

cans, 42 Asians, 19 Northern Americans, and one Australian, who make up the total of 4,287 foreign doctors.

The acceptance of foreign doctors has raised a certain amount of controversy, generally because of language barriers, with many patients doubting the expertise of those who do not fully understand the language.

Furthermore, academic standards do differ, for example, in order for a Portuguese student to be allowed to study medicine they require academic averages for their final three years of schooling of almost 95 percent, well above those required in many of the nations from which Portugal is now recruiting.

But the Portuguese NHS con-

tinues to battle its shortage of doctors and in June, Uruguayan doctors were recruited by the INEM medical emergency response institute, and more are said to be on their way, through negotiations conducted by the Ministry of Health.

Back in July, Health Minister

Back in July, Health Minister Ana Jorge predicted a "critical period" within three or four years, due to an anticipated shortage of doctors, mainly those specialising in family medicine, as well as four other types of specialties; paediatricians, obstetricians, urologists and anaesthetists.

This was confirmed not only by the number of vacancies for medical degrees, but also by the number of foreign doctors being recruited, typically Uruguayan.

In the meantime, Portuguese doctors remain in high demand, and are among the nation's top earners.

Doctors working in public National Health Service (SNS) hospitals, but who are privately contracted to fill vacancies, particularly in emergency departments, can make up to 2,500 per day it was reported recently.

The Government has since vowed to take measures against doctors being "over-worked" but without revealing further details of what action they plan taking.

Due to the chronic shortage of anaesthetists, obstetricians and paediatricians, hospitals have been forced to resort to employing professionals through private

companies, who charge much higher fees than conventionally employed doctors.

Specialists are sourced to 'fill in' in hospitals around the country, and can earn thousands of euros in the space of just 24 hours

When signed up with a private agency, doctors are tied to that company by contract, and must subscribe to a requisite three-million-euro insurance policy to cover malpractice claims.

Manuel Delgado, administrator of the Curry Cabral Hospital, in Lisbon, revealed ten per cent of that unit's ER doctors are hired through private companies and "are the best paid in the hospital", describing the fees charged by these companies as "absurd".

The Ministry for Health has assured it is "developing a set of initiatives" to prevent hospitals from resorting to private helpand to ensure full functionality of ER departments with in-house staff, but has not indicated whether it plans doing so via the employment of foreign doctors.

Meanwhile, and despite the shortage of doctors here, the number of Spanish doctors practicing in Portugal has consistently dropped this decade after peaking in the late nineties.

Xóan Gómez, President of the Association of Spanish Health Professionals in Portugal confirmed that in 2003/2004 there were around 2,400 Spanish doctors and 1,500 nurses working here



Russian doctor Sergey Borisushkin at the Tábua Health Centre where he practices as a family doctor. (Photo: Lusa / Paulo Novais)



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### Looking to increase your income?

### Think twice before using your property

Many retired people in the UK are now using their homes to generate more income, or, in the case of my parents, spending my inheritance on travelling the world! Of course they don't have to worry about any exchange rate issues with their income - they receive Sterling and spendin Sterling.

Here in Portugal it's a different story for British expatriates, many of whom are experiencing a drop in income this year as a result of the exchange rate. Between the launch of the Euro back in 1999 and last September, Sterling bought between 1.75 and 1.45 Euros. Those days are gone and I'm sure many people who moved here to retire over recent years are now looking at the amount of Euros their Sterling based pensions are buying and asking if there's been a mistake! If you hold investments in Sterling and take an income from it you'll be asking the same question.

The first thing to consider is that if your expenditure is going to stay in a particular currency in the medium to long term you should try and base your income source in that currency. Spend in Euros-invest for income in Euros.

So, what about using Equity Release to supply a Euro income in Portugal?

There are plenty of adverts in Portugal promoting Equity Release but many British expatriates confuse it with the UK market meaning of Equity Release and are disappointed when they find out that type of scheme is not available here in Portugal.

Equity Release is just that: release of money held within a property (the equity) to the owner to do what they want with it in most cases. The difference between here and the UK is how the money is repaid to the lender and in what time scale.

The first type of scheme was introduced to the UK about 40 years ago but they only really came to the public's attention some 11 years ago with the shared appreciation product. The UK market grew quickly as equity rose to high levels with the housing boom. There are many options open to older clients - some products are now available from the age of 55.

Shared appreciation schemes fell out of favour due to the dramatic increases in property prices, and were replaced by Lifetime Mortgages; Home Income Plans and Home Reversion schemes.

The Lifetime Mortgage is the one most commonly thought of as "Equity Release". It works by the creation of debt which is an Interest Only mortgage, but in this case the interest rolls up and the mortgage is only payable on the sale of the property; at death or when the owner needs to go into long-term care. For the borrower this means no need to repay anything during the term very attractive if you're asset rich and income poor. Interest roll-up offers limited amounts of equity out of your property and is dependent on your age; the older you are the higher amount of equity you can release. This is a safe option for the lender since there will be less time between them loaning the money and it being repaid with interest.

Sadly this type of product is **not available** in Portugal at this

time and the problems in global money markets make its availability very unlikely in the near future.

So what does "Equity Release" mean in Portugal? It's just a way of releasing some of the equity held in a property. Unlike the UK, banks here will expect the debt to be repaid before a certain age and not on the sale of the property. They will not allow a roll-up of interest. This is where the problem for older clients lies as you will not only have to service the debt, but pay it back in full before the age of 80. For clients who have a defined income investing from a mortgage that still needs to be serviced could be risky as the returns may not prove enough and they could end up with less income!

The best way to protect against Sterling falling against the Euro is get your income based in Euros in the first place. Anybody with Sterling based investments should get advice on how best to maximise the returns and convert it to a Euro based investment to remove the currency risk. If you're planning to retire here think about securing a Euro income now, if you've still got a UK mortgage and own a property in Portugal consider reduc $ing\,the\,UK\,mortgage\,with\,a\,Euro$ base lend. The Euro now buys the best part of a pound after all!

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### Police officers kill spouses in unrelated incidents



A 47-year-old policeman and a 52-yearold policewoman have shot and killed their respective spouses, in two separate incidents, following domestic disagreements.

In the first incident, 47-yearold police officer Joaquim José Pais, shot and killed his 30-yearold wife Amélia, in front of their six year old son.

He is believed to have carried out the crime with a colleague's gun, as his had already been confiscated by superiors following complaints from his wife that the officer was being verbally and physically abusive towards her.

An investigation was being conducted into the victim's claims, and it is reported the couple were in the process of getting divorced, the argument having occurred after the husband found out his wife was rebuilding her lovelife.

The incident took place outside the victim's workplace, an association for friends and family of mentally handicapped people (APPACDM), where Amélia worked as a cleaner, in Vale de Santarém.

After shooting his wife, José Pais took his son to a relative's home and then turned himself over to GNR police.

The second incident took place in Sacavém, when a 52-year-old female PSP officer shot and killed her husband after firing shots at him four times, following an alleged 'violent argument'.

The woman officer is believed to have been a victim of domestic violence for many years.

She had been off-duty for sometime, on sick leave and suffering from depression, it has since been revealed.

After committing the crime, the officer phoned her colleagues to inform them of the incident. She was detained and is pleading she acted in self-defence.

Reports state that the PSP officer's union believes the day-today pressures of working as a police officer could have contributed to the two fatal shootings.

Recent figures show that over the past 12 years, violence against women has decreased somewhat, official figures indicate that one in every three Portuguese women has at one point been a victim of physical, sexual or psychological abuse.

On a global scale, including men and women, the results translate as four in ten Portuguese citizens being victims of domestic violence. These findings were made in a study commissioned by the Government late last year to monitor the phenomenon, which was only officially investigated on a national scale for the first time in 1995.

In 1995, around 48 per cent of women had at one point suffered some form of physical, sexual or psychological violence, whilst last year's figures show that number has diminished to 38 per cent. translating into just over one



Silhouettes pay homage to victims of domestic violence during an awareness campaign promoted by the municipality of Marco de Canavezes in 2006. (Photo: Lusa / Estela Silva)

in every three women being victims of domestic violence.

Sociologist Manual Lisboa, of Lisbon's Universidade Nova (UNL), claims "A significant part of violence against women" still takes place in a family environment and that nearly half of those questioned had over the past year suffered some form of domestic violence – physical (slapping, punching, kicking, etc...), sexual (such as forced intercourse) or psychological (including humiliation, screaming, intimidation, and death threats) – at the hands of a family member, partner or ex-partner.

Results show the main causes of violence against women by the perpetrators as being due to heavy drinking, misunderstandings, and differences in values.

For the first time in Portugal men were also included in the questionnaire and were asked the same questions as women.

# Police chief criticised over 'xenophobic' comments

Portugal's head coordinator for security, General Leonel Carvalho, caused controversy this week when he stated "immigrants are mostly responsible for the rise in violent crime in Portugal". This statement was swiftly condemned by immigrants' rights associations, accusing the police chief of "fuelling xenophobic attitudes".

His statement was made during an interview for state-run radio station Antena 1, where despite affirming violent crime had fallen in the month of September, he confirmed it had risen in July and August, as it had in the first six months of 2008.

PJ HQ burgled

walls of the building to gain access.

As a consequence, the PJ

have opened an investigation to

"re-evaluate security procedures and determine if discipli-

The 31-year-old assailant

After breaking into the Cen-

tral Crime Combating Branch's

fled the building after being de-

tected, but was eventually

nary action is to be taken"

caught.

The headquarters of the PJ anti-crime unit, which is

into by a man with a criminal record who scaled the

dedicated to combating violent crime, has been broken

The most severe form of violent crime rose by 15.2 per cent during the first semester of 2008, which, according to General Carvalho, is in large part caused by the opening of Portugal's borders.

"Foreigners are increasingly

stole a number of items that

were subsequently recovered.

Their value was not revealed.

A PJ statement posted on the

Internet read, "The suspect, a

drug addict with an extensive

criminal record for burglary,

was rapidly identified and de-

tained on the same day of the

incident (September 27th),

shortly after it took place, with

responsible for the rise in violent crime in Portugal and we must be conscious of this new reality to adapt our method of border control", he said.

These statements caused immediate uproar amongst immigrants' rights associations.

High Commissioner for Migration and Intercultural Dialogue, Rosário Farmhouse, warned: "The generalisations made in this type of statement are very dangerous. It is not fair that immigrants are identified in relation to the wrong-doings that are happening in Portugal".

Paulo Mendes, President of the Platform of Support Representatives for Immigrant Communities in Portugal, stressed the dangers of creating xenophobic attitudes through the General's 'hidden words'.

He said, "Taking random incidents and generalising them causes potential xenophobia, which hinders contribution towards the country's development, in which immigrants want to be part of the solution, and not the problem".

# Is the credit crunch affecting your mortgage options in Portugal?

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headquarters (DCCB), in Lisbon, early Saturday morning, he covered".

all the stolen objects being recovered to be part of the solution, and not the problem the problem to the problem to be part of the solution.

# Chavez promises special liaison for Portuguese worried by crime



The President of Venezuela, Hugo Chavez, talks to journalists at the Figo Maduro military airport at the end of his visit to Portugal on Saturday. (Photo: Lusa / João Relvas)



Venezuelan President Hugo Chávez oversaw the signing of a series of new bilateral business accords with Portugal at the weekend and promised greater attention to the security concerns of his country's large Portuguese-origin community.

Hugo Chávez, paying his third brief visit to Lisbon in one year, and Prime Minister José Sócrates witnessed the inking of business accords in the education, energy and public works sectors Saturday before a working luncheon at the Portuguese leader's official residence, São Bento Palace.

A diplomat told the Lusa News Agency Chávez promised Sócrates he would appoint his Deputy Minister for European Affairs, Alejandro Fleming, to serve as a special liaison between Caracas and the 600,000-strong Portuguese community in Venezuela to deal especially with its mounting security worries.

With a heavy presence in Venezuela's retail sector, Portuguese businessmen have been frequent targets of kidnap for ransom in Venezuela.

Six Portuguese have been murdered in the South American country during the past month, according to community leaders.

In comments to journalists in Lisbon Saturday shortly before his departure, Chávez appeared to downplay suggestions the Portuguese community was especially targeted by criminals

pecially targeted by criminals. "What the Portuguese community is asking is part of what the Venezuelan people ask", he said, pledging his "maximum attention and respect" to all sectors of his country.

TPN/Lusa

# President renews education commitment

President Cavaco Silva has capped his participation at the UN General Assembly with a reaffirmation of Portugal's commitment to aiding Lusophone African countries and East Timor in the field of education.

The President renewed Lisbon's "firm commitment" to help its five former African territories and East Timor in education and professional training programmes at an Education and Health Roundtable on Thursday held on the sidelines of the General Assembly to discuss the UN's Millennium Development Objectives, an aide told the Lusa News Agency.

Among other matters, Cavaco Silva called the Roundtable's attention to Portugal's recent approval of a €30 million fund to back Portuguese-language teaching programmes abroad.

During his General Assembly address, the president urged the world body to give Africa "prime attention" and to continue aiding East Timor to stabilise its newly independent state institutions.

Another central focus of the Portuguese leader's stay in New York was the mobilization of the other seven Lusophone leaders to take concrete steps to making their common language an official language at the UN and its agencies.

Defence and promotion of the language is a main concern of the Lisbon-headquartered Community of Portuguese Language Countries (CPLP).

Spanning four continents, the eight-nation bloc binds Portugal and Brazil to Lisbon's five former African colonies and East Timor.



### Lusophone bloc mobilises to make Portuguese a UN language

The eight countries comprising the Lusophone bloc have this week agreed to "take the necessary steps" to make their shared Portuguese language an official language at the United Nations and its agencies, the Lusa News Agency reports.

Portugal's President, Cavaco Silva, announced the initiative in New York last week after hosting a luncheon meeting of Lusophone leaders attending the UN General Assembly.

"It's the first time the Portuguese-language countries assume the firm, I'd even say formal, commitment to take the necessary steps so that the Portuguese language becomes an official language at the United Nations and its agencies", Cavaco Silva said after the luncheon at the Four Seasons restaurant.

He said the leaders of the Community of Portuguese Language Countries (CPLP) had discussed the strategy to be followed and its respective financing.

"I consider [the initiative] of such political importance that it justifies the (CPLP) countries joining to cover the costs",

Cavaco Silva said.
The eight nations' permanent
UN ambassadors, he added, had
been instructed to prepare a document and to collaborate with UN

Secretary-General Ban Ki-moon

to determine the concrete steps necessary to formalising the pro-

Spanning four continents, the Lisbon-headquartered CPLP represents more than 200 million people

Apart from Portugal's head of state, other Lusophone leaders present at the New York meeting were the presidents of Brazil, Cape Verde, Mozambique and São Tomé and Principe, and the prime minister of East Timor.

Angola and Guinea-Bissau were represented by their foreign ministers.

Also in attendance were UN High Commssioner for Refugees, António Guterres, a former Portuguese prime minister, and the UN's special envoy for tuberculosis, Jorge Sampaio, a former Portuguese president

Portuguese president.
Cavaco Silva said that his Brazilian counterpart, Lula da Silva, confirmed Brasilia's plans to set up soon a Lusophone university to train students from East Timor and the CPLP's five African members

# PM moves to calm consumer fears over global financial crisis



"Your savings are safe", Prime Minister José Sócrates told the nation this week as he moved to avoid any panic-driven closure of bank accounts or removal of savings from financial institutions in the

The Prime Minister has reassured his fellow citizens their savings are not at risk from the crisis afflicting global financial markets because Portugal's banking and finance sector is resilient.

"I want to reassure people about their savings. The Portuguese financial system has shown good resistance to the consequences of turbulence and uncertainty in international financial markets," José Sócrates was reported as saying by the Lusa News Agency after overseeing the signing of a contract between the Portuguese state and the AIP employers' organization to train workers in national SMEs.

The current credit crunch "affects all European banks", he added. The Portuguese "regulatory bodies, the Finance Minister and myself have monitored developments, but the Portuguese market has shown signs of robust health.'

"All of this does not absolve the Americans from doing what they have to do, and swiftly, the Prime Minister stressed, in an unambiguous reference to the delay of US lawmakers approving a US\$ 700 billion bailout bill for troubled markets.

This position was backed up by Finance Minister Teixeira dos Santos who pointed an accusing finger at the United States, crefering to Washington's hesitation in settling their political differences and find a solution to their crisis which has affected markets across the globe the past week.

These public comments came shortly before the European Commission put forward a revision of EU rules on capital requirements for banks that are designed to reinforce the stability of the financial system, reduce risk exposure and improve supervision of banks that operate in more than one EU coun-

Under the new rules, banks will be restricted in lending beyond a certain limit to any one party, while national supervisory authorities will have a better overview of the activities of cross-border banking groups.

The proposal, which amends the existing Capital Requirements Directives, reflects extensive consultation with international partners, member states and industry. It now passes to the European Parliament and the Council of Ministers for consid-

Internal Market and Services

Commissioner Charlie McCreevy said: "These new will fundamentally strengthen the regulatory framework for EU banks and the financial system. I believe that they are a sensible and proportionate response to the financial turmoil we are experiencing. Basic rigour, transparency and prudence are key to a healthy and stable banking system."

Prime Minister José Sócrates speaking at the ceremony of the exchange of contracts between AIP-CE and the government on the subject of the Human Potential Programme in Lisbon on Tuesday. (Photo: Lusa / João



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# 10 business

# Councils taxes up 25.2 percent



Of the country's 308 councils, 28 can be considered 'wealthy', with some citizens in certain municipalities paying more in taxes than others, figures released this week have suggested.

On average, each Portuguese citizen paid €235.12 in municipal taxes last year, an increase of 25.9 per cent in charges when

compared to the average €186.81 paid in 2006.

Each municipality collects no fewer than five different taxes

from residents: municipal council tax (IMI), property transfer taxes (IMT), road tax, a local tax (divided equally amongst tax-

payers), as well as receiving five per cent of IRS declarations

Data from the General Board of Local Councils has revealed that last year's IMI and IMT rose significantly in comparison to 2006, by 32 and 33 per cent, respectively.

Meanwhile, Vila do Bispo, in the Faro district, has been classified as the 'richest' Portuguese municipality. The local council took an average of €1,117.35 per habitant, 105.1 per cent more than in 2006, which can be attributed to an increase in the number of villas built in the area in recent years.

At the opposite end of the scale, Cinfães, in Viseu, is the country's poorest municipality. Each inhabitant from this region paid just 648.38 in taxes.

Municipalities classified as 'rich' are those where inhabitants paid 125 per cent above the national average.

Amongst Portugal's 28 richest municipalities, determined by last year's tax payments, are Lisbon, Oporto, Cascais, Porto Santo (Madeira) and a handful in the Algarve.

The top five recipients of taxes were the councils of Vilado Bispo, Loulé, Lagos, Albufeira (all in the Algarve) and Óbidos, north of Lisbon.

# EU economic sentiment continues to decline

In September, the Economic Sentiment Indicator (ESI) fell by 1.5 points in the EU and by 0.8 points in the Euro Area, to 85.2 and 87.7 respectively. In the EU, the ESI reached its lowest level since December 1993, while for the Euro Area it approached its 2001 trough.

In both the EU and the Euro Area, the overall decrease in sentiment was characterised by a fall in confidence in industry, services and construction, whereas consumer confidence was unchanged after a rebound in August, and confidence in retail trade improved slightly.

The financial services confidence indicator – not included in the ESI – decreased slightly in the EU, while it registered a minor improvement in the Euro Area.

In both areas, the indica-

tor stands below its long-term

A majority of countries reported a fall in their ESI. Among the large Member States, Italy and France registered a slight increase (+0.5 both), while drops in sentiment were registered in the Netherlands (-5.2), the UK (-4.2), Spain (-1.4), Germany (-1.3) and Poland (-1.2).

Employment expectations among industry managers in the EU deteriorated, while they rebounded in services. Meanwhile consumers expected a further increase in

ouch

unemployment, the EU report published earlier this week said.

An increasing balance of managers in the EU – both in industry and construction sectors – expected their selling prices to fall over the next three months. Similarly, consumers' price expectations for the next 12 months decreased further.

These surveys are carried out mainly during the first two weeks of the month and therefore may not capture changes in sentiment resulting from significant recent events.

# Builder Mota-Engil eyes Brazilian infrastructure for 'internationalisation'

Leading Portuguese builder Mota-Engil plans to make Brazil one of its "internationalisation poles" in Latin America, along with Mexico and Peru, where it already operates.

Without specifying the firm's investment strategy, CEO Jorge Coelho told the Lusa News Agency in São Paulo that Mota-Engil planned to set up shop in Brazil because

the country had an annual growth rate of about five percent and "gigantic public and private infrastructure projects" in view for the next several years.

Coelho, on a visit to hold exploratory talks with Brazilian officials and business leaders, said his firm's initial interest in Brazil could focus on expressway concessions in Sao Paulo state.

"Coming to Brazil is a decision that has already been taken and we're now negotiating partnerships and accords with Brazilian companies", he said.

"Our internationalisation strategy already encompasses 18 countries", he added, "and we think that in this area of the world Brazil has healthy growth with a dynamic economy".

### Mozambique gives Portuguese contractor December deadline on road project



The Mozambican authorities said Friday that a contract with Portuguese constructor Tamega will be cancelled if a motorway modernisation project is not finished by the end of the year.

Eusebio Siquela, CEO of the National Highways Authority (ANE), told the Lusa News Agency there will be no "further extension of the deadline" if the project is not finished by December. Tamega should have completed two sections of highway in Zambezia province between Namacarrua and Nampevo and Nampevo and Molcue in December 2007

Deputy-minister for public works Gabriel Muthisse said earlier this week talks were in progress with Tamega for an "amicable rescinding" of the contract.

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# Short Term Letting in 2008: New Legislation

by Dennis Swing Greene
In this series, we review the updated
requirements under the new Holiday Let
Licensing Legislation

- $1^{\ensuremath{\text{0}}}$  Introduction
- $2^{\mbox{\tiny $\Omega$}}$  Local Lodging
- 3º Commercial vs Residential
- 4º Standards of Quality and Safety

### 4 - Standards of Quality and Safety

The following minimum requirements of Quality, Hygiene and Safety are outlined in the regulations published in the Diário da República on 25 June 2008:

ACCOMMODATION UNITS

- Adequate furnishings and equipment;
- Shutter system to shield from exterior light;
- Proper doors and locks for safety and privacy;
- Windows for adequate
   ventilation
- Basic Infrastructure
- At least one bathroom for each 3 bedrooms:
- 3 bedrooms;
   Hot & cold running water in
- the lavatories;
   Access to a telephone;
- Septic system must be designed to handle the maximum capacity of occupants.

- Hygieni
- Proper conditions of cleanliness and hygiene;
- Regular cleaning service and weekly linen service.
- SAFETY
   Appropriate number of fire extinguishers and fire blankets for the occupancy of the Property;
- First aid kit;
- Instruction manuals for appliances;
- Emergency telephone numbers;
- Observation of basic rules of fire safety.

In addition, each local lodging property should have a *Complaints Book* and will be eventual overseen by inspection authority, "*Autoridade de Segurança Alimentar e Económica*" (ASAE).

Finally, each property should be identified with a "AL" plaque

("alojamento local") as detailed in Annex II of the regulatory legislation.

As can be readily seen, these statutory standards represent only the bare essentials.

In the event of an accident, Owners will always be better served to be able to show that they have exceeded the mini-

mum legal requirements. We strongly recommend going beyond these basics in a number of areas:

- Smoke alarms;
- information signs around swimming pools and other potentially dangerous areas:
- potentially dangerous areas;
   Warning markings on any glass doors;
- Tourist liability insurance coverage (an inexpensive supplement to most "multirisk" homeowners insurance policies).

# How do you like your coffee?



On Tuesday this week the country's first Starbucks café opened in Alfargaide, where the menu comprises 87,000 different ways of drinking coffee.

It was the Portuguese nation's passion for coffee that spurred Starbucks to open their first store in Portugal, explained Luís Mello, director of operations in this country

Starbucks' first Portuguese store offers coffees in 87,000 different shapes, sizes, flavours and mixtures.

Taste is "guaranteed" to be different to other coffees that exist on the market, as Starbucks' coffee is "100 per cent Arabian", as opposed to the traditional, more robust 'bica', which generally originates from Western Africa.

Sixteen different types of coffee are available for purchase, and other Portuguese specialties to accompany coffee, like the 'pastel de nata', bean cakes and national sparkling waters, are also

"As we grow we intend to introduce more Portuguese prod-

Euro area

While the unemployment

rate in Portugal was also fixed

at 7.5 percent, the rate for the

EU27 was 0.6 percent lower at

6.9 percent in August 2008, unchanged compared with July, while it was 7.1 percent

Eurostat, the official EU

statistics agency, estimates

in August 2007.

unemployment

unemployment rate stood at 7.5 percent in

August 2008, compared with 7.4 percent in

July, which is the same figure as it was in

August 2007, the European Union said this

up to 7.5 percent

ucts into our stores" Luís Mello

At Starbucks, the aim is to create "lasting bonds" with clients, giving each individual a "unique experience, in terms of flavour and surroundings".

Luís Mello continued, "The idea is that people can chat, work, study or even hold meetings in our stores, taking into account the time of day and their moods".

Large investments have been made in staff training, with all newly-recruited employees being sent to Spain for six months.

Starbucks originated in Seattle, USA, in 1971 and was a pioneer in selling freshly ground coffee for domestic use.

After consolidating on the American market, its first international branch opened in 1996, and now totals more than 16,500 establishments in 46 different

that 16.572 million men and

women in the EU27, of which

11.596 million were in the Euro Area, were unemployed in August 2008.

Among the Member States, the lowest unem-

ployment rates were registered in the Netherlands (2.6

percent) and Denmark (2.9

highest in Spain (11.3 per-

## STARBUCKS COFFEE



The first Starbucks coffee shop in Portugal opened on Tuesday at the Alegro Commercial Centre in Alfragide. (Photo:

Gov't. commits €400m to equip schools

with IT

Portugal's Socialist government plans to invest some 400 million euros in the next few years to equip the country's primary, middle and high schools with broadband IT technology.

Prime Minister José Sócrates reaffirmed the commitment last week before parliament, saying his administration wanted Portuguese schools to be "at the of technological frontline change"

"We want citizens who join the labour market 15 years from now to have no difficulty because they don't know English or are unprepared to use new technologies", he said.

The 400 million euro investment plan, Prime Minister Sócrates added, aimed to equip every schoolroom gradually with broadband Internet access and interactive IT facilities.

Earlier this week, the Prime Minister and members of his cabinet fanned across the country to begin distribution of thousands of locally manufactured Magalhães (Magellan) 'classmate' portable computers to primary school children, the poorest of whom will receive them free of charge.

The programme calls for the offer of 500,000 free computers or at subsidised prices not exceeding 50 euros.

This academic year, the Education Ministry introduced the teaching of English as of the first grade in all primary schools.

TPN/Lusa



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## 12 lisbonnews

Fire personel in the interior of the house in Loures that suffered a gas explosion leaving one person injured. (photo: Miguel A. Lopes / Lusa)

# Two gas explosions on same day in Lisbon



Last week two gas leaks, in two separate locations, caused explosions at homes in Loures and Estoril within six hours of each other. Several properties were damaged and one man was seriously injured by the first explosion.

The first explosion happened in Loures at 7h10 in the morning. A loud explosion woke all the neighbours and one of them went outside only to see the owner of the ground floor apartment, where the explosion occurred. conscious and putting out the flames moments after the explosion. Despite suffering burns to his hands, face and hair, he managed to stay conscious until an emergency medical team arrived. He was sent to Santa Maria Hospital where doctors induced him into a coma as he experienced severe deep burns to his respiratory

system. Although the explosion did not cause a serious fire, the whole structure shook and all the windows of the building shattered from the intensity of it. It is believed the gas leak was ignited by the man accidentally when he lit a cigarette, a morning routine according to his neighbour.

Another gas explosion took place in Estoril just six hours later. A gas bottle blew up when gas technicians were installing natural gas into a villa. No reason was found for the explosion, which only caused material damage.

# Six injured in school bus crash



A minibus, taking children on an excursion to Espaço Monsanto, in Lisbon, was forced to swerve to avoid an oncoming car and ended up causing a crash involving four vehicles. Six people, three adults and three children, were injured in the incident which occurred late last week.

The seventeen children on the minibus were halfway to their destination when the accident, which left the bus upside down on top of another car, happened. All the occupants were wearing seatbelts and only three children and three adults sustained minor injuries.

Also involved in the accident were a Renault Clio, an Opel Combo, a *Santa Casa da Misericórdia* bus (carrying three elderly people) and the minibus from *Colégio* 

The INEM (Emergency Medical Team) arrived quickly and all the uninjured children received psychological support as they were in shock from the accident. The injured children were taken to Santa Maria Hospital and the adults were taken to São Francisco Xavier Hospital.

Traffic on the Alvito Road was held up for two and a half hours whilst nineteen firemen, in six vehicles, cleaned up the road and hoisted the minibus back onto its wheels before it was towed away.

### AlMossassa 2008 Islamic festival

The annual AlMossassa festival is upon us again, taking place in Marvão over the weekend.

ing place in Maryao over the weekend.
It will start at 10am until 7pm with new ideas for that 'different' Christmas present.

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### Carris launches car-sharing scheme



The 'Mob Carsharing' scheme by Carris hopes to reduce car use in Lisbon by offering a vehicle rental service paid by the hour. Users will have to be holders of a 'Lisboa Viva' card and will initially have twelve cars at their disposal, parked in several locations throughout Lisbon, that can be used with the card

With the current economic uncertainty and growing climate concerns, the 'Mob Carsharing' is an ideal solution to reduce caruse in cities and deter people from purchasing new vehicles. Compared to private ownership, users of the 'Lisboa Viva' card can save up to 64,000 a year if they do not exceed 15,000 kma year with their

current vehicle. The calculations were made taking into account the value of the vehicle, its maintenance, insurance, fuel, taxes and parking costs.

Using this service is simple as well: twelve cars will be parked throughout the city, at designated locations, and users will have to book in advance. When they ar-

rive, their 'Lisboa Viva' card will unlock the car and from then on will have to pay an hourly fee to use it. The car must be returned to its initial location.

President of Carris Administration Board, José Silva Rodrigues, said "It is an innovative service in terms of urban mobility and is sure to succeed", adding "It is as simple as withdrawing money from a cashpoint: you only have to book a car and unblock it with a card."

The cost to use this service is  $\$ 55 for each application and  $\$ 5.5 per hour for the first hour and  $\$ 2.5 for following hours. The service has a yearly fee of  $\$ 84 but the first 200 to subscribe will not have to pay it.

If Only...

I wear my round Obama button on my right like a name badge. I hope, and truly believe, it won't go the way of mine for Gore, Kerry and Hillary. So far, reactions from people abroad, from inside the airport in Paris toinside Jumbo have been overwhelmingly positive. "Who's going to win?" the croissant maker asked at Orly last Monday afternoon. "I sure hope it's Obama," I said. With that he winked and gave me an extrapain au chocolate in my airplane bag-to-go.

to-go.
"We really should be allowed to vote," a Portuguese woman told me at the fish counter recently. "Your election affects the whole world." In fact 95% of foreigners I've spoken to reflect the same sentiment. If only the whole world could vote.

Of course we know they can't. That's why I've devoted all my recent efforts to helping register voters (non-partisan, of course.) Last Sunday evening a seasoned Tap flight attendant came to my home to register. She was born in Florida, but grew up in Portugal. Still, her US passport gives her the right to vote. "I've never voted before," she toldme. "But this time I have to." If, by now, you aren't registered to vote, there's still time, but not much. Go VotefromAbroad.org to register to vote and request an absentee ballot. Then, if you're registered and still haven't received your ballot by mid-October, go to http://www.fvap (Federal Voting Assistance Program), download and complete the Backup Federal Write-In Absentee Ballot. However

You may use this ballot

ONLY if you have already requested an absentee ballot, but it has not yet arrived. Of course, the all important caveat: you have to be a US citizen to vote.

I stayed up well into early Saturday morning last week to watch to the first Obama.-McCain debate. (I won't reprint here my friend Stuart's pseudonyms for Senator McCain.) Obama came across as focused, unflappable and capable. McCain, less so. It's phenomenal that a 72-year old man can withstand the demands of campaigning much less what the Presidency would entail. Which leads me to the next fright of his campaign: his Vice-Presidential selection. Wherever he dredged up Sarah Palin from, I can't imagine. I'll defer to the words of the erudite political, cultural and social NY Times columnist, Bob Herbert.

The United States has been lucky interms of the qualifications of the vice presidents who have hadto step in over the last several decades for presidents who either died or, in Richard Nixon's case, were forced to leave office. Harry Truman and Lyndon Johnson became extraordinary presidents in

their own right. Gerald Ford successfully guided the nation through the immediate aftermath of one of the most traumatic political crises in its history.

For those who think Sarah Palin is in that league, there is no problem. But her unscripted public appearances would lead most honest observers to think otherwise. When asked again this week about her puerile linkage of foreign policy proficiency and Alaska's proximity to Russia..., here is what Ms. Palin said she meant:

"That Alaska has a very narrow maritime border between a foreign country, Russia, and on our other side, the land—boundary that we have with— Canada."

She went on, but lost her way midsentence: "It's funny that a comment like that was kind of made to — cari — I don't know, you know? Reporters..."

It is not just painful, but frightening to watch someone who could become the vice president of the United States stumbling around like this in an interview. The press has an obligation to hammer away at Ms. Palin's qualifications. If it turns out that she has just had a few bad interviews because she was nervous or whatever, additional scrutiny will serve her well. If, on the other hand, it becomes clearthat her performance, so far, is an accurate reflection of her aualifications, it would behoove John McCain and the Republican

### Westheimer

Party to put the country first—as Mr. McCain loves to say—and find a replacement for Ms. Palin on the ticket.

I've taught seventh graders for over 20 years. The majority of my students speak more articulately, intelligently and lucidly than Ms. Palin. I'm certain she fits the radical right's profile and was selected to garner their votes. But for the rest of the world, we'd have a calamity if she ever had to serve as top polar bear.

Ilament that I'll miss the rest of the debates and what promises to be a heated month ahead. We're going to China and Tibet for the month. I'm curious about the extent of news coverage on that side of the world. Will CNN China tell all, or will we receive abbreviated broadcasts? And what about the Internet? Before I booked the trip. I made certain I'd be back in time for November 4. And on the way to the airport, I'll place my Official Federal Write-in Absentee Ballot in the mail with "Obama/ Biden" written legibly (that's important) and proudly under the column for President/Vice President. If only they'll count my vote...

patwestheimer@gmail.com Patricia's column will return on November 6.

### <sup>13</sup>algarvenews

# Fuelmost expensive in the Algarve



According to a report recently established by the Competition Authority (AdC), during the course of this year, considerable variations in fuel prices were detected. At the end of March, the most expensive region in which to refuel was the Algarve.

In general, the cheapest fuel is available from supermarket and hypermarket pumps, where prices are significantly lower than at traditional petrol stations.

Average prices in stations located next to or within commercial and shopping areas were found to be up to four per cent cheaper than in fuel stations on motorways and main roads.

Even so, by the end of June this year, at pumps in those locations, unleaded petrol (95) had reached €1.466/litre, and diesel reached €1.378/li-

Nevertheless, the highest prices for both petrol and diesel were found on motorways, where unleaded petrol (95) cost  $\pounds 1.527$  per litre, and diesel  $\pounds 1.436$  per litre.

AdC's report did say, however, that during the sec-

ond quarter of this year, in comparison to the same period for 2007, the rise in fuel prices on motorways is still beneath last year's inflation rate.

Despite differences in prices per region being minimal, the Algarve was still found to be the most expensive area in Portugal in which to refuel. The most significant variations were registered during the last week of March.

At that time, Portugal's central region was the cheapest region in which to refill.

The biggest difference between regional prices was calculated at 0.4 cents per litre.

The Algarve still shows marginally higher fuel prices, in comparison to the rest of the country, with a top price of €1.524/litre.

The central region remains the lowest-priced, at €1.520/litre, maximum.



An employee looks on in horror at the damaged stock of this clothes shop in Rua Vasco da Gama, after floods fill Quarteira, leaving many premises ankle deep in water. (Photo: Vasco Celio / Lusa)

### Floods dampen winter expectations for shop owners



Last weekend the Algarve was severely affected by heavy rainfall, causing chaos in shops, homes and basements all across the region. Quarteira and Albufeira were the worst affected, where heavy rains caused thousands of euros of damage.

"Winter hasn't even started yet and there is already all this damage. Who will pay for it? The state should pay" said one angry shop owner who believed the floods could have been prevented if only the gutters of Quarteira's city centre had been cleaned out.

Further damage was caused

due to the unusually high tide as water rose up to a metre in height at several locations in Albufeira and Quarteira.

The rain affected hundreds of people, who, over the weekend, reported 257 incidents, of which 231 were flooding in residential areas, 14 were road accidents,

eight due to fallen trees, two for structural collapse and two mudslides.

Over 14 GNR, PSP, INEM and Civil Protection Municipal Service teams, totaling 1,144 men and women, along with 402 vehicles, fought the torrents of water that flooded the Algarve. On Monday

morning, the final day of the deluge, firemen were still pumping water out of basements of distraught owners who had all their possessions wrecked by the water. Alcoutim, Monchique and Vila do Bispo were the only councils that did not register any serious incidents due to the rain.



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Golden Leaves

### algarvenews 14



The star lot in the next Auction, on 18th of October. A mule cart in original condition.

### Happy birthday to Tavira Auctions.



Well, did it go off with a bang? Yes, 'it' did!! 'It' being the Tavira Auctions, which have just celebrated their first birthday.

Emma took over from Gillie at the end of last year, when Gillie found true love. One has to prioritise in life!

Emma, and husband Mike, had just moved to the Algarve permanently and, in between restoring and extending their new home, scrambling her way around the dustbin bags and boxes, Emma launched herselfhead first into the Auction.

"We have had a wonderful year" says Emma "with a large client base, of all nationalities, from as far afield as Lisbon". Emma's attitude of sticking to the Auction formula has paid dividends. Sitting proudly in her mule cart, wielding her hammer, she keeps everyone laughing and on their toes. The atmosphere is vibrant, and friendly.

"The auction only succeeds because we look after all our customers" says Emma. "Without my Vendors to sell and my Buyers to buy, there would not be an auction, so I try hard to treat everyone as individuals and do the best I can for both parties."

Anyone with anything to sell can take their items to the warehouse in Vale Caranguejo just off the N125 outside Tavira, opposite the building site of the new Shopping Centre, on the Monday and Tuesday before the Auction on the Saturday. The Auction is run every third Saturday of the month, except December (too near Christmas!) and August (everyone is on the beach!). The Vendors pay a commission of 15% and the Buyers pay 10% on the hammer price.

"Anyone interested in coming along, please come and join us... the Bar is the most popular meeting place!"

"The star lot in our next Auc-

tion, on 18th of October, is a mule cart in original condition. We also have display cabinets, an Industrial cooker and many, many other items for the home including, beds, sofas, tables, desks, lights including crystal chandeliers, curtains, crocks and pots, bits and bobs... anything which would revamp either your home, or perhaps a rental property?"

"The technocrats amongst you can check out our website www.algarveexpats.com. You will find a selection of photographed lots and can subscribe to our email list for updates and catalogues"

The warehouse will be open all day Friday 17th October for viewing, meeting Emma and having a cuppa. "We'd love to see you" enthuses Emma.

Auction phone number: 916 138 059/60

### A Light shining in the darkness

The Algarve Prayer Chain Ministry (APCM) was delighted when it heard from Baroness Cox's office that she would be speaking in Lisbon during October and was very happy to extend her stay so that she could speak at several events in the Algarve.

Baroness (Caroline) Cox was created a Life Peer in 1982 and was a deputy speaker of the House of Lords from 1985 to 2005. She is now Chancellor of Liverpool Hope University and is a Vice President of the Royal College of Nursing. She has been honoured with many international awards including: the Commander Cross of the Order of Merit of the Republic of Poland: the Wilberforce Award for her humanitarian work and the International Mother Teresa Award from the All India Christian Council.

She is heavily involved with international humanitarian work and is Chief Executive of HART (Humanitarian Aid Relief Trust) which she founded in 2003.

HART is an organisation

which makes every endeavour to be a 'voice for the voiceless' for those who may be trapped behind closed borders, not served by other major aid organisations, and who tend to be unreached. unhelped and unheard. HART relies on first-hand evidence of human rights violations, using this as a basis for a powerful twintrack programme of international advocacy in such arenas as the House of Lords and the media, and targeted aid-work focusing on sustainable community development, local partnership and regional networks of support. Baroness Cox's humanitarian aid work has taken her on many missions to conflict zones, including Armenia, Sudan, Nigeria, Uganda, Burma and Indonesia.

So many of us watch TV footage and read of events in third world countries: Caroline Cox

goes further and with HART seeks to bring about positive change. She is a powerful and inspiring speaker and we are very privileged to have an opportunity to hear her here in the Algarve. She will be speaking on: Friday 17th October at Fonte de Vida Church, Sargacal near Lagos, Saturday 18th October at Carvoeiro Tennis Club, Sunday 19th October, St Luke's Church.Gorioes near Santa Barbara de Nexe and Monday 20th at Couleur France Restaurant, Almancil. Everyone is welcome and numbers are not limited except for Couleur France, which is restricted to 40 people.

For further information on the talks or the APCM contact: by email: tricia.bechgaard @sapo.pt. For details of HART goto: www.hart-uk.org

### Algarve Racetrack gets smooth finish



With the official inauguration of the Algarve International Racetrack just one month away, the final layer of tarmac was laid this week. The process had to be carried out continuously for the track not to have any seams.

The Racetrack is one step closer to its completion as the grandstand roof and all the buildings on site are practically ready for the inauguration day, on November 2<sup>nd</sup>. After the tarmac has dried out, final touches on the escape roads, grass areas and test track will make the venue ready for the final stage of the World Superbike and

Supersport, to be held on November 2<sup>nd</sup>.

Tickets for the event are available online at: w w w . a u t o d r o m o d o algarve.com

### Dr John Piper MB, BS, FRCS

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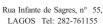














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### su do ku

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. That's all there is to it. There's no maths involved. The grid has numbers, but nothing has to add up to anything else. You solve the puzzle with reasoning and logic. It's fun. It's challenging. It's addictive! Solving time is typically from 10 to 30 minutes, depending on your skill and experience.

			9		5			8
		5	2			6		8
4					3		5	
				3		9		
	7						1	
		6		7				
	4		7					5
3		1			9	7		
8			3		6			

Last weeks solution:

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Sudoku puzzles, browse

the forums, go to

www.sudoku.com

4 3 2 8 9 6 7 1 5 1 8 5 4 7 2 3 6 9 6 7 9 1 3 5 4 2 8 8 6 4 3 2 7 5 9 1 2 5 3 9 4 1 8 7 6 9 1 7 6 5 8 2 4 3 3 2 1 7 8 9 6 5 4 5 4 6 2 1 3 9 8 7 7 9 8 5 6 4 1 3 2

### 15 algarvenews

### New Silves tourism centre inaugurated



At a cost of €120,000, those visiting the historic city of Silves now have a new port-of-call, the newly-opened tourist centre, where a wealth of information and insight regarding the region can be obtained.

The centre was officially opened last week by State Secretary for Tourism, Bernardo Trindade, under the watchful eye of Silves' Mayor Isabel Soares and head of the ERTA Tourism Board, António Pina.

It comprises a visitors' information counter and a shop with an array of local produce and delicacies, as well as traditional Algarvean artifacts.

Located by the riverside, Bernardo Trindade praised the new centre, underlining the need for "pro-activity, competence and aggressiveness in promotion" of Portugal as a tourist des-

Mayor Soares also reiterated the importance of the hefty investment, justifying its "strategic substance" as part of an ongoing project to upgrade the riverfront.

ALGARVE PRAYER CHAIN MINISTRY presents



Silves Mayor Isabel Soares, State Secretary for Tourism, Bernardo Trindade, and President of the ERTA, António Pina.

### A Light Shining in the Darkness

Talks by Baroness Cox of Queensbury

PROGRAMME OF EVENTS

Fonte da Vida Church, Sargacal, Lagos 6.30pm for 7pm Bring & Share Supper 8.00pm Presentation (in English and

Saturday 18th Octobe Carvoeiro Tennis Club
6.00pm Bring & Share Suppe
7.30pm Presentation

St Luke's, Gorjoes

11.30am Baroness Cox will give an address during the service followed by an opportunity to meet her over a coffee or a glass of wine after the

Couleur France Restaurant, Almanci 12.30pm for 1.00pm Lunch: 20€

Baroness (Caroline) Cox former Deputy Speaker and human rights activist, founded Humanitarian Aid Relief Trust (HART) in 2003.



HART makes every endeavour to be a voice for the voiceless for those who tend to be unreached, unhealed and unheard. It supports the forgotten people of the former Soviet Union, Africa and Asia: the oppressed and the persecuted and often those who are neglected by other organizations, largely out of the sight of the world's media. Its aid is designed to relieve suffering and sow the seeds of larger-term solutions; its advocacy is designed to raise awareness of problems - and solutions - at home and abroad.

Baroness Cox has been honoured with many international awards including: The Commander Cross of the Order of Merit of the Republic of Poland; the Wilberforce Award for her humanitarian work and the International Mother Teresa Award from the All India Christian Council.

She is a powerful and inspiring speaker and we are very privileged to have an opportunity to hear her speak about her work with HART. Do please come along to one of the events.

### Armstrong asked to race in the Algarve



The president of Algarve Cycling Association has contacted the Astana team, who will have Lance Armstrong competing for them again, to bring the prolific athlete back to Portugal for the 'Volta ao Algarve', five years since his last appearance. The chances of him coming are slim though, as the 'California Tour' dates coincide with the Algarve's.

Lance Armstrong is back to competition after three seasons out, hoping to raise awareness of cancer worldwide and put his institution on the map.

"I have made contact, through a friend, with Bruyneel (Astana team director), but I have got no answer yet because they must be planning their season" said Rogério Teixeira, President of the Algarve Cycling Association.

Armstrong's return to competition is scheduled for the 'Tour Down Under', between 18th and 25th January, in Australia, and the 35<sup>th</sup> Algarve Tour will start on 18<sup>th</sup> and carry on until 22<sup>nd</sup> February, coinciding with the 'California

Tour' dates, from  $14^{th}$  to  $22^{nd}$  February.

Speaking of the possibil-

ity of having Armstrong competing in the Algarve, Rogério Teixeira said "We would have a better chance if it were not for the 'California Tour' ... We have set the bait, let's see if he bites. With so much media coverage for this athlete, maybe we could finally get the competition to be televised, especially because we always have the best international teams present.

In his only appearance in Portugal, in 2004, Lance Armstrong won the fourth stage of the 'Algarvia', a speed trial between Vila Real de Santo António and

### Taxis to fly the region's colours in Spain



A campaign aimed at promoting the Algarve as a tourist destination is to be taken one step further as 50 taxis preparing to take to the streets of Seville, Spain, will be adorned in the regional colours.

From this week and until the end of October around 50 taxis will be driving round the streets of Seville decorated in traditional Algarvean attire.

Messages will be transmitted on A3 size panels strategically placed on the back of vehicles.

'Descubre el Algarve' is the Spanish motto used to encourage locals to look to the Algarve as a tourist destination for lowseasons, and not just summer.

The campaign aims to promote the Algarve within the Spanish market, through a message based on geographical proximity, quality and diversity of products, culture, gastronomy and natural beauty.

The Regional tourism board is investing heavily in promoting the Algarve in Andalucía, where a number of publicity campaigns have already been carried

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## etters to editor

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#### Football

Why is it that the game sublime Should always be played in a sea of slime? The players spit

The officials spit There seems to be No end of it

The cameras catch them every

If this should happen in a game of cricket It would give new meaning to "sticky wicket"

And what a muddy field of grass The rugby teams would have in which to pass On lawn bowlers you'd find

galoshes To protect them from all the

sploshes And tennis players with a perfect lob

Could slip on some hawking gob!

Now let's go back to our soccer Who kick and butt and trip each

other And when caught protest in false

indignation Then throw at the ref their vilification

What models they make For the next generation Who follow them with veneration

All this is done in the name of sport, have they changed the definition in the last fifty years?

And do the obscene amounts paid to these heroes have a hand in their behaviour? PETER, By e-mail

Re. The Big Bang SIR, SoCERN's Big Bang machine has crashed. A pity, all of us want to know about the initial seconds after the Bang when God programmed all the myriad of constants into the blast that would later give rise to our existence. Well, maybe not all of us. Ron Lavery doesn't believe in a Creator (Sept.27). The rest of us who believe in science know that the Bang happened only 15 billion years ago and that the probability of our anthropic universe developing without a cosmic Designer in that time span is less than the chance of the proverbial monkey with a typewriter plinking out Hamlet.

Speaking of Hamlet, while in Americarecently, Ipicked up a couple of books on Shakespeare. One, 'The Quest For Shakespeare' by Joseph Pearce, proves that the Bard was part of a Jesuit conspiracy. The other book, 'Shadowplay', by Clare Asquith, reveals the secret Jesuit code he threaded into his plays. Fascinating stuff. I won't give away the story but if any of my British friends want to know who Shylock, Romeo Montague, Polonius, and Iago, to name but a few, really represent in their history, get the books. They will never read Hamlet in the same way again.

JAMES ROSS, By e-mail

### The Madeleine McCann

SIR, With regard to the above case, my wife and myself came to The Algarve for a holiday the day after Madeleine disappeared. We came across road blocks but were unaware what they were for until later in the day. I have followed the case both in Portugal and in England from that day to the present day. I have visited Portugal several times since and there has been very little news coming out of the news media

On returning home the newspapers have carried lots of so called news on the case. Where this has come from I do not know. On one five day visit to Portugal one English Television news channel had the case on for twenty four hours for five days. A lot of what I saw was repeated but more news was occasionally added, but as said before where it came from I do not know. The English News Media has put out so much news which does not appear to have been true. This was backed up when Robert Murat took several English newspapers to court and won over half a million pounds compensation. My wife and myself have just returned from another visit to The Algarve. Before we went it was announced that over one million pounds had been spent on the case. I think an itemised section should be published on how the money has been spent. The reason I say this is that it appears to have turned into an industry. How many people are employed full time on this case and who is down as their employer.

Many years ago we had the Aberfan disaster in South Wales and most people sent money to this including myself. When I heard that several accountants were employed on this fund full time for several years and it made a lot of the parents very rich, I decided that I would never give money to anything like this again and I never have done.

It appears that most of the English people believe what they have read and heard about this case and it has turned them against the Portuguese police. I believe one policeman was fired on the strength of what the British public said. On my recent visit I see that a policeman has written a book called Madeleine. I don't know if this is the policeman who got fired. I believe it is now a best seller in Portugal. I believe it has not been published in English but I hope it will be in the future as I would like a copy. If you could possibly inform me if it is, I would like that.

I don't know how the Portuguese law stands but talking to a lot of English people the question has been asked several times why have the McCanns not been charged with leaving three children home alone? Also if Robert Murat wins a case against the English Newspapers, then why have the McCanns not taken them to court? When I was in Portugal this time I was shown a video of two English policemen with two English sniffer dogs in Portugal and the results were amazing. I cannot recall this being general knowledge in England. I do not think the Portuguese police deserve all the bad publicity they have received.

NAME & ADDRESS SUP-

The title of the book is, 'The Truth of the Lie' and was written by the Goncalo Amoral, the police detective who was replaced during the investigation, and later retired early from the force. At this time there is no English version, however negotiations are believed to be ongoing to obtain a translation. Ed.

#### Mr. Ross & Govnr. Palin

SIR, In the 27th Sept. edition, Mr. James Ross suggests that he's voting for McCain/Palin "because they are authentic". He reaches this conclusion because Sen. Obama is an "elitist" who eats arugula (I suggest that if Mr. Ross wishes to condemn this food, he should at least learn to spell it correctly - it is not arrugala). In point of fact, this is nothing more than a salad green, also known as rocket or rucola and it is probable that Mr Ross has eaten it without knowing it, as it is commonly included in salads in Portugal as well as elsewhere.

As for being an elitist - a term once used to describe the first President Bush (the current one puts on that silly fake Texan accent to sound like a homeboy) - it is hardly possible that someone who grew up on food stamps and pulled himself up by the bootstraps to live the American dream of making a success of himself, can be "elite". Perhaps Mr Ross is confusing this term with 'intellectual' or 'intelligent'. Personally, I much prefer my presidents and prime ministers to be intellectually superior to the average man-on-the-street.

As far as the "sincerity" of Mr. Ross's candidates, here are just a few thoughts to ponder: a) the introductory bio of Cindy McCain at the Republican convention showed how she and John McCain fell in love at first sight and later got married. They somehow forgot to mention that McCain was married at the time and conducted an affair with

Cindy until such time as he could divorce his wheelchair-bound wife. b) the right-wing media condemned Britney Spears' sister for her out-of-wedlock teen pregnancy but for some reason finds Bristol Palin's identical situation something to rejoice, mainly because she didn't opt (or wasn't allowed?) for an abortion. However, she had the choice, which Govnr. Palin wants to deny others. c) Govnr. Palin may or may not eat arugula, but we know she eats moose, which she kills herself. She also enjoys shooting wolves from airplanes.

Mr. Ross may find this woman refreshing, and she may very well be sincere in her belief that being able to see Russia from her porch gives her some sort of foreign policy credentials, but quite frankly, it scares me to think that she may become that heartheat away from the presidency. Eight years of nearinsanity is quite enough - it's time for an intelligent president and I don't care what he eats.

ZITA NETO, Portimao

### Lisbon sending three GNR officers to monitoring mission in Georgia

The three security officers deployed by Portugal to the EU observer mission in Georgia will come from the GNR paramilitary police, officials have said.

The Interior Ministry and GNR sources said the three police officers would have experience of serving in previous international missions. Portuguese Foreign Minister Luís Amado said last month that Portugal would send "two or three" officers to the unarmed EU monitoring mission in Georgia.

On Tuesday, the Spanish Defence Ministry said it was studying the creation of a joint team within the EU Georgia mission

with Portugal and Latvia. Madrid is deploying 10 Guardia Civil and three light armoured vehicles to the Caucuses ceasefire monitoring operation.

EU monitors, mostly with police and military backgrounds, began patrols of Georgian territory Wednesday as part of a French-brokered peace deal. Paris said Tuesday that EU civil observers will stay in Georgia for a minimum 12 months.

TPN/Lusa

### Portuguese for Beginners

da casa onde eu

Put in the Pretérito Imperfeito do Indicativo of the verbs in brackets.

a) Todas as manhãs bem cedo nós tomamos un duche rápido porque não temos muito tempo. No entanto, antigamente, quando nós
(começar) a trabalhar à tarde, nós
(tomar) um demorado banho de imersão a meio
da manhã.
b) Hoje em dia eu já não pratico nenhun
desporto. Durante a minha infância, porém, es
(jogar) ténis, (correr)
(nadar) e também (fazer
ginástica rítmica.
c) - Tu (andar) de transportes público
quando (trabalhar) em Évora o
(pedir) boleia aos teus colegas?
- Eu, às vezes, (pedir) boleia ao
meus colegas, especialmente quando
(chover) ou eu (estar) um pouco mai
cansada. Geralmente. (eu) (ananhar

um autocarro que \_\_\_\_\_ (parar) muito perto

(morar).

concertos.

Please send your completed exercises, with a **STAMPED, SELF-ADDRESSED ENVELOPE**, to me: Emília Rosendo at The

Portugal News and I will send them back corrected. The Portugal News - Apartado 13,8401-901 Lagoa. Tel: 282 34 11 00.

THIS LESSON:
Revision exercises: Pretérito Imperfeito do

cidade, ela (morar) numa casa que
(ficar) perto de uma escola de música.
À tarde, quando ela (estar) em casa,
(ela) (ouvir) os talentosos alunos:
alguns deles (cantar) e outros
(tocar) vários instrumentos musicais. A Ana
(gostar) particularmente de ouvir tocar
flauta.
e) Os meus tios (trabalhar) numa
grande quinta como caseiros, por isso eles
(acordar) sempre muito cedo para
fazer muitas coisas: eles (tratar) dos
animais, (cuidar) da horta e do pomar
e até (vender) fruta e legumes frescos
aos comerciantes locais.
f) - Vocês (pertencer) a uma banda
quando (estudar) na universidade?
quando (estudar) na universidade? - Sim, eu (tocar) guitarra, o Rui e o
- Sim, eu (tocar) guitarra, o Rui e o André (tocar) bateria e a Margarida
- Sim, eu (tocar) guitarra, o Rui e o
- Sim, eu (tocar) guitarra, o Rui e o André (tocar) bateria e a Margarida

### Portugal offers 'political support' against Somali (viver) no centro da piracy Portugal is ready to give "political support" to possible EU military intervention against maritime piracy off the coast of Somalia, but will not commit "military means", a Defence Ministry official said on Wednesday. The official underlined Lis-

bon's position to the Lusa News Agency in reaction to informal discussions underway in France among the bloc's EU defence ministers for the creation of an EU air and naval force to fight piracy in Somali waters. A for-mal EU decision was expected

at a meeting of defence ministers in Brussels on November

Pirates attacked a Greek freighter off Somalia last month and currently have control of a Ukrainian vessel ferrying Soviet-era tanks to Kenya.

TPN/Lusa

### Change in Gibraltar telephone numbers

With effect from 1st October, fixed line Gibraltar telephone numbers will need a 200 prefix in front of the subscriber number, resulting in an 8 digit subscriber

For example, a number that previously read (+ 350) 12345, will now become (+350) 200 12345.

Gibraltar mobile numbers remain the same as they are already 8 digit numbers; for example (+350) 12345678.

### The Second Time as Farce

This is not the Crash of 1929 revisited, and we are not heading into a second Great Depression. No developed country this time round is going to face the 25 percent unemployment rate that the United States experienced in the

"Capitalists can buy themselves out of any crisis, so long as they make the workers pay," Lenin said, but it's more complicated than that. They didn't manage to buy themselves out of the Depression, mainly because they didn't know how to use the government (i.e. the taxpayers) to restore credit and confidence. They know now, however, and they can still buy themselves out of this crisis despite the hitch in the US House of Representatives on Monday.

President George W. Bush's radio talk last week was all about getting the workers to pay: "When the government asks you to pay for mistakes on Wall Street, it does not seem fair, and I understand that. And if it were possible to let every irresponsible firm on Wall Street fail without affecting you and your family, I would do it. But that is not possible." So we're going to bail Wall Street out with \$700 billion of your money.

The bail-out legislation was negotiated with bi-partisan support — and then the people's elected representatives baulked. Two-thirds of the Republicans in the House voted against it, but the Democrats had the majority to pass it with no Republican support whatsoever. It failed because 94 out of 235 Democrats voted against it too.

Some Republicans argued that they could not support "socialistic" measures like nationalising banks and capping executive salaries, but in most cases that was not their real problem, and it can hardly have been the Democrats' problem. What really drove the House's rejection of the bill was the fact that every member faces re-election in five weeks' time, and the workers (sorry, I mean the voters) don't want to wind up paying for the mistakes of Wall Street's capitalists.

They will be forced to pay in the end, because there's nobody else who can, but the timing is



Gwynne Dyer.

Gwynne Dyer is a London based independent journalist whose articles are published in 45 countries.

His new book, "After Iraq", has just been published in London by Yale University Press.

bad right now. All 435 Representatives have their jobs on the line in the elections on 4 November, and those in marginal constituencies know that they will be severely punished at the polls if they use the taxpayers' money to bail out Wall Street now. A deluge of e-mails, letters and calls from outraged voters has made that very clear to them.

After the election will be a different matter, and a bill quite similar to the one that failed this week will probably pass the House then without too much difficulty. There really is a fi-nancial crisis, and as soon as their own jobs are safe the politicians will deal with it. Or rather, they will arrange for the "workers" (as Lenin quaintly called them) to deal with it.

In the meantime there will probably be further bank failures and piecemeal government bail-outs in many countries, for the "toxic" financial instruments based on sub-prime mortgages are widely held by banks and other financial institutions around the world. This does not add up to an economic Armageddon, although strenuous efforts are being made in the media to portray it as exactly that.

The stock market can crash (as it did in 1987) without having much effect on the real economy. Bank failures are more serious, but they do not have to entail wider economic disaster either. The business cycle was overdue for a recession anyway, and there is certainly going to be one now, but despite all the apocalyptic talk it hasn't arrived yet.

Even the countries where the housing bubble was biggest and the mortgage lending most reckless, the United States and Great Britain, are not yet technically in a recession. When it does arrive, it will probably be worse than the mild recession of the early 2000s, but maybe not as bad as the recessions of the early 1980s and the early 1990s. It will almost certainly not be as bad as the economic stagnation and runaway inflation of the 1970s, and it will be less bad in the big developing economies than in the developed ones.

As for a rerun of the Dirty Thirties, that is not on the table even in the United States, where deregulation was most extreme and the creation of impenetrably complex financial "derivatives" of doubtful value was most enthusiastic. So you might as well take what entertainment you can from this spectacle of mass folly among the high and the mighty.

The Masters of the Universe have been revealed as naive speculators who believed that property values could only go



The journalists who preached the blessings of unregulated free markets have unveiled as blind ideologues at best, and at worst

paid propagandists. The re-

sponse of American politicians at all levels has been pathetic.

It will be unpunished mass folly, of course: these people are not going to lose their homes and end up poor. Most won't even

lose their jobs. It takes another old Commie (a pre-Commie, actually) to sum it up. In 1852 Karl Marx wrote: "Hegel remarks somewhere that all great, world-historical facts and personages occur, as it were, twice. He has forgotten to add: the first time as tragedy, the second as

Not the Great Depression, but the Reign of Folly

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### Dr. Peter Nielsen's new entourage



The growing patient list at Dr. Peter Nielsen's Clínica Dentária is a direct reflection of its increasing success. To keep up with demand, the innovative clinic has recently recruited two new Norwegian dentists, Dr. Einar Roan and Dr. Tove Ingul, and a hygienist, Abigail Vilas-Boas, besides the existing periodontal specialist, Dr. Svend Holm.

Offering an outstanding professional service in the Algarve, all dental treatments are carried out to the highest standards of Scandinavian dentistry, use hightech equipment to ensure the best possible results are achieved with comfort and care.

Clínica Dentária Peter Nielsen was established by Dr. Nielsen and wife Margarida 3 years ago. The clinic strives to excel in its area by using the best equipment and most modern techniques. They are always on the lookout for new approaches and methods to keep treatments as up-to-date as possible. The whole clinic is extremely hygienic; all material is sterilized and distilled water is delivered via a separate supply system, complying with, and in fact exceeding, both Danish and Portuguese requirements

For every tooth problem/disease that may arise, there can be several solutions, which vary in price according to length of treatment, functionality and aesthetics.

Dr. Peter Nielsen makes sure his patients are fully informed of all the possibilities before taking action, to best accommodate the patient's budget and requirements. Patients coming for a first consultation will, after a thorough examination, receive a written treatment plan and price quote listing the different options.

Through routine check-ups and focus on preventive treatment. Dr Peter Nielsen aims to encourage the preservation of natural teeth throughout one's life. The clinic puts great importance in treating periodontal (gum) disease, which unfortunately affects a large part of the adult population, and which does not always get the attention it needs, until the teeth become loose. Periodontal specialist Dr. Svend Holm has great expertise in treating this disease. Treatments range from local application of antibiotics to reconstruction of lost bone using bone substitutes and restorable mem-

In those cases where a tooth is impossible to save or already missing, a dental implant can be a

excellent solution as a substitute. The implants used by Dr. Peter Nielsen have been extensively researched and documented, and only the most advanced high quality Swiss brand is used.

Dr. Peter Nielsen believes good oral care is essential for people to enjoy a fulfilling life, since tooth problems can have serious ill effects, both for our health as well asoursocial functioning. All of this can be avoided with a little effort and better education, he says.

All treatment prices are posted on the user-friendly website, as are directions and other useful tips and information.

For more information please contact Clínica Dentária Peter Nielson on: (+351) 289 865 530, fax 289 865 531, or see the website: www.farodental.com.



# Making the most of your pool this autumn



With summer now passing us by the swimming pool season can still be extended allowing you to enjoy the use of your pool on those warm Algarvean days.

Based in Lagos, Pure Pools are swimming pool specialists with over 16 years experience, and cover the whole of the Algarve. The company provides an excellent service, supplying Spas; Pool Heaters; Automatic & Manual Covers and Pool Safety Fencing of the highest standard.

A titanium heat pump is the most reliable and ecological way to heat your swimming pool. They are highly efficient, taking free heat from the ambient air and transfer it into the pool water. With the air defrost function they will continue heating your pool even when temperatures drop. This makes heat pumps very reliable in the cooler months.

A pool heat pump is kind to the environment and has no greenhouse emissions. Thanks to state of the art heat transfer technology a heat pump can be over 600% efficient. That means for every kilowatt of energy it consumes, the heat pump will transfer up to 6 kilowatts of heat into your pool water.

Installation is easy and the heaters are designed to fit in line

with your current pool filtration system. The units should be installed in the open where they can draw in the maximum amount of warm ambient air.

Pool heating is their business, they have many years experience and thousands of heat pump sales in this market. With their experience and specialization they can offer sound advice to our customers and provide an excellent back up service, if necessary. In a world of high energy consumption and wastage, we

should all be aware of ecological issues. With this in mind Pure Pools always recommends installing a coverto a heated pool. Their supply a comprehensive range of bubble covers and automatic slat covers with options for child safety protection readily available.

Contact Pure Pools on (+351) 282 760 033, mobile: 919 517 868, fax: 282 760 034, in fo@purepools.com.call into their Lagos showroom.



### Kern Real Estate sets 'sale'



In a festive afternoon, António Lourenço gathered a small party to introduce his new real estate business to the town of Burgau. With live music from Nu Clear Trio and art by Elsa – Eliza Zorkow, Else van der Laan and Rosemary Holcombe of Glass Act Studio, the Real Estate got a very warm welcome from local residents .

Although the business got a license in January, the first branch of Kern has been filling its portfolio, undergoing renovations and refurbishments until recently. Having worked in the real estate business for the past eight years, António Lourenço knows the Western Algarve like the back of his hand and knows what the market is looking for: "Instead of having a vast amount of homes a vailable, I prefer to have less houses,

but all of them with a special quality, whether it is its architecture, history or location. We aim more for quality than quantity."

António gives his utmost care to potential buyers as he understands that buying a new home is one of the most important deals in life, with an added pressure for foreigners because they are in a new country and are afraid of being taken for a ride. To make them feel more comfortable, he informs

the client of all taxes that need paying and all additional charges they may incur, making the sales surprise free.

Kern sells properties from Lagos to Sagres, António chose the Western Algarve due to its rugged nature and untainted land-scapes: "The quality of the air and sea, the low density population and the surrounding nature makes this area highly attractive to people looking for new or second homes."

He says most of his clients are retired people looking for second homes but an increasing number of younger couples have been coming in looking for a nice, tranquil location to live.

His honesty can be seen on Kern's fully comprehensive website, where a charter of solutions, information about notary fees, rates, financing and the Algarve in general can be found.

Kern's portfolio of forty properties can be seen at their office in Burgau, do not hesitate to drop by and see some of the fantastic properties listed

fantastic properties listed.
For more information please call António Lourenço on 282695 746, 965 077 300 or check out Kern's website: www.kern.pt or email: info@kern.pt.

### Planet Sofa & Abode

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With winter just around the corner, now could be an

ideal time to think about a seasonal refreshment of your home. Whether it is a holiday home, a rental property or your own full time residence, Planet Sofa & Abode Furniture, in Lagos and the



UK, have a diverse range of furniture ready to please any client's needs and budgets. Boasting some of the biggest and best brand names in the business, such as Silentnight, Sealy, Rest Assured, Tempur and Fogarty to mention a few, its no wonder they are Portugal's biggest independent retailer of British beds for the third consecutive year.

Planet Sofa & Abode Furniture is a family run business which has been manufacturing, sourcing and retailing furniture for over 70 years, offering excellent quality and competitive prices on thousands of products from a number of market leading brands.

Due to the success of the Algarve showroom and an ever expanding client base, the company has recently opened a new showroom in the UK.

The 4,200 sq ft purpose built facility in Stoke on Trent, just a few minutes off the M6 motorway is ideal for those who would like to furnish their Portuguese and Spanish properties but don't have the time to travel abroad.

Customers can order as much or as little as they need, even down to a single pillow, pay in sterling and have it delivered in Portugal absolutely free! (Spain on request)

Despite growing at a fast pace, customers can still expect the highest quality, friendly personalised service, and a prompt and reliable free delivery service with no hidden costs, the price you see is the price you pay!

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makes online shopping an easy
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cally-challenged, and all current showroom offers will be available online.

A current special offer is a leather two-seater sofa for €449, luxurious leather comfort at fabric prices!

For more information, direction or opening hours, see website: www.furnishyour abode.com, telephone: (+351) 282 762 070, UK free phone 0870 8032970 or e-mail. info@abode-group.com

#### Errata:

We would like to rectify that the correct contact numbers for Luz Decor Interior Design are: Telephone (+352) 282 789 849, mobile: 917 771 831, e-mail: patsy@oninet.pt, or website: www.luzdecorhome.com.

We apologise for any inconvinience this may have caused.



António Lourenço with baby Julian, grand-nephew, and the youngest familiy member present during the official opening of Kern.

A 10 page weekly guide to the latest and the best properties on the market in Portugal • The Portugal News • 4 Oct 2008

#### ROPERTY W

### Villa Tara, a surprisingly spacious property in Vilamoura



Vilamoura is a highly desirable part of the Algarve and very attractive to real estate investors, hence its ever-continuous development. However, not all properties on the market are of such desirable proportions. Villa Tara offers something that is increasingly rare in that region, lots of space; a large garden, an open plan interior, and plenty of manoeuvrability

The space that this property offers is exceptional both inside and outside, Villa Tara is like a mini-mansion.

Built on two adjoining plots (hence the extra-large garden that is of proportions seldom found in Vilamoura), it is a five bedroom villa (a sixth bedroom is used as an additional living

Through the main front door we enter the hall way, which, on the left, comprises a full wall of storage space and a guest WC.



Left from the dining area is the kitchen with contemporary integrated Innox appliances and sleek black-grantie worktops. It further comprises a breakfast area, an offset utility room that is better described as a second, but smaller kitchen that has direct passage to the single garage,

open plan living/dining room, made up of two separate seating areas, both generously sized, and a dining area.

The seating areas have large wall-to-wall Georgian-style French windows that open onto the expansive garden (and its equally well-sized pool which is up to nine foot deep and pre-installed for heating). Rather unusual and quite striking.

Above the dining area, which is flanked by four columns, is a beautiful glass dome, visible through the symmetrical openplan first-floor landing.

and a back door that opens onto

a covered terrace area.

Left from the living area is the large and airy master bedroom, which includes a huge walk-in closet, under floor heating and a large en-suite bathroom complete with a raised, inset tub and contemporary ceramics.

Right, off the living/dining room are two guest bedrooms and a shared family bathroom. Both have fitted wardrobes.

At the back of the dining area is

an open-plan staircase that climbs to the first floor landing, an open quare that centres round the beautifully painted-glass dome roof.

To the left and right of the landing are another two bedrooms. both en-suite and both having access to their own, vast terraces, one of which has an in-built barbeque and al fresco dining furniture and can be directly accessed from the landing, the other having its own private exterior staircase

Also on the first floor is a another lounge, a good size room with its own fireplace.

This property is currently priced at €1,250,000.00, furniture negotiable, recently reduced from €1.5 million. For more information or to book a viewing, contact Soraia Santos at Remax Vilamoura on: (+351) 962 014 793, e-mail: ssantos@remax.pt, or see website: www.remax.pt/ ssantos





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#### Vilamoura

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swimming pool with beautiful views over the "Pinhal" golf course. This ovely villa is located within a few minutes walk of the Old Village and its amenities Price: € 650,000



#### Vilamoura

Bedroom detached villa with large private swimming pool on a nice size plot south-facing of approximately 1000m2. This villa is in need of renovation, but has huge potential and located in a peaceful setting.

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#### Vilamoura

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### Vilamoura

Attractive bedroom apartment located near the Golf Course, composed of two bathrooms, lounge, equipped kitchen and terraces. Storage and parking space in the basement Communal swimming pool and

Ref: A1258 Price: € 235,000



Beautiful apartment composed of two bedrooms (one en suite), two bathrooms, lounge, equipped kitchenette and terrace. Construction area - 94 sq.m.

Price: € 312,700



Villa composed of 3 bedrooms, 3 bathrooms, lounge w/fireplace, dining room, equipped kitchen, storages and various terraces. Roof terrace with sea view, wine cellar and garage. Swimming pool & garden. Plot area: 577 sq.m. Constr. area: 170sqm.

Ref: V12581 Price: € 375,000



### Vilamoura

Attractive villa composed of 3 bedrooms, 2 bathrooms, lounge w/ dining area, equipped kitchen, storages and carport. Swimming pool and garden. Roof terrace. Furnished. Plot area: 423 sq.m. Construction area: 140sqm. Very

Ref: V12566 Price: € 430,000



#### Vilamoura

Excellent & spacious villa composed of 6 bedrooms, 7 bathrooms, lounge dining room, cinema room, equipped kitchen, storages & terraces, Gvmnasium, studio in basement, garage. Heated sw.pool, garden. Plot area: 1.970 sq.m. Constr. area:

Ref: V12582 Price: € 2,450,000



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Charming detached farmhouse on 1200sqm plot. 2 double bedrooms, 1 shower room, spacious lounge/ diner, equipped kitchen, small pantry, large covered patio. Nice garden. A/c. wood burner. Garage/ workshop, utility room, space for pool, own borehole. Ref. V-351 Price: € 269,000 / £ 188,000



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villa of 330sqm, mature garden

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Students - normally that messiest of species - will soon be settling into their new rooms in colleges and universities.

But helping them fly the nest and set up home on their own for the first time doesn't simply mean parcelling up their collection of random coffee mugs and clothes (washed or otherwise).

and mountain of CDs and DVDs.

They also need a hefty helping of style to make sure that their room looks the business (at least initially) and is a good space to relax, a mecca for new mates, and even suitable for occasional swot-

Thankfully, in these cashstarved times it's perfectly possible to create 'digs to die for' without breaking the bank.

Stores that specialise in great design for less dosh are brimming with bargains which could transform that often soul-less room in a student hall of residence into something that could pass for a home-away-from-home.

And those moving into their



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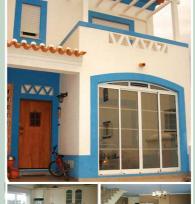
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### **PROPERTY update**

first shared house or flat needn't put up with saggy sofas and wobbly shelves. More durable furnishings and furniture, which nowadays needn't cost a fortune, would be a good investment.

We've done our homework and sourced some smart student buys that will ensure a first class room and design-conscious digs.

Gabrielle Fagan

### Freshers fancy

A dingy room with barely enough space to swing a hamster, containing merely a battered bed, desk and - if you're lucky - radiator, can make the most eager student want to drop out.

Soit's vital to provide ingredients to quickly banish the blues and turn it into a des-res fast. This could also help minimise inevitable homesickness.

You'll score major brownie points with your offspring if you bankroll some colourful bedding, a cosy throw, a rug, and some fun accessories. years, that you'll either sell later or rent out, it's worth investing in homeware that can withstand a battering and retain its looks.

Even if your son or daughter is in rented accommodation, chances are that furnishings will be scant - and old.

Built in furniture like shelving and wardrobes, especially in studio flats, makes better use of space than free-standing pieces, and painted the same colour as the walls will blend in and look less dominating.

Give students a lesson in smart spending by involving them in choosing the rest of the basics

Scandi-style's hard to beat, and Ikea passes the student test with flying colours as it's groaning with furniture and fun accessories.

The store boasts that it's possible to create a complete study/living room, including shelves, sofa, coffee table and lighting.

Check out its Lerberg range



Metro Cube, from The Holding Company. www.theholdingcompany.co.uk

of powder-coated shelving, and CD/DVD wallshelves. Add a Flokati rug, a Lerberg TV bench/coffee table, and a Solsta three-seat sofa-bed, then light up with a Kvart floor lamp.

Muji's range has just as much savvy-student appeal and its two-seater Sofabed, covered in linen or felt, could be a great buy - and outlast the student years.

### Major in style

Turning those digs, either rented or owned, into a 'little palace' is far easier than transforming a room in halls.

Generally, there's not just more space but also more freedom to hang things on walls, so students can be adventurous with their decor. It's a great opportunity to experiment with cheap, funky fabrics for curtains, throws and cushions. Rugs can add splashes of colour to warm up hard floors or cover up dodgy fitted carpet.

Multi-purpose furniture is a good choice - and stools that work as tables tick all the boxes.

Well-heeled relatives could indulge a favourite student by providing a Digetex blind decorated graffiti style, to make a statement on any window and block out a dull view.

Finally, banish the need for those improving parental lectures you might feel inclined to give when they return home by simply treating them to a framed poster



Photo of Bootcamp Cushion, from Digetex. Stockist: www.digetex.com

### Cool Kid Cache Hanging up fairy lights, us-

ing Blu Tack to stick up posters or even decorative wrapping paper to brighten up dull or damaged walls is all very well, but it's those distinctive accessories which give the room personal style.

They'll also attract admiring attention from fellow roomies (all good for breaking the ice).

Students need alternative storage to that old standby - kicking everything under the bed.

Indulgent relatives (like godparents or grandparents) might be persuaded to fork out for funky cushions or street art, from Digetex.

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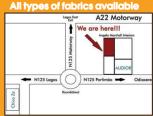
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## It's seed gathering season Best of the bunch





Before you ditch those tired summer container plants, cut down your perennials or dig up the bolted veg from your allotment, spend a little time gathering seeds to give you an abundance of flowers and fruits next vear.

Self-seeders include annual poppies, foxgloves, lady's mantle, aquilega and love-in-a-mist, which will pop up all over the place in future years. If you want a more organised display, collect the seeds before they self-sow. so you can control where they appear in the garden.

Saving seed is an economical way to build up numbers of species to create drifts, but remember that seed from highly bred plants won't come true and should be viewed as experimental only

Seeds from many plants

should be stored in paper envelopes in a cool, dry place until you are ready to sow them under cover in early spring.

Choose a still, sunny day to gather seeds, looking for seedheads that have turned brown and seem on the verge of splitting.

Collect semi-ripe seedheads of rock plants and perennials in paper bags, hanging them in a dark, well-ventilated place. Seedheads from some species will open, releasing the seed into the bottom of the bag, making it easy to collect. Others need to be prised open to extract the seed.

shady windowsill indoors. Newcomers to saving seeds may be worried about how to handle them. Some gardeners have a variety of sieves with different sized holes to filter the dust and other debris from the seeds. When collecting your seeds, think carefully about where you will plant your young trees, in particular consider their size when fully grown.

If you have a lot of early-flow-

ering plants in your garden, they

may have already self-seeded.

Look around and you may be able

to save some of them, increasing

your stock without having to sow

seed. You can dig up the seedlings.

pot them up and label the pots.

They should be treated gently,

like unrooted cuttings, until they

become more established. Place

the pots in a cold frame or in a

shady part of the greenhouse.

Alternatively let them grow on a

The most important thing about saving seeds is to keep them dry. Ideally, store them in small paper envelopes in airtight jars in a dark, cool room. To keep moisture at bay, pop a sachet of

Hyacinth

They are among my favourite spring bulbs, providing gorgeous colour and terrific scent in a vast range of colours from whites and creams to pinks. reds and blues. If you want something a little different, try orientalis 'City Haarlem', which bears highly scented, soft primrose-yellow

Hyacinths grow to around 30cm (12in) and look great planted in pots, but place the pot on a ledge at nose height if you can, so that every time you go out on the patio you'll get a waft of the delicious scent.

Bulbs should be planted in autumn, 10cm (4in) deep, in fertile, well drained soil. While many hyacinths will stand up on their own, I tend to help support those in pots with pea sticks, to keep them standing

In most soils you can leave

From field to fork

Pruning cane fruits

Although you may still be picking blackberries well into this month, loganberries and tayberries will be ready for pruning now. You can do the same with blackberries once you've picked the crop. They all work on a two-year cycle. Canes which grow this year will fruit next year and are then cut down. When you are

pruning, cut out dry, dead stems at the base and leave all visible new shoots as they will produce the following summer's fruit. If you are just starting, train the canes out vertically along a fence or row of posts and wires, to one side of the plant. Those canes will carry next year's fruit. Canes which grow next year won't fruit until the following year, so they should be trained out in the opposite direction so that you don't become confused when pruning. Keeping the two years' canes separated in this way makes pruning relatively simple. Once you've harvested all the fruit from this year, cut off all the fruited canes to around 15cm from the ground.



the bulbs of Dutch hyacinths you may not get as good a outdoors over winter, although

silica gel crystals into the jar. Gardeners who have an abun-

dance of particular types of seeds may find a number of seed-swap forums and websites such as Seedy People (www.seedypeople.co.uk) and Over The Garden Gate (www.overthegardengate.net)useful to put them in touch with other seed-swappers.

The Tree Council in the UK is also encouraging gardeners to gather up tree seeds with the launch of its Seed Gathering Season which runs from September 23 to October 23.

This is the best time in the year to gather seeds from many of our more common trees. Conkers, acorns, birch cones, beechnuts, ash helicopters, rowan berries and apples are just some of the fruits and nuts ripe for gathering in the autumn and nurturing to grow into trees.

The Tree Council is encouraging the public to organise anything from guided walks to workshops and other activities to gather seeds, nuts and fruits to grow a whole range of trees.

Hannah Stephenson

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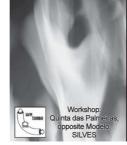
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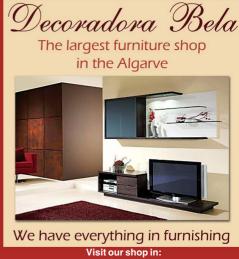


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### PROPERTY SERVICES





### parenting

Ntate Masilo and Elizabeth.



Giving out our first food parcels



Bunkhouse being repaired



Kitchen area of the same big hut.



### The Lost Kingdom - Lesotho Letter

### From Pulane, in the foothills of southern Lesotho.



We began working with the local orphans in early June. There are many. The orphan register for 4 villages lists over 150 full orphans. In addition are children left with only one parent. If the surviving parent is sick and cannot work, their life is fragile. Each child is unique. Most are tough little survivors

### Litaboho Mohapi.

Liteboho is such a pretty child. She beams her big smile at you. Even at only four years of age, she melts hearts! She is an orphan who was living with her Grandmother. They had no source of income. Kind neighbours help them with food. This is common in rural Lesotho. Grandmother Mohapi is young and fit. She has now gone to work in South Africa. Another granddaughter Retumetse, aged 14. the cousin of Liteboho. moved into Grandmothers hut and she cares for Litaboho. Nextdoor is a Shebeen(drinking house). Grandmother sends money faithfully every month for the upkeep of the two girls. They are not lacking in 'things'. By local standards they are comfortable. They have a roof over their heads, shoes and clothing and blankets! The problem is that they are both very vulnerable in a male dominated society where women have few rights. Excessive drinking is common in a society in grief. Drunks around the girls hut every night is not

Our Orphans Committee have arranged for a neighbour to keep a watchful eve on the two cousins. This is what we call a child-headed household. It is a risky unit. When we open our doors in October, we hope that both girls will live-in at our Pulane Children's Centre.

Orphan Committee comprised of ten representatives of the three main local churches, Evangelical, Methodist and Roman Catholic. This makes our job so very much easier. We meet with the Orphans Committee every month. They 'have their finger on the pulse' and know all the local orphans, keep an Orphans Register and are proactive. They requested our help with an ever increasing number of orphan children. The HIV infection rate for Lesotho continues to climb and with it, the number of children orphaned by the Aids related deaths of their parents

#### Ntate Masilo and Elizabeth.

This dear Grandfather is 75 ears of age. His wife died in 1993 and he lived alone. Then in early July, a small bus arrived in the village carrying his two granddaughters, Elizabeth granddaughters, (12yrs) and Maria(9yrs). He

thought they were living with their mother in the Transkei. They brought the information that their mother had died the Saturday before. Neighbours had put them on a bus. They travelled a very long way, alone, to reach their Granddad, who is a pensioner. He receives a Govt pension of M200 (about Euro 20) a month. He was delighted to receive the girls but worried. How he could possibly support them? He spoke to MeLilian, a member of the Orphan Committee and she sent him to us. We did a profile of each girl. Gave them clothing and school shoes and uniforms, blankets and a food parcel. The girls are withdrawn and dazed by all the sudden changes in their young lives. When we came to say goodbye, Ntate Masilo suddenly groaned and doubled-up. I thought, Dear Lord, what now? He is having a heart attack!' I reached forward and placed my hand on his knee. 'Are you alright Ntate?' He placed his hand on top of mine and it was then that I saw the tears rolling down his cheeks. Often we think that folk do not appreciate our help. He

We will keep an eye on the girls. They may also move-in when we open our doors.

### Giving out our first food parcels.

Our Pulane Orphans Committee gave us a list of the 25 neediest orphans. They receive a food parcel midmonth comprising soya, rice, oil, salt, instant pap, sugar, beans and soap. Each child also receives a blanket, shoes and clothing. They are a bit overwhelmed initially but soon relax and laugh and enjoy the extras.

In September the number receiving food parcels will increase to 50. The new children are the heartbreaking cases. The first 25 were the poorest, the second 25 are the orphans that are sick. Little Tabitha is a tiny 11 year old. infected with Aids and slowly slipping away. Only a miracle will help her. If a child is poor, we can feed, cloth and school, but there is only so much that we can do for a terminally ill child. Tabitha is on A.R.V.drugs but they are a bit hit or miss in a rural society that has little comprehension of time.

Please pray we can bring Tabitha into the Centre and monitor her drugs.

### Thomas Mbokwe.

He is 11 years old and became a local shepherd, after his folks died. What he really wanted was to go back to school. But he had no shoes, no school uniform and he is very poor. He lives with 3 young cousins and an old Uncle. We promised to get him back into school and soon. He arrived at our nearby Pulane Primary School, looking so smart and so excited. The Headmistress turned him away saying she will not accept late registrations any more. Oh Dear, but we persist!

Thomas is now enrolled in a nearby, bigger Primary School where the Head teacher MeSusan kindly welcomed him The very next day I found 4 small washed turnips sitting at my door. A gift from Thomas. Bless him.

#### Bunkhouse ruin.

This building is part of an abandoned agricultural project. It was badly vandalised!

It is situated in a mass of tall poplar trees along the banks of the Quthing River. This will be our initial Children's Centre main house.

### Bunkhouse being repaired.

We have two ancient stone masons Ntate Teboho and Ntate Nyakama. They make limestone bricks from boulders. Here you can see the bricks forming a new wall. We expect this main house to be complete with bedding and running water by the end of Sep-

### Dining-room.

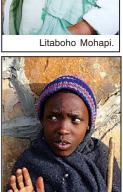
This large open sided hut will Dining-room and kitchen. It needs much work and

### Kitchen area of the same big hut.

We plan to take the kitchen walls to the roof and add a lockup food storeroom.

As you can see there is much work being done and we plan to open our doors on the 10th October with our first intake of orphans. All three churches and local villagers are actively involved in our work here. Each month we hold a Children's





Thomas Mbokwe.

Service when we distribute food parcels. Each denomination takes a turn at hosting the service. It is special to all worship together. Everyone joins in prayers for all our orphans.

All our work at Pulane is only made possible through the generosity of friends and family. If you would like to 'come onboard' and join us in some hands-on giving, we will ensure that your donation goes where it is most needed. Grant and I are both sponsored by our home churches and we have no office expenses!

I would like to take this opportunity to give a big Kea Leboha, (thank-you) to Pastor Peter, Marianne, Michelle and all my home church of International Evangelical Church at Vale Judeu for their fifteen years of unbelievable faithful support in everywhichway. Without you guys, this work would not be possible. May you all be very blessed.

At Pulane we are totally reliant on gifts from family and friends to continue our work.

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### Cooking for a good cause



Macmillan Cancer Support held its 18th World's Biggest Coffee Morning event on Friday September 26. We find out how doing a bit of baking for your friends and colleagues can help raise money for cancer support - and share inspiring recipes from some celeb cooks.

#### Sharleen Spiteri's orange and lemon olive oil cake

She sings! She writes songs! She bakes! Scottish singer-songwriter Sharleen Spiteri reveals another string to her bow with this Italian-inspired cake

Olive oil replaces butter in this recipe, making it much more moist than usual. Use a quality virgin olive oil for best results.

Preparation time: 20 minutes. Cooking time: 50-60 minutes. Suitable for freezing

4eggs

150g (5oz) caster sugar Zest of 2 oranges

Zest of 2 lemons

225g (8oz) plain flour

1 level tsp baking powder 50g (1 3/4 oz) ground almonds

125ml (4 fl oz) extra virgin olive oil

125ml (4 fl oz) white wine

Icing sugar for dusting
Preheat the oven to 180C/Fan 160C/Gas Mark 4. You will need a 19cm (7inch) loose-bottomed cake tin, greased and lined.

Whisk the eggs with the sugar until thick, pale and creamy. Fold in the orange and lemon zest.

Sift and fold in the flour and baking powder, a little at a time, then fold in the rest of the ingredients. Do not worry if the mix-ture looks like it is separating, just keep folding in.

Pour the mixture into the prepared tin and bake in the oven for 50 minutes or until a skewer inserted into the centre of the cake comes out clean. Pop it back into the over for a further 10 minutes, if needed.

Once cooked, cool slightly before turning out onto a wire rack to cool completely. Dust with icing sugar before serving.

Tasty tip: The white wine in this recipe compliments the citrus fruits but if preferred you can use the juice of the oranges and lemons topped to 125ml with water.



#### Kirstie Allsopp's Key Lime Pie

The Location, Location, Location star may be an expert on finding the perfect property, but this recipe proves that she also knows her way around a good pie.

This deliciously tangy pie originated in Key West, Florida, where it was made using small, sour limes and condensed milk at a time when fresh milk was unavailable.

Preparation time: 15 minutes. Cooking time: 20 minutes (optional). Suitable for freezing. Serves 8-10

#### For the base:

250g (9oz) digestive biscuits or ginger crunch biscuits

80g (3oz) unsalted butter, melted

#### For the filling:

4 free range egg yolks

Zest of 2 limes and the juice of 6

397g can condensed milk

You will need an 18cm (7inch) loose-bottomed flan or pie dish base lined and lightly greased.

Pop the biscuits in a plastic bag and crush finely with a rolling pin or the side of a pie dish.

Mix well with the melted butter. Press the crumbs firmly into the base of the prepared dish and chill in the fridge for two-three

In a bowl, beat the egg yolks until pale and thick. Beat in the condensed milk and then the lime zest and juice. The mixture will suddenly thicken due to the acidity of the lime juice. Pour the mixture onto the biscuit base and return to the fridge for two to three hours or until set.

If you are concerned about eating raw egg yolks (elderly, pregnant or young children in particular) cook in a preheated oven 180C/Fan 160C/Gas Mark 4 for 20 minutes. Leave to cool then chill before serving.

Tasty tip: Kirsty uses ginger crunch biscuits to compliment the lime flavour. Small slices are perfect with coffee or tea - and as a dessert, decorate the pie with swirls of cream and a fresh lime slice.

There's nothing like sitting down to a good old natter with your dearest friends, especially if it includes tea - or coffee - and cake.

But if you've been finding it harder and harder to actually get around to pulling on your apron and dragging out the biscuit tins, you've now got a great excuse.

Macmillan Cancer Support - a charity that provides practical, medical, emotional and financial support to those affected by the disease - held the World's Biggest Coffee Morning on Friday September 26.

The annual event, which is now in its 18th year, invites people to get baking and boiling the kettle to raise funds for Macmillan's various activi-

If you'd like to get involved but don't know where to start, Macmillan has produced an inspirational collection of baking

The Little Book Of Treats (available from Somerfield

stores) includes recipes from a host of celebrities, including TV property queen Kirstie Allsopp, singer Sharleen Spiteri and radio DJ Neil Fox. "The Little Book Of Treats

is a fantastic way for us to celebrate the 18th birthday of the World's Biggest Coffee Morning, an event that gets bigger and bigger every year," says Macmillan's Jason Suckley.

"This year we need to raise over £8 million to help Macmillan provide support to people in their local communities.

"It's the supporters that make the coffee morning so successful, and The Little Book Of Treats captures the secrets of those who really do know best.'

Taking part is as easy as putting the kettle on. Simply whip up one of the fab recipes below, make a round of tea or coffee, then ask your mates to make a donation. See, you really can have your cake and eat it too! Lucy Corry

### Neil Fox's mighty breakfast muffins

The radio and TV presenter is used to early mornings, but who knew he was such a dab hand in the kitchen?

"These muffins make a great mid-morning snack as they are packed with nutritious goodies," Neil says.

"They freeze well so are ideal for lunchboxes too."

Preparation time: 20 minutes, Cooking time: 20 minutes.

300g (10 1/2 oz) wholemeal flour

50g (13/4 oz) porridge oats

6 level tsp baking powder 250g (9oz) dark muscovado sugar

2 medium carrots, peeled and finely grated

1 tsp ground cinnamon

1 tsp ground nutmeg or allspice

6 eggs, lightly beaten

150ml (1/4 pt) sunflower oil or light olive oil

150ml (1/4 pt) natural yoghurt

75g (2 3/4 oz) walnut pieces

100g (3 1/2 oz) dried blueberries

100g (3 1/2 oz) dried 'no soak' apricots, chopped

50g (1 3/4 oz) pumpkin seeds, plus extra for decorating Preheat the oven to 180C/Fan 160C/Gas Mark 4. Line some muffin tins with 18 paper muffin cases.

Mix all the ingredients for the muffins together in a large bowl.

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Spoon into the cases to 3/4 level. Sprinkle over some pumpkin seeds.

Bake in the oven for 20 minutes until risen and browned. Serve warm or leave to cool and serve cold. They're best on the day they are made.

Tasty tips: Never over-mix muffins - the mixture rarely looks smooth for best results. Substitute the apricots for dates or prunes.





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# Fashion week summer fling



A model wearing a creation by Julien MacDonald, during London Fashion Week at the Lancaster House, Stable Yard, The Mall.

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 $Spring \ has \ officially \ sprung \ in \ fashion. \ While \ we're \ getting \ to \ knownown \ decline{A}$ our new winter wardrobe, designers have been showing off their spring/summer collections for next year.

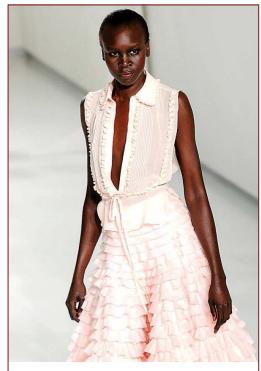
You don't need to start shopping now but take a glimpse into the trends of fashion's future. The credit crunch has undoubtedly sobered up many a collection,

with some designers opting for safe staples in muted or earthy colours that won't fade out of fashion in just one season.

But before you hit the fashion doldrums, bold prints and bright block colours are still a must for our wardrobes next summer, along

We reveal the hottest looks from the S/S 09 shows in New York and London

Lisa Haynes



A model wearing a creation by designer Jasper Conran, during London Fashion Week at on-off, Royal Academy of Arts.



DKNY S/S 09 show at New York Fashion Week, at Bryant



A model wearing a creation by Basso and Brooke, during London Fashion Week at the Science Museum



A model wearing a creation by designer PPQ, during London Fashion Week at the BFC Tent, Natural History Museum.

### Julien Macdonald, London

The king of glitz and glamour toned down his act for S/S 09 with a muted collection. Instead of the  $usual\,dose\,of\,high\,octane\,cocktail$ gowns, Macdonald opened his show with body-skimming suede separates in beige and navy which set the mood for the clothes to come. His trademark slinky floorlength dresses subtly sparkled rather than screamed, and luxe dark colours featured highly for a summer collection.

Key colours: Beige, navy, brown, gold.

#### Matthew Williamson, **New York**

Master of prints, Williamson didn't disappoint with his own take on jet-set Ibiza chic, from psychedelic jumpsuits to mini embellished dresses. He opened the show with a splash of tropical neons including hot pink, peach and lime green before toughening up his summery brights with motocross black leather pieces.

Key colours: Fuchsia, white, purple, green.

### Jasper Conran, London

The words sexy and pretty don't usually sit alongside each other in fashion but Jasper Conran made it happen with his playful S/S collection. Think elegant halterneck dresses, voluminous tulle circle skirts, see-through chiffon blouses and even a sexy senorita vibe with a fringed shawl and vivid red dresses.

### PPQ, London

Doing what they do best, PPQ showed off another fun and frivolous collection to appeal to the Geldof and Chung front row clan. Candy coloured dresses and cutesy all-in-ones were adorned with bows, peplums, ruffles - not to mention crazy hats and veils. Navy and white sailor dresses added a nautical edge to the 50s and 70s-inspired Le Style Anglais collection.

Key colours: Yellow, pink, black, white.

### **DKNY, New York**

Marking DKNY's 20th anniversary, Donna Karan's S/S col $lection took \, on \, a \, sporty \, street we ar \,$ vibe with parachute dresses, techno anoraks and jumpsuits. Despite the utility wear, there was lots of bright block colour with flashes of neon yellow and electric blue. Adding to the casual chic mode, styling included colourful skinny scarves and high-heeled sneakers a la Victoria Beckham.

Key colours: Yellow, blue, coral, black.

#### Paul Smith, London

Smith's S/S collection, inspired "hammams and harems' brought a taste of the Orient to London, mixing up his famed slouchy tailoring with linen scarves and turbans. The second half of the collection took on a more romantic mood with broderie anglais petticoat dresses and wishy-washy chiffon florals. The models wet-look hair and dewy faces added to Smith's holidaystyle sheen.

Key colours: Beige, white,



#### Preen, New York

Cocktail dresses with attitude, Preen stuck to a neutral colour palette and concentrated on the finer details mesh panelling, caged backs and lace criss-crossing. As a contrast to tiny body con dresses, there were also floaty blue-grey denim-look silk pieces for a more relaxed utility vibe.

Kev colours: White, blue, grey, black.

### Basso & Brooke, London

The overwhelming beige vibe of S/S 09 certainly bypassed Basso & Brooke. The colour-charged print collection was made up of powerful geometric designs with a Japanese influence. From art deco to floral, every oriental-inspired pattern packed a serious punch. Shapes were kept simple with sleek shift dresses and bodyskimming maxi dresses to let the prints and oh-so-high sculptural shoes do all the talking.

Key colours: Black, red, blue, purple.

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# 34 health

# Suffering for their art



Celebrities are always trying the latest fad diets. We continue the article that was in last week's edition and get expert nutritional advice on their merits, plus share some sensible tips for beating the backfrom-holiday bulge.





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#### ::THE BABY FOOD DIET

Celebrity fans: Reese Witherspoon, Jennifer Aniston, Marcia Cross, Paris Hilton, Abby Clancy, and Pamela Anderson.

Chief designer at Christian Dior Hedi Silmane reportedly developed the Baby Food Diet so she could fit into skinny jeans.

RATING: "Fats are an especially important source of calories and nutrients for infants and toddlers (up to two years of age), who have the highest energy needs per unit of body weight of any age group and these foods are developed so that they contain plenty of calories," Borrelli

"But an adult would have to consume a large quantity to suit their calorie needs. This may in turn mean that they are actually consuming too much sugar in the form of jars and jars of rhubarb and custard!"

The result, she says, would produce a negative effect on their blood sugar and ultimately lower their energy levels.

She believes jars of organic baby food may be a nutritious snack for an adult seeking to avoid the crisps or chocolate, but they will be insufficient nutrition for a complete diet and lacking essential nutrients such as iron, zinc, magnesium, calcium, vita-min C and the B vitamins. ::CACTUSPLANTDIET

#### Celebrity fan: Katy Hill

Former Blue Peter presenter Katy Hill, 37 has gone down from





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a size 16 to a size 10 over a fivemonth period.

She's shed more than four stone using LIPObind, a natural supplement made from dried cactus extract combined with daily gym sessions.

Katie, now living in America, suffered a number of health problems during her pregnancy with her daughter, Kaya, now two and her weight increased.

"Everyone in LA is so serious about being mega-healthy and there is a real unhealthy obsession

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some assistance to maintain or improve their quality of living.

with being skinny at any cost, re gardless of how many chemicals they load into their body," she

says.
"I love natural and organic foods so the fact that LIPObind is 100% natural attracted me."

The supplement claims to help reduce the amount of fat the body absorbs from the food we eat, with trials reported by the company claiming it can remove up to 27% of digested fats and up to 150 calories on a standard

Full Range

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Borrelli says

tence because there is no reason why weight should not pile on again once the supplement is stopped.

"Also, some fat is necessary

She points out it is essential that we get some fat from the diet particularly the Omega 3 and Omega 6 fatty acids.

"New research shows that a small amount of fat actually reduces food cravings and suppresses appetite. It's much better to cut out fried food and eat a non-fatty meat such as grilled chicken and game. Oily fish such as salmon, mackerel, tuna and herring is a great source of Omega 3 fatty acids.

fresh fruit and vegetables and wholegrains. By doing this we ensure that we have sufficient fibre in our diet to keep our digestive system functioning well."

LIPObind retails in Boots, Superdrug, Tesco, Sainsbury's, Holland & Barrett in the UK and online via www.lipobind.com.

As the name suggests, the idea is to fill up on vast quantities of the soup every day, although some other prescribed additional foods are allowed.

calorie restricted diets it will cause rapid weight loss from water and muscle tissue and encourage the body to hang on to fat reserves," Borrelli says.

tains plenty of fibre and vitamins. A good multivitamin tablet is also recommended to accompany it.

sufficient protein, carbohydrate and healthy fats.'

foods such as cold pressed olive oil, nuts and seeds, lean meat and fish as well as avocadoes

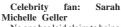
RATING: "This supplement supports low fat diet theory whereas I believe we should concentrate on a low carb diet.

"It feels like a bit of a life sen-

for healthy skin and hair and for the synthesis of hormones, and some vitamins can only be absorbed into the body in fat. The supplement does not appear to distinguish between the types of fat that is removed from the body.'

"We should include plenty for

::THECABBAGESOUPDIET



No one has laid claim to being the creator of the Cabbage Soup

RATING: "As with other

"As diets go, it is not a particularly unhealthy one as it con-

"However, it is deficient in

Healthy fats can be found in

::THEGREATLIFE PYRAMID



Celebrity fans: Madonna, Gwyneth Paltrow.

The creation of this diet can be attributed to Georges Ohsawa in the early 20th century. It's based on healthy foods that balance a person's yin and yang or spiritual

RATING: "Probably my favourite of all these diets as it more of a way of life rather than a fad for a limited pe-

riod of time," Borrelli says.

"It promotes a balanced diet of fresh whole food and eliminates anything might be proc-essed with limited nutritional value and plenty of additives

She believes that the diet is prescriptive in the sense that it does not allow for individual variation in terms of dietary require-ments with a recommended intake of 40-60%

wholegrains, 20-30% vegetables and 5-10% beans and pulses.

In addition, poultry, dairy and red meat consumed on an infrequent basis could lead to deficiency of minerals such as iron, zinc and calcium as well as Vitamins B12 and D.

:: For more information on Fleur Borrelli, go online to: www.nutritionandsuperfood. co.uk

Gabrielle Fagan

Katy Hill showing off her new bikini body which she achieved with the help of LIPObind.



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# On the trail of the tiger



In Nepal, you can hike the peaks of the Himalayas, paraglide off vertical rock-faces, ride mountain bikes down the biggest mountains in the world and speed down cliff-lined gorges in an inflatable raft, with only a foot-long plastic oar between you and oblivion.

In Nepal, the adventure traveller of any age group is sure to be spoilt for choice. You can hike the peaks of the Himalayas, paraglide offvertical rock-faces, ride mountain bikes down the biggest mountains in the world and speed down cliff-lined gorges in an inflatable raft, with only a foot-long plastic oar between you and oblivion. Between the string of colossal

peaks along its northern border, and the Indian border to the south at sea level, Nepal practically re-

sembles a 9,000-metre high skateboard ramp, built for intrepid visitors who can't resist a challenge. Nepal is such a popular destination with Saga, the travel company which has relaxed its rules to carry 40-year olds, providing they are the travelling companions of somebody over 50.

After a comfortable business class flight in to Kathmandu, it was only a short flight due west to Nepal's famous Royal Chitwan

Then after a short river crossing, a 4x4 carried us into the Tiger Tops Jungle Lodge and with only a few hours before sunset, we met the creatures that would be both our means of transport and our experttiger-finding devices. Towering above our group was Bob, also known as Shamsher Gaj, an elegant Indian elephant: a 27-year-old, nine-and-a-half feet tall, five ton beast to keep us safe from the fe-

are to be enjoyed from Bob's back, allegedly. Surely, I assumed, the ancient pachyderm will readily put its enormous tusks between me and the tiger's giant teeth and terrifying claws. Unfortunately Bob doesn't much relish the prospect of fighting a tiger. Our guide, Danny, standing fearlessly on Bob's lower back, explained that an elephant which smells a tiger will, given halfthe chance, legit the other way pronto.

To discourage him, the driver must prod his ears: Left ear, left. Right ear, right. Both ears, forward easy. Not that Bob is entirely compliant. His idea of a good day out in the jungle is to eat anything within trunk reach and stamp any-thing else into the ground.

The vegetation is dense and lush. Thin, tall stalks of elephant

grass brush my feet. Exotic birds

fly overhead. As we cross the river, running low in the dry season, the sand bank reveals traces of the jungle's inhabitants. I can see wiggly snake lines, bird feet and crocodile tracks. Then there are paw prints from the sloth

Our guide's advice, if you should find yourself face to face with a sloth, is to whoop, shout and wave your arms to scare them off. If a tiger comes along: climb a tree. Then some excitement: tiger tracks! They're as clear as in a children's book. Surely we'll find a tiger now! But no, three hours later, still without tiger but rather saddle sore from the pursuit, we pack it in for the night and return to our base camp. Tomorrow we will look again.

Calling it base camp probably doesn't do our accommodation fewer spices, inside a giant Gol Ghar or round house, heated with a huge fire in the middle. At our second site, just outside the national park, the risk of danger was virtually zero. There was a swimming pool, a bar, table tennis, and charming rooms made from wicker and elephant dung.

Here you can sample village life, watch the preparation of rice, and walk through fields of dense mus-tard (used for oil). Tiger Tops has built a school in the village, and inside the park it helps the fight against poachers. Few tourist enterprises can be more accommodating for visitors, more embed-ded in their local communities and better able to explain the history and culture of a country.

Life in the city is as different

from the jungle as it's possible to imagine, apart from the pervasive



rocious Bengal tiger. The best views of Bengal tigers justice. At the Tiger Tops Jungle rules.

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Lodge they do a spectacular job of keeping you comfortable, despite the remoteness and eco-friendly

Its spacious rooms are built from local materials and hot water comes to the en-suite bath-rooms twice a day. Nights are cold in Nepal, so the hot water bottle is a nice touch. They serve deli-cious Nepali food, similar to Indian but prepared with less oil and

cold that comes from being at altitude. Kathmandu, Nepal's only real city, hits you like a slap in the

The hawkers hawk harder and the beggars beg more than in other similar cities I've visited, perhaps because Nepal is poorer than any of its neighbours. Motorcycles buzz furiously around, and the air

is thick with polluted fog.
There's still charm here, though, if you look hard enough.



Unline ticket reservations

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Mount Everest, Himalayas.



Few can resist the excitement of burrowing for a bargain at the myriad stalls and shops in Thamel, and the temples in the old town are real architectural gems.

Next we flew on to Chitwan. Another option is to extend your stay and fly to Pokhara in the foothills of the Himalayas instead. There the Tiger Tops resort has



fantastic views of the mountains, and all the walking and hiking you could want. Others might prefer to sit on the veranda and enjoy the stunning view while pitying the poor, cold adventurous types hauling themselves up rocky faces or across glaciers in the foothills of the Everest range.

The first unnerving perspective of these mountains came on our early morning flight out of Kathmandu to Chitwan. I saw our wingtips cut through the clouds and the top of the world emerging in a ferocious point alongside us.

Everest is a magnificent, devastating sight. Almost as astounding are the neighbouring mountains and lower ridges. Without doubt the Himalayas are one of the world's great natural sights, a vertical explosion of rock and ice and snow and worth ten times the ticket price.

In some places in Nepal it's simply impossible to avoid danger. People who say you are more likely to die in a car than a plane crash clearly had Kathmandu roads in mind. Danger-lovers hike or drive over the Himalayas from Tibet. The fools.

At Tiger Tops in Chitwan, after a night's solid rest, we're back on the tiger trail. From a short distance away comes the yelp of a deer. Danny the guide explains that the deer's call is a warning to his friends that they're about to become lunch for a predator. We press on in that direction, the elephant circling the area where the

noise came from. It's quiet and still, apart from Bob's chewing. We come to an opening in the trees and there's a monkey, pointing and gibbering. Ha, ha, the silly monkey, we laugh, and then realise it's pointing at the massive tiger right in front of us! The tiger is insouciant. It looks up at us, has a think, stretches out a little bit and turns around. The whole encounter only lasted a minute or so but left such a clear impression. It's a stunning beast. Muscular and proud, fierce and yet completely cool. As we gaze, more than a little awestruck, the tiger prowls powerfully off, silent but deadly.

That evening we to ast our tigerchasing exploits and prepare to tell the tale on our return. No need to put spin on it, I was close enough to a tiger to see the detail of its stripes, its piercing glare, and the swish of its mighty tail. And more importantly I was utterly safe.

### TRAVEL FACTS

:: Jack Doyle was a guest of Saga :: Jack Doyle was a guest of Saga Holidays, which operates 12-night 'In Search of the Royal Ben-gal Tiger' packages between September and April from £1,699/€2,150 in 2008/9 with Gulf Air scheduled flights into Kethmead Kathmandu via Bahrain.

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NEWLYN

Property developers Tel: 289 320 180 www.opomar.net

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Tel: 961 518 152 www.acrossthealgarve.com

REMAX FLASH

Alcantarilha Tel: 282 310 700 Mob: 968 484 298 Fax: 282 310 709 flash@remax.pt

REMAX LAGOS

Real Estate João Nunes Rua Garrett 19, Lagos Tel: 282 780 582 Mob: 917 771 849 email joao.s.nunes@clix.pt

REMAX LAGOS

Real Esta Lurdes Martins Mobile: 967 449 203 email mgmartins@remax.pt

REMAX LAGOS Real Estate

Anica de Kruiif Rua Garrett 19, Lagos Tel: 282 780 588 Mob: 966 889 290 email akruijf@remax.pt

REMAX VILAMOURA

Real Estate Soraia Santos Vilamoura Mob: 962 014 793 emailssantos@remax.pt www.remax.pt/ssantos

SILVER HOLIDAYS

Real Estate Casa Italiana, Ioja 5 Vilamoura info@siverholidays.com www.silverholidays.com

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Algarve Propert Specialists Alvor Tel: 282 432 004 Mob: 917 472 273 www.togofor-homes.com

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Tel: 289 314 486 Fax: 289 315 578 vilagente@mail.telepac.pt www.vendavilla.com

VILLAS LUZ Real Estate

Av. 25 de Abril, Edifício Miramar, Loja B, Fuzeta. Tel: 289 798 099 Fax: 289 798 101 office\_villasluz@sapo.pt www.villasluz.com

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Villa Management & Pool Maintenance Tel: 282 356 284/5 Fax: 282 356 280 ipc.mam@mail.telepac.pt

### **Property Services**

AQUASOM Underwater sound solutions

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Drain cleaning specialists Tel: 914 145 117

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Natural Stone, refurbisi maintenance Tel: 282 991 045 Mob: 919498258 email timstmp@yahoo.co.uk

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TOTAL DRAIN SERVICES

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SHANGHAI RESTAURANT

Rua do Comèrcio, 94 R/C, Almancil Tel: 289 397 642

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Carvoeiro Tel: 282 085 713 raymond.compton@netvisão.pt

BELLA SAPATOS Shoes for kids & mums

Lagos Tel: 282 761 155 Mob: 968 288 258 bella8@sapo.pt

BLUE ROCK

Butcher Rua dos Pescadores No 59, Tel: 282 496 05

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Glass by design Quatro Estradas Tel/Fax: 289 389 157 info@houseofglass.eu

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Book shop Alvor Tel: 282 496 001 info@magnacartabookshop.com

ROCOCCO Natural stone, construction,

Almancil.

Tel: 289 358 014

Mobile: 965 864 682

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Tel: 282 799 023 email: lagos@thomasgreen.pt

THOMAS GREEN

British Supermarket Olhos de Água, Albufeira Tel: 289 541 119 email: albufeira@thomasgreen.pt www.thomasgreen.pt

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www.prorent-algarve.com

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Satellite systems Albufeira Tel: 289 542 534 Fax 289 543 226 digsat@hotmail.com

MARC ELECTRÓNICA

Satellite, TV, Audio & Video Sítio do Poco Seco, Arm 5 (behind the gas station) Portimão or

Avenida Engenheiro Duarte, Nr. 51 (next to shoeworld) Tel: 282 410 400 info@TV2029 com www.TV2029.com

MAS SATELLITE SYSTEMS

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Satellite systems Tel: 918 887 775. skyrealm@hotmail.co.uk

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# preview

Events on these pages are published in good faith and in accordance with information given to us. We regret that we cannot accept responsibility for

### **OCTOBER**

 $\textbf{Musical Strava'gantsa Hits} - \texttt{Oct}\,4\,\&\,5 - \texttt{Municipal}$ Auditorium in Lagoa - Sat: 21h00; Sun: 15h30 - T. 282 380 434.

Franz Liszt's 'Odyssey of Love' performed by Lucy Parham (piano) and Orla Charlton and Christopher Bramwell (actors) - Oct 15 & 18 -Centro Cultural São Lourenço in Almancil at 19h30 -T. 289 395 475.



### **Autumn Concerts** by Orquestra do **Algarve**

Until October 19: The Opera 'L'elisir D'amore' from Gaetano Donizetti (1797-1848) will be performed at Teatro da

Trindade in Lisbon at 20h00 (On Sundays, also at 18h00).

October 24: The Opera 'L'elisir D'amore' from Gaetano Donizetti (1797-1848) will be performed at Coliseu do Porto in Oporto at 21h30.

Conductor: Cesário Costa Staging: Maria Emília Correia Portuguese Version: Nuno Côrte-Real Soloists: Carla Caramujo (Soprano) João Cipriano Martins (Tenor)

Nuno Dias (Bass) Diogo Oliveira (Baritone) Alexandra Moura (Soprano) Coro de Câmara Lisbon Cantat

October 25: Conducted by Alberto Roque, the Orquestra do Algarve will perform in Estremoz at Teatro Bernardim Ribeiro, 21h00, from W.A. Mozart (1756-1791) 'Eine Kleine Nachtmusik'; from Sergei Prokofiev (1891-1953) 'Peter And The Wolf'; from Johannes Brahms (1833-1897) 'Hungarian Dance No. 5 In G Minor'; from Johann Strauss (1804-1849) 'Radetzky-Marsch (Radetzky March)', Op. 228.

Tel: 289 860 890-6. Fax: 289 860 899

Mobile: 969 530 005

Web: www.orquestradoalgarve.com

### DO NOT MISS

Lethe's JAZZ: Miguel Martins 'KALEIDOSCÓPIO' presenting the album 'The Newcomer' - Oct 17 -Teatro Lethes in Faro - 21h30 - €45 - T. 289 888 110 / 289 888 100 - www.teatrodasfiguras.pt.

Almancil 4th Gastronomic Fortnight - Until Oct 17 - Takes place in many restaurants of the Almancil area. For more information contact RTA.

Ney Matogrosso is back with his latest creation 'Inclassificáveis' at Teatro das Figuras - Oct 24 at Teatro das Figuras in Faro - 21h30 - €45 - T. 289 888 100.

### **NOVEMBER**

Lethe's JAZZ: Trio Maria Viana - Nov 28 - Teatro Lethes in Faro - 21h30 - €45 - T. 289 888 110 / 289 888 100 - www.teatrodasfiguras.pt.

Family Show - BOB THE BUILDER Live Show

Nov 10-13 at Pavilhão Atlântico in Lisbon. Entrance: Over 3 years old. Promoted by TOURNÉE. Duration of the show: 120 minutes.

www.pavilhaoatlantico.pt / 707 780 000.

KEANE LIVE - Nov 12 in Lisbon at Coliseu dos Recreios at 21h00. With more than 8 million albums sold and a new album 'Perfect Symmetry' to be launched on 13th October, piano rock band Keane comprises composer, bassist, and pianist Tim Rice-Oxley, lead vocalist Tom Chaplin and drummer Richard Hughes. Tickets: from €26 to €30. Tel: 707 234 234

Included in the Mozart Concert Series, a Concert by the Orquestra Metropolitana de Lisboa -Nov 23 at 17h00 at the Small Auditorium of Belém Cultural Centre in Lisbon. Tickets: €10. Call 213 612 400.

Spanish National Ballet - Nov 27 to 30 at the Grand Auditorium of Belém Cultural Centre in Lisbon, 27,28 & 29 at 21h00; 29 & 30 at 17h00. Tickets: €2 & €4. Call 213 612 400.

### **DECEMBER**

Puppet Show 'Oscar' - Dec 12,13, 14 at Belém Cultural Centre in Lisbon. 12 Dec: 11h00; 13 & 14 Dec: 15h30. For all over 3 years old. Tickets: €15 to €42. Call 213 612 400.

### **DO NOT FORGET**

Cascais Beetle Gathering

Gathering of the Volkswagen 'Beetle' made



prior to 1985 - All owners and aficionados are welcome. Gathering at Hotel Baía in Cascais - October 5 - 11h00 -T. 912 545 705

### **CHARITY EVENT**

### **Charity Event 'Seattle Style'**

Sunday October 5 - From 16h00 till late.

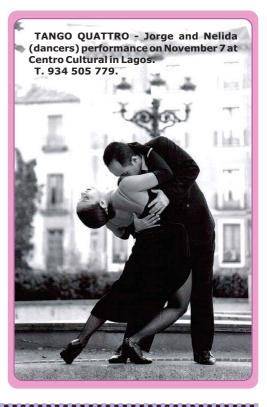
Seattle Style restaurant, Alvor (riverside - next to sea rescue station)

This weekend will wrap up a series of fund-raising events held at the unique Seattle Style restaurant. Enjoy an afternoon, evening or night (or all three) of live music, with all takings (food, drinks, musicians fees) being donated to a local children's char-

So far nearly € 3,000 has been raised, and more is needed to be put towards a mini-bus for the needy children's association.

Whilst enjoying the music you can tuck into an authentic'Tex-Mex' platter, enjoy sea-food chowder, real gourmet burgers, or satisfy your sweet tooth with the likes of homemade lime mousse or Mississippi mud pie.

A deliciously enjoyable event for a good cause.



### ONGOING IEXIHUUBIITIONS

Choir:

Until October 8
\*2 exhibitions at Museu do Trajo do Algarve at São Brás de Alportel . From: 10h-13h & 14h-17h. Closed Weekends and holidays. Tel: Until October 10
\*Paintings by Jean-Marie Boomputte

at São Lourenço Cultural Centre. Call 289 395 475



'Ça rule' (Oil on canvas) - Jean Marie Boomputte

\*'20 ANOS A CAMINHAR COM A LPN ALGARVE' (20 years walking with LPN Algarve), Photo Exhibition from Liga para a Protecção da Natureza – LPN Algarve (LPN Algarve - League for the Protection of Nature) on show at EMARP on Rua José António Marques, 17 in Portimão. Tel: 282 400 260.

/ In Portimao. 1et: 282 400 200. From October 16 to November 17 \*Photo Exhibition 'Memórias do Passado (Portimão 1945-1970)' by Francisco Oliveira - EMARP on Rua José António Marques, 17 in Portimão. Tel: 282 400 260.

October 13 to November 21 \*Paintings by Carlos Godinho at EMARP on Rua José António Marques, 17 in Portimão. Tel: 282 400 260. Tickets: from €26 to €30. Tel: 707

**Until October 19** \*Exhibition 'Olhar Picasso' - Arade Gallery - Portimão Fair and Exhibi-

tions Park - 10h00-18h00 - T. 282410

Painting Exhibition 'Natureza e Cor' by Rosa Barriga - Art Gallery Pintor Samora Barros - T. 289 599 500. Until October 29

\*Photo Exhibition 'Outros Olhares' (Other Views) from the Coimbra Zoological University Museum - Municipal Library of Albufeira.

From November 8 to December 6

\* Painting Exhibition by Marianela Vasconcelos-at Convento Santo António in Loulé. T. 282 444 874.



Until November 8
\*Painting Exhibition 'Ruina' (Ruin) by
Martinho Costa at Galeria 11 on Campo
Grande, 113, Lisbon. Tel: 217 977 418.

Zaum Projects Contemporary Art on A Miguel Torga, 14B. Call 913 176 005 Until November 2

\*Opening on September 22, Exhibition 'Espaços Sensiveis - La Caixa' Contemporary Art Collection of the Foundation at Museu Colecção Berardo at Praça

do Impé-rio. T. 213 612 400. Until November8 \* O b r a s Recentes by Leda Catunda at Galeria 217 819 907.

Until October 10

 $\hbox{^*Maya Schindler } \textbf{Seeing is Believing} \ at \\ Zaum \ Projects \ Contemporary \ Arton \ Av.$ 

nber 8 to December 6 \*Painting Exhibition by Marianela Vasconcelos at Convento Santo António in Loulé - Tel: 282 444 874 Until November 16 \*Opening on 15 Sep the ex-

hibition **Pipedream** at Museu Colecção Berardo. Call 213 667570.

Until October 12 \*David Goldblatt, Intersec-tions Intersected at Museum

Com A Lpn Algarve Serralves in Oporto. Call 226 Until November 2 \*Todas as 20 Anos A Caminhar Histórias film exhibition Museu Serralves in Oporto. Call 226 156

photography by **Manoel de Oliveira** at Museu Serralves in Oporto. Call 226 156 500.



**BOOK REVIEW** 

events which are cancelled, delayed or fail to live up to their billing. Send us your events to copy@the-news.net by Tuesday before publication.

### **SPORTS**

### **GAME FISHING**

4th Portimão International Game Fishing Cham**pionship** - Until October 5 - Game fishing competition qualifying event for the prestigious IGFA - World Championship 2009 - Portimão marina. **GOLF** 

Portugal Masters - October 16 to 19 - Oceânico Victoria Golf Club - Vilamoura.

### **MARTIAL ARTS**

16th Algarve International Martial Arts Training Camp - October 11 & 12 - Dra Laura Ayres Secondary School Sports Hall - Quarteira.

### **RACE / MARCH**

Mamamaratona Race / march (MM8) of 8/5 Km of the - October 12 - The event will take place along the Rio Arade. Run (8km) and walk (5km). Meeting point: Fair and Exhibitions Park at 10h00 in Portimão. Tel: 289 807 531 / 282 080 055 or visit the site: www.mamamaratona.com

### **RALLY**

Loulé Rally - October 18 & 19 - Starting time: 8h00 / finishing time: 13h49 - Org. by Clube Automóvel do Algarve - T. 289 400 330.

### **WATER SPORTS**

Crossing the bay in light sailing boats - Lagos Open - October 18 to 19 - Lagos bay - Organised by Clube de Vela de Lagos.

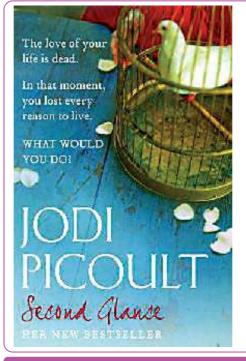
### **OPERA NIGHTS**

Opera Nights in Portimão - October 14 - The best of opera is coming back to Portimão. Some of the great opera classics will be performed with artistic direction by Maestro José Ferreira Lobo and the participation of the highly regarded Orquestra do Norte - Municipal Auditorium - Tickets: € 15 (Free childcare service) - 21h30 - T. 282 470 700.

Programme: 14th - Opening Gala; 17th to 18th -The Barber of Seville from Rossini; 21th - Cantata Erótica from Cristóvão Silva (national debut), Llanto from Ignásio Sanchesw and Megias from Maurice

Ohana: 24th AIDA fromVerdi (concert version); 25th 26th Carmen from





### Second Glance by Jody Picoult

From the moment Ross's fiancée Aimee was killed in a car accident, he's been trying to die too. But life won't let him go. His only hope now is that Aimee will come

So when he hears of strange happenings at an ancient Indian burial ground near his sister's home, he heads to Comtosook - desperate for the rumours of a haunting to be true.

What he finds there is not Aimee's ghost, but Lia, a very real woman whose life is filled with as many troubled secrets as his own...

Available from Magna Carta Bookshop at 11.20€. See advert for contact details.



### **SHOWS**

### October 24 - Ney Matogrosso is back with latest creation 'Inclassificáveis' at Teatro das Figuras in Faro -Rock, samba, popular Brazilian music, pop and even Spanish ballads provide the sounds for this lavish show. Do not miss the chance to see one of the great artists of Brazilian Popular Music (MPB) performing live. Time: 21h30 - Price: €45. T. 289 888 100.

Ongoing - 'Visions: O Espírito dos Sonhos' (Visions: The Spirit of Dreams' - Daily at Salão Preto e Prata of Casino Estoril. Price: €15 (Children 12-16 €7.5). Tel: 214 667 700.

### **MARKETS** ◆ Market in Almancil: 1st and 4th Sunday of each

- month next to Escola C+S (school). ◆ Flea market in Almancil: 2nd and 5th Sunday
- of the month, next to Escola C+S. • Market in Alte: 3rd Thursday of the month in
- Largo José Cavaco Vieira. • Market in Ameixial: 1st Thursday of the month on the EN2.
- Market in Azinhal: last Saturday of the month, next to the Primary School.
- Market in Benafim: 1st Saturday of the month, Rua 25 de Abril.
- Market in **Boliqueime**: last Thursday of the month in the Church Square.
- Market in Cortelha: 2nd Saturday of the month.
- Market in Loulé: every Saturday at the end of R. da Nossa Senhora da Piedade in front of Convento de St. António.
- Market in **Quarteira**: every Wednesday from 07.00 to 15.00, next to Jardim Filipe Jonas.

## CONCERTS

\*O Menino É Lindo - MicroBand (Festival O Gesto Orelhudo) -

Águeda - d'Orfeu - 22h00
\*Amélia Muge - Roncos do Diabo Jah Vai - Companhia Marimbondo
(Festival do Chícharo) - Alvaiázere

- Free
\*High Flying Bird - Beja - Galeria do
Desassossego - 22h00
\*Noctem - Daemogorgon - Darkside
of Innocence - Humanart - Braga
(Vila Verde, Cervães) - Sala
dEnsaios Caffé - 21h00 - 5€
\*Seven Colour Eye - Cascais
(Alcabideche) - Muralhas Rock 23h01

\*Grimlet - Seven Stitches Switchtense - Figueira da Foz (Ilha da Morraceira) - Armazéns Antiga Fábrica - 22h00

\*Wraygunn (Festa da Juventude) - Auditório Municipal - 20h00 Safe and Sound (EME Festival) - Lisboa - Teatro Ibérico - 21h30 - 15-

\*Varukers - Crise Total - Dr. Bife e os Psicopratas - **Oeiras (Linda-a-Velha)**- Academia Recreativa - 20h00 - 10€ Academia Redreativa - 20100 - 10€
\*Avô Verejeira (Quina das Beatas) Portalegre - Centro de Artes do
Espéctaculo - 23h00 - 3€
\*Luísa Amaro (In-Canto) - Portalegre
- Centro de Artes do Espéctaculo 21h30 5€

21h30 - 5€ \*Orquestra Nacional do Porto - Porto

- Casa da Música - 18h00 - 15€ \*Manifesto (tributo Victor Jara) - **Porto** - Escola Superior de Música e das Artes do Espéctaculo - 21h30 - Free \*Der Blaue Reiter - VelgeNaturlig -Frente Católica - Massacre Divino -Porto - Fábrica de Som- 22h00 - 7€ \*Victor Espadinha - Póvoa de Varzim – Casino - 50€ \*Coral Atlântico - **Sines** - Centro de

Artes - 21h30 - 3€ -\*Freeflow - Quimera Quinteto (Jazzin' Tondela - **Tondela** - ACERT

\*Pauliteiros de Miranda - Chocalheiros de Vila Nova de Ficalho (Festival do Chícharo) - Alvaiázere

\*Da Weasel (Festa da Juventude) -Lagos - Auditório Municipal \*-20h00 -

\*Orquestra de Câmara Portuguesa -Lisboa - Centro Cultural de Belém -19h00 - 5-20€

\*Religious Knives - Gala Drop - **Lisboa** - Museu do Chiado - 22h00 - 7€ \*Keith Caputo - **Lisboa** - MusicBox - 23h00 - 10€

23000 - 106

"Galandum Galundaina - Moçoilas - O
Semeador (Encontro de Grupos de
Musica Tradicional Portuguesa) Portalegre - Centro de Artes do
Espéctaculo - 17h00 - 2€

"Coro Gulbenkian - Porto - Casa da

\*Frank Bretschneider (EME Festival)
- **Porto** - Fundação Serralves

Caspian - The Allstar Project Porto – Porto - Rio - 21h30 - 8€
\*Lost Locos (Festival O Gesto

Orelhudo) - Águeda - d'Orfeu - 21h45

\*Porcupine Tree - Almada - Incrível Almadense - 21h00 - 23-25€ \*Rodrigo Leal & DManiac (Faça Música, Seja Feliz) - **Odivelas** - Čentro Cultural Malaposta - 15h00 - 5€

Contral Manaposta - 15000 - 56\*

\*Truls Mørk & Håvard Gimse - **Porto**- Casa da Música - 19h30 - 56\*

\*Melingo (Festival O Gesto Orelhudo)

- Ågueda - d'Orfeu - 21h45

\*NOA - Centro Cultural de Belém -

\*NOA (Author & interpreter of the theme

song of the movie 'Life is Beautiful' from Roberto Benigni) - Teatro das Figuras Faro - 21h30 - €30 <mark>Until October 11</mark> \*10th Early Music Festival - Va<u>r</u>ious

locations - Loulé - 289 303 160

\*Aimee Mann – Coliseu dos Recreios - **Lisbon** - €40 - €50.

\*My Dream – Coliseu dos Recreios - Lisbon - €18 - €40.

\*Cansei de Ser Sexy – Coliseu dos Recreios - **Lisbon** - €23 - €27

\*Peter Murphy – Coliseu dos Recreios - **Lisbon** 

\*Peter Murphy - Coliseu - Porto

\*Fat Freddy's Drop - (Carcavelos nr Lisbon) - Quinta dos Lombos from 9pm. Tickets: €23 \*KEANE LIVE – Coliseu dos Recreios - **Lisbon** - 21h00 -Tickets from €26 to €30 - Tel: 707 234 234 \*Scorpions - Estoril Casino - Estoril

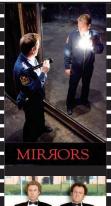
- Further info TBA December 10

\*Gogol Bordello – Praça de Touros do Campo Pequeno - **Lisbon** do Čampo Pequeno

elle – Coliseu dos Recreios Lisbon - 21h30 - Tickets: €20 - €35



TICKETS: Most tickets are available at FNAC and Worten outlets across the country, ATM machines, Abreu agencies, El Corte Inglès, Casa Viola, Ticketline or at the event itself on the night. Websites: www.pavilhaoatlantico.pt; www.ticketline.pt | Phone numbers: Ticketline 707 234 324







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SBC

Space Chimps Animation (12.15 Sat & Sun) The Promise

WALL•E

Dong-Kun Jang, Cecilia Cheung 15.30-18.20-21.10 (00.10 Fri & Sat)

Animation OV (12.00 Sat & Sun) You Don't Mess With The Zohan Adam Sandler, Emmanuelle Chriqui 14.25-16.50-19.20-21.50 (00.20 Fri & Sat)

Nim's Island Abigail Breslin, Jodie Foster (11.55 Sat & Sun) Tropic Thunder

Ben Stiller, Robert Downey Jr 14.15-16.45-19.15-21.55 (00.25 Fri & Sat)

Star Wars: The Clone Wars Animation PV (12.10 Sat & Sun) Mirrors Kiefer Sutherland, Paula Patton 14.30-17.00-19.30-22.00 (00.30 Fri

& Sat) Burn After Reading George Clooney, Brad Pitt (12.40 Sat & Sun) 14.55-17.10-19.25-21.40 (23.55 Fri & Sat)

Kung Fu Panda - Animation PV (12.10 Sat & Sun)

Step Brothers Will Ferrell John C Reilly 14.20-16.40-19.10-21.30 (23.50 Fri & Sat)

Mamma Mia! Meryl Streep, Colin Firth (11.20 Sat & Sun) 13.50-16.20-

18.50-21.20 (00.00 Fri & Sat) Animation PV (10.40 Sat & Sun) 13.15 Babylon A.D.

Vin Diesel Michele Yeoh 20.00 (00.35 Fri & Sat) Meet Dave

Eddie Murphy, Gabrielle Union 15 40-17 50 Mamma Mia!

Meryl Streep, Colin Firth 22.10

Journey to the Center of the Earth Brendan Fraser, Josh Hutcherson 14.10-16.30-18.50-21.00

Batman: The Dark Knight Christian Bale, Heath Ledger (23.10 Fri & Sat)

> LUSOMUNDO **VILAMOURA** TEL: 289 302 277 2 OCT-8 OCT

You Don't Mess With The Zohan Adam Sandler Emmanuelle Chriqui 15.30-18.30-21.30

**CASTELLO LOPES CINEMAS** ALGARVESHOPPING TEL: 707 220 220 2 OCT-8 OCT

Abigail Breslin, Jodie Foster 13.50-16.20-18.40-21.15 (23.40 Fri

Burn After Reading George Clooney, Brad Pitt 13.40-16.30-18.50-21.30 (00.00 Fri & Sat)

Kung Fu Panda Animation PV 13.00-15.10 Eddie Murphy, Gabrielle Union 17.20-19.30-21.50 (00.20 Fri & Sat) Will Ferrell, John C. Reilly 13.45-16.10-18.45-21.05 (23.30 Fri & Sat)

WALL•E Animation PV 12.55-15.00-17.05-19.15 Babylon A.D. Vin Diesel. Michele Yeoh 21.20 (23.45 Fri & Sat)

6 Mirrors Kiefer Sutherland, Paula Patton 13.05-15.40-18.20-21.25 (23.55 Fri & Sat)

Tropic Thunder Ben Stiller, Robert Downey Jr 13.10-15.55-18.55-21.35 (00.05 Fri & Sat)

Mamma Mia! Meryl Streep, Colin Firth 13.20-16.00-18.30-21.40 (00.10 Fri & Sat)

You Don't Mess With The Zohan Adam Sandler, Emmanuelle Chriqui 13.30-15.50-18.35-21.10 (23.50 Fri

**CASTELLO LOPES CINEMAS PORTIMÃO** TEL: 707 220 220 2 OCT-8 OCT

Mamma Mia! Meryl Streep, Colin Firth 13.40-16.10-18.40-21.20 (23.50 Fri & Sat)

Home of the Brave Samuel L. Jackson, Jessica Biel 13.50-16.20-18.50-21.50 (00.10 Fri & Sat)

You Don't Mess With The Zohan Adam Sandler, Emmanuelle Chriqui 13.20-15.50-18.20-21.10 (00.00 Fri & Sat)

WALL•E - Animation PV 13.10-15.10-17.15-19.20 Harold & Kumar: Escape from Guantanamo Bay John Cho, Kal Penn 22.00 (00.20 Fri & Sat)

Kiefer Sutherland, Paula Patton 13.30-16.00-18.30-21.30 (23.55 Fri & Sat)

**Burn After Reading** George Clooney, Brad Pitt 14.00-16.30-19.00-21.40 (00.05 Fri

### CENTRE

LUSOMUNDO ALFAS DUPLEX (ÉVORA) TEL: 707 246362 2 OCT-8 OCT

Meet the Spartans Carmen Electra, Kevin Sorbo Journey to the Center of the Earth Brendan Fraser, Josh Hutcherson

> LUSOMUNDO **ALMADA FORUM** TEL: 707 246362

2 OCT-8 OCT Tropic Thunder Ben Stiller, Robert Downey Jr Mamma Mia! Meryl Streep, Colin Firth Burn After Reading
George Clooney, Brad Pitt
Journey to the Center of the Earth Brendan Fraser, Josh Hutcherson The Mummy: Tomb of the Dragon Emperor Brendan Fraser, Jet Li WALL•E Animation OV & PV

Hellboy II: The Golden Army Ron Perlman, Selma Blair

Superhero Movie

Drake Bell, Sara Paxton

You Don't Mess With The Zohan Adam Sandler, Emmanuelle Chriqui Kiefer Sutherland, Paula Patton

Wanted James McAvoy, Angelina Jolie Babylon A.D. Vin Diesel, Michele Yeoh Meet Dave Eddie Murphy, Gabrielle Union

Step Brothers Will Ferrell, John C. Reilly

> LUSOMUNDO **ALVALÁXIA** TEL: 21 754 9000 2 OCT-8 OCT

**Burn After Reading** George Clooney, Brad Pitt And When Did You Last See Your Father? Jim Broadbent, Colin Firth Mirrors Kiefer Sutherland, Paula Patton Tropic Thunder Ben Stiller, Robert Downey Jr The Air I Breathe Forest Whitaker, Sarah Michelle Gellar

You Don't Mess With The Zohan Adam Sandler, Emmanuelle Chriqui WALL•E

Animation PV Meet Dave Eddie Murphy, Gabrielle Union Mamma Mia! Meryl Streep, Colin Firth Babylon A.D. Vin Diesel, Michele Yeoh Journey to the Center of the Earth

(3D) Brendan Fraser, Josh Hutcherson Nim's Island Abigail Breslin, Jodie Foster Batman: The Dark Knight Christian Bale, Heath Ledge Rienvenue Chez Les Ch'tis Kad Merad, Dany Boon

> LUSOMUNDO **AMOREIRAS** TEL: 707 246362 2 OCT-8 OCT

Mamma Mia! Meryl Streep, Colin Firth Tropic Thunder Ben Stiller. Robert Downey Jr Burn After Reading George Clooney, Brad Pitt WALL•E Animation PV Babylon A.D. Vin Diesel Michele Yeoh Death of a President Hend Ayoub, Brian Boland Get Smart Steve Carell, Anne Hathaway

Journey to the Center of the Earth Brendan Fraser, Josh Hutcherson

LUSOMUNDO

**CASCAISHOPPING** TEL: 707 246362 2 OCT-8 OCT

Journey to the Center of the Earth (3D) Brendan Fraser, Josh Hutcherson Mamma Mia! Meryl Streep, Colin Firth Tropic Thunder Ben Stiller, Robert Downey Jr **Burn After Reading** George Clooney, Brad Pitt WALL•E - Animation PV Step Brothers Will Ferrell, John C. Reilly
You Don't Mess With The Zohan Adam Sandler, Emmanuelle Chriqui

> LUSOMUNDO COLOMBO TEL: 707 246362 2 OCT-8 OCT

WALL•E Animation PV & OV Meet Dave Eddie Murphy, Gabrielle Union You Don't Mess With The Zohan Adam Sandler, Emmanuelle Chriqui Burn After Reading George Clooney, Brad Pitt

Mamma Mia! Meryl Streep, Colin Firth Mirrors Kiefer Sutherland, Paula Patton Step Brothers Will Ferrell, John C. Reilly Tropic Thunder Ben Stiller, Robert Downey Jr Babylon A.D. Vin Diesel, Michele Yeoh Journey to the Center of the Earth Brendan Fraser, Josh Hutcherson

### LUSOMUNDO **DOLCE VITA MIRAFLORES** TEL: 707 246362 2 OCT-8 OCT

Mamma Mia! Meryl Streep, Colin Firth Wanted James McAvoy, Angelina Jolie WALL•E Animation PV **Get Smart** Steve Carell, Anne Hathaway

> **UCI CINEMAS** EL CORTE INGLÉS TEL: 707 23 22 21 2 OCT-8 OCT

Burn After Reading George Clooney, Brad Pitt The Promise Dong-Kun Jang, Cecilia Cheung Mirrors Kiefer Sutherland, Paula Patton Step Brothers Will Ferrell, John C. Reilly Tropic Thunder Ben Stiller, Robert Downey Jr Kung Fu Panda Get Smart Steve Carell. Anne Hathaway Aquele Querido Mês de Agosto Sónia Bandeira, Fábio Oliveira Batman: The Dark Knight

Christian Bale, Heath Ledger WALL•E Animation PV & OV Mamma Mia! Meryl Streep, Colin Firth Journey to the Center of the Earth (3D) Brendan Fraser, Josh Hutcherson Babylon A.D. Vin Diesel, Michele Yeoh You Don't Mess With The Zohan

Adam Sandler, Emmanuelle Chriqui The Air I Breathe Forest Whitaker, Sarah Michelle Gellar Bienvenue Chez Les Ch'tis Kad Merad, Dany Boon

Gomorra Toni Servillo, Gianfelice Imparato

LUSOMUNDO FORUM MONTIJO TEL: 707 246362 2 OCT-8 OCT

Burn After Reading George Clooney, Brad Pitt Journey to the Center of the Earth (3D) Brendan Fraser, Josh Hutcherson WALL•E Animation PV Babylon A.D. Vin Diesel, Michele Yeoh Tropic Thunder Ben Stiller, Robert Downey Jr Mamma Mia! Meryl Streep, Colin Firth Mirrors Kiefer Sutherland, Paula Patton

> **UCI CINEMAS FREEPORT** TEL: 707 23 22 21 2 OCT-8 OCT

**Burn After Reading** George Clooney, Brad Pitt Tropic Thunder Ben Stiller, Robert Downey Jr Mamma Mial Meryl Streep, Colin Firth Babylon A.D. Vin Diesel, Michele Yeoh Meet Dave

Eddie Murphy, Gabrielle Union

Journey to the Center of the Earth Brendan Fraser, Josh Hutcherson Home of the Brave Samuel L. Jackson, Jessica Biel WALL•E

Animation PV Kung Fu Panda Animation PV Nim's Island Abigail Breslin, Jodie Foster You Don't Mess With The Zohan Adam Sandler, Emmanuelle Chriqui

Superhero Movie Drake Bell, Sara Paxton Batman: The Dark Knight Christian Bale, Heath Ledger Star Wars: The Clone Wars Animation PV

> LUSOMUNDO ODIVELASPARQUE TEL: 707 246362 2 OCT-8 OCT

Mamma Mia! Meryl Streep, Colin Firth
You Don't Mess With The Zohan Adam Sandler, Emmanuelle Chriqui Burn After Reading George Clooney, Brad Pitt Tropic Thunder Ben Stiller, Robert Downey Jr Journey to the Center of the Earth

Brendan Fraser, Josh Hutcherson WALL•E

Animation PV Babylon A.D. Vin Diesel, Michele Yeoh Mirrors Kiefer Sutherland, Paula Patton

> LUSOMUNDO OEIRAS PARQUE TEL: 707 246362 2 OCT-8 OCT

WALL •F Animation PV Babylon A.D. Vin Diesel, Michele Yeoh Mamma Mia! Meryl Streep, Colin Firth Tropic Thunder
Ben Stiller. Robert Downey Jr You Don't Mess With The Zohan Adam Sandler, Emmanuelle Chriqui Burn After Reading George Clooney, Brad Pitt Kiefer Sutherland, Paula Patton

> LUSOMUNDO TORRES VEDRAS TEL: 707 246362 2 OCT-8 OCT

Tropic Thunder

Ben Stiller, Robert Downey Jr Journey to the Center of the Earth (3D) Brendan Fraser, Josh Hutcherson WALL•E Animation PV You Don't Mess With The Zohan

Adam Sandler, Emmanuelle Chriqui Mirrors Kiefer Sutherland, Paula Patton Mamma Mia! Meryl Streep, Colin Firth

> LUSOMUNDO **VASCODA GAMA** TEL: 707 246362 2 OCT-8 OCT

**Burn After Reading** George Clooney, Brad Pitt Tropic Thunder Ben Stiller, Robert Downey Jr Step Brothers Will Ferrell, John C. Reilly WALL•E - Animation PV

Journey to the Center of the Earth Brendan Fraser, Josh Hutcherson

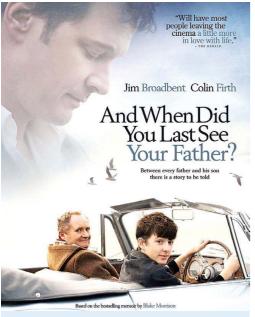
Mamma Mia! Meryl Streep, Colin Firth You Don't Mess With The Zohan Adam Sandler, Emmanuelle Chriqui

OV = English Version PV = Portuguese Version



At the headquarters of the Central Intelligence Agency in Arlington, Virginia, analyst Osborne Cox (John Malkovich) arrives for a top-secret meeting. Unfortunately for Cox, the secret is soon out: he is being ousted. Cox does not take the news particularly well and returns to his Georgetown home to work on his memoirs and his drinking, not necessarily in that order. His wife Katie (Tilda Swinton) is dismayed, though not particularly surprised; she is already well into an illicit affair with Harry Pfarrer (George Clooney), a married federal mar-shal, and sets about making plans to leave Cox for Harry. Elsewhere in the Washington, D.C. suburbs, and seemingly worlds apart, Hardbodies Fit-ness Centers employee Linda





Arthur Morrison (Jim Broadbent) and his wife Kim (Juliet Stevenson) are two doctors who live in the heart of the Yorkshire Dales. They have two children, Gillian (Claire Skinner) and her older brother Blake (Colin Firth), an established writer from whose perspective the story is told, who have to face the fact that their father is terminally ill. It is clear that Arthur still dominates his grown-up son, a dynamic to which Blake is resigned. But when he and his

family confront the reality of Arthur's cancer, Blake is forced to reconcile himself with the past. Based on Blake Morrison's best selling memoir "And When Did You Last See Your Father?





A romantic tale of love, loyalty, ambition and destiny, The Promise marks acclaimed director Kaige Chen's foray into the martial arts fantasy genre. Richly imagined and breathtakingly realized, the film follows the intertwined fates of a beautiful princess and the three men who fall in love with her: a general, his slave, and a rival Duke.

Unbeknown to the men, the princess made a pact with a goddess in her youth in which she forsakes the prospect of true love for The Promise of riches and power. Any man she loves, she will lose, a bargain which has until now carried no consequences for the princess, as haughty as she is lovely. But when a slave - disguised as a mighty general - defends first her honour and then her life with unflinching valour,

the princess feels something stir within her for the first time. With the awakening of passion, she realizes with dread what destiny holds for her. Enslaved to the fate that has befallen them, only the truest love of all can alter the course of their destiny.



# 44 cinemalistings

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## CEEES

Beloved actor and humanitarian Paul Newman has died of lung cancer in his home in Westport, Connecticut, on September 26th. He was 83 years old and surrounded by his family. Newman whose stunning blue eyes and immense capacity for generosity made him one of the most cherished personalities of his era, he was an extremely private man and was rumoured to have been seriously ill for several months. Born in Shaker Heights, Ohio in 1925, Newman first made his mark on the stage and TV but his startling good looks and undeniable presence destined him to appear on the screen. Newman often played troubled characters with streaks of nobility such as "Fast" Eddie Felson in The Hustler, and the eponymous, irrepressible roles of Hud Bannon in Hud and the imprisoned rebel, Cool Hand Luke. But it was his role as Butch in Butch Cassidy and the Sundance Kid, opposite Robert **Redford**, that thrust him into the realm of superstardom. He followed it with other classic films including The Sting, The Towering Inferno, Slap Shot, and The Life and Times of Judge Roy Bean. He was married to actress Joanne Woodward for 50 years. The two worked together in 1958's The Long Hot Summer. It was the same year they were wed and that Woodward won an Oscar for her work in 1957's The Three Faces of Eve. His daughters Claire, Elinor and Melissa, from his marriage to actress Joanne Woodward, and Stephanie and Susan, from his first union to Jackie Witte, were among the first people to pay tribute to the movie star. But Newman will be fondly remembered for his charity work, which he continued until the end. The star set up the Scott Newman Center for drug abuse prevention following the death of his only son Scott from an accidental drug overdose in 1978. **Paul Newman** spent the years before his death ensuring his charitable foundation would continue to run long after he was gone. For nearly 30 years, 100 per cent of the profits from sales of the Newman's Own range of foods have been passed onto charities worldwide, through the Newman's Own Foundation. More than \$250 million dollars has been handed out to good causes, including camps for children suffering from life-threatening diseases. **(((0)) Johnny Depp** has been unveiled as Disney Studios' main man, after film bosses announced plans for a trio of movies all starring the Hollywood actor. Disney chairman Dick Cook revealed the news during a press conference at Los Angeles' Kodak Theatre, detailing plans for upcoming films that would tie Depp to the studio for the next few years. Cook confirmed that a third sequel to the Pirates of the Caribbean franchise was in the works, and that he would star as The Mad Hatter in director Tim Burton's forthcoming adaptation of Alice In Wonderland. And, topping off the list of projects will be a big screen version of The Lone Ranger, which will see Depp reteam with Pirates of the Caribbean producer Jerry Bruckheimer. However, Depp will not take on the lead role of the Lone Ranger himself - he will instead be the hero's sidekick, Tonto. ((()) Herman Melville's epic high seas novel Moby Dick is set for a big return to the big screen. Wanted filmmaker Timur **Bekmambetov** has been hired to adapt a graphic novel-style screenplay written by Adam Cooper and Bill Collage into a blockbuster. Cooper tells Daily Variety the movie will have a modern feel - a world away from the 1930 original, which starred John Barrymore as Captain Ahab, and 1956 classic, starring Gregory Peck. He says, "Our vision isn't your grandfather's Moby Dick. This is an opportunity to take a classic and capitalise on the advances in visual effects to tell what is at its core - an action-adventure revenge story". (((0)))
Will Smith has been given a 40th birthday gift by Warner Bros. bosses - the chance to reprise his Am Legend character Robert Neville in a prequel to the 2007 blockbuster. Movie executives have greenlighted the film on the movie star's birthday, confirming **Francis** Lawrence will return as the director and D.B. Weiss will pen the script. And it's not the only Will Smith action/sci-fi blockbuster set for a second outing - the birthday boy's *Hancock* co-star **Charlize Theron** has hinted at a sequel. In a recent interview with MTV, the actress said, "If everybody's on board, I would be an idiot (not to do it)... Riding the Will Smith train is a really nice train to ride". (((0)))

**UCI CINEMAS** ARRÁBIDA SHOPPING TFI: 707 23 22 21

Burn After Reading George Clooney. The Promise

Dong-Kun Jang, Cecilia Cheung Mirrors

Kiefer Sutherland, Paula Patton Step Brothers Will Ferrell, John C. Reilly Tropic Thunder

Ben Stiller, Robert Downey Ju The Air I Breathe Forest Whitaker, Sarah Michelle Gellar You Don't Mess With The Zohan Adam Sandler, Emmanuelle Chriqui

Babylon A.D. Vin Diesel, Michele Yeoh WALL•E

Animation PV & OV Wanted

James McAvoy, Angelina Jolie
The Mummy: Tomb of the Dragon Emperor

Brendan Fraser, Jet Li Kung Fu Panda Animation PV

Home of the Brave Samuel L. Jackson, Jessica Biel Batman: The Dark Knight Christian Bale, Heath Ledge

**Get Smart** Steve Carell, Anne Hathaway Nim's Island Abigail Breslin, Jodie Foster

Mamma Mia! Meryl Streep, Colin Firth Meet Dave

Eddie Murphy, Gabrielle Union Aquele Querido Mês de Agosto Sónia Bandeira, Fábio Oliveira Superhero Movie Drake Bell, Sara Paxton

Journey to the Center of the Earth

Brendan Fraser, Josh Hutcherson Bienvenue Chez Les Ch'tis Kad Merad, Dany Boon Toni Servillo, Gianfelice Imparato

### LUSOMUNDO FORUM AVEIRO TEL: 707 246362

WALL•E Animation PV **Get Smart** Steve Carell, Anne Hathaway Nim's Island Abigail Breslin, Jodie Foster Superhero Movie Drake Bell Sara Paxton Tropic Thunder Ben Stiller, Robert Downey Jr Joy Division Documentary Babylon A.D. Vin Diesel, Michele Yeoh Mamma Mia! Meryl Streen, Colin Firth

### LUSOMUNDO **GLICÍNIAS** TEL: 707 246362

You Don't Mess With The Zohan

Adam Sandler, Emmanuelle Chriqui Kung Fu Panda Animation PV Harold & Kumar: Escape from Guantanamo Bay John Cho, Kal Penn Mirrors

Kiefer Sutherland, Paula Patton Journey to the Center of the Earth Brendan Fraser, Josh Hutcherson

The Mummy: Tomb of the Dragon Emperor Brendan Fraser, Jet Li Mamma Mia! Meryl Streep, Colin Firth

OV = English Version PV = Portuguese Version

James McAvoy, Angelina Jolie

### LUSOMUNDO DOLCE VITA COIMBRA TEL: 707 246362

Mamma Mia! Meryl Streep, Colin Firth Nim's Island

Abigail Breslin, Jodie Foster Aquele Querido Mês de Agosto Sónia Bandeira, Fábio Oliveira Tropic Thunder Ben Stiller Robert Downey Jr

Burn After Reading George Clooney, Brad Pitt Kung Fu Panda

Harold & Kumar: Escape from Guantanamo Bav

John Cho, Kal Penr Made of Honor Patrick Dempsey, Michelle Monaghan
The X-Files: I Want to Believe David Duchovny, Gillian Anderson Batman: The Dark Knight

WALL•E - Animation PV Hellboy II: The Golden Army

Christian Bale, Heath Ledge

Ron Perlman, Selma Blair

### LUSOMUNDO FORUM COIMBRA TEL: 707 246362

WALL•E

Animation Digital PV Babylon A.D. Vin Diesel, Michele Yeoh You Don't Mess With The Zohan Adam Sandler, Emmanuelle Chriqui

Meet Dave Eddie Murphy, Gabrielle Union Journey to the Center of the Earth

(3D)Brendan Fraser, Josh Hutcherson Mamma Mia!

Meryl Streep, Colin Firth Kiefer Sutherland, Paula Patton

> LUSOMUNDO FOZPLAZA TEL: 707 246362

Superhero Movie Drake Bell, Sara Paxton Babylon A.D. Vin Diesel, Michele Yeoh WALL•E - Animation PV Journey to the Center of the Earth (3D)

Brendan Fraser, Josh Hutcherson Mamma Mia! Meryl Streep, Colin Firth You Don't Mess With The Zohan Adam Sandler, Emmanuelle Chriqui

### LUSOMUNDO **FERRARAPLAZA** TEL: 707 246362

WALL•E - Animation PV Shrooms Lindsey Haun, Jack Huston Journey to the Center of the Earth (3D) . Brendan Fraser, Josh Hutchersor Mamma Mia! Meryl Streep, Colin Firth Babylon A.D. Vin Diesel, Michele Yeoh Superhero Movie

### LUSOMUNDO DOLCE VITA DOURO TEL: 707 246362

Drake Bell, Sara Paxton

Mamma Mia! Meryl Streep, Colin Firth Aquele Querido Mês de Agosto Sónia Bandeira, Fábio Oliveira Superhero Movie Drake Bell Sara Paxton Babylon A.D. Vin Diesel, Michele Yeoh Journey to the Center of the Earth Brendan Fraser, Josh Hutcherson You Don't Mess With The Zohan Adam Sandler, Emmanuelle Chriqui WALL•E - Animation PV

Steve Carell, Anne Hathaway

OV = Original Version PV = Portuguese Version

### LUSOMUNDO FORUM VISEU TEL: 707 246362

Superhero Movie Drake Bell, Sara Paxton Babylon A.D. Vin Diesel, Michele Yeoh Mamma Mia! Meryl Streep, Colin Firth WALL•E Animation PV Harold & Kumar: Escape from Guantanamo Bay John Cho, Kal Penn Nim's Island Abigail Breslin, Jodie Foster Tropic Thunder

### LUSOMUNDO PALÁCIO DO GELO TEL: 707 246362

**Burn After Reading** George Clooney. Brad Pitt Kung Fu Panda Animation PV

Ben Stiller, Robert Downey Jr

You Don't Mess With The Zohan Adam Sandler, Emmanuelle Chriqui **Shrooms** 

Lindsey Haun, Jack Huston Step Brothers Will Ferrell, John C. Reilly Journey to the Center of the Earth (3D)

Brendan Fraser, Josh Hutcherson Mamma Mia! Meryl Streep, Colin Firth

### LUSOMUNDO **FORUM VIZELA** TEL: 707 246362

Mamma Mia! Meryl Streep, Colin Firth Goodnight Irene Robert Pugh, Nuno Lopes

Donkey Xote Animation PV

**Emotional Arithmetic** Susan Srandon, Gabriel Byrne

### LUSOMUNDO BRAGAPARQUE TEL: 707 246362

WALL•E Animation PV Meet Dave Eddie Murphy, Gabrielle Union You Don't Mess With The Zohan Adam Sandler, Emmanuelle Chriqui Mamma Mia! Meryl Streep, Colin Firth Tropic Thunder Ben Stiller, Robert Downey Jr Journey to the Center of the Earth

Burn After Reading George Clooney, Brad Pitt Step Brothers Will Ferrell, John C. Reilly Babylon A.D. Vin Diesel, Michele Yeoh Superhero Movie

Drake Bell, Sara Paxton

Brendan Fraser Josh Hutcherson

LUSOMUNDO DOLCE VITA PORTO TEL: 707 246362

Mamma Mia! Meryl Streep, Colin Firth Superhero Movie Drake Bell, Sara Paxton Journey to the Center of the Earth Brendan Fraser, Josh Hutcherson Kiefer Sutherland, Paula Patton

Tropic Thunder Ben Stiller, Robert Downey Jr You Don't Mess With The Zohan n Sandler, Emmanuelle Chriqui WALL•E Animation PV Meet Dave

Eddie Murphy, Gabrielle Union

### LUSOMUNDO MAIA SHOPPING TEL: 707 246362

Mamma Mia!

Meryl Streep, Colin Firth Journey to the Center of the Earth (3D) Brendan Fraser, Josh Hutcherson

You Don't Mess With The Zohan Adam Sandler, Emmanuelle Chriqui WALL •F Animation PV

Hellboy II: The Golden Army Ron Perlman, Selma Blair Kung Fu Panda

Harold & Kumar: Escape from Guantanamo Bay John Cho, Kal Penn

### LUSOMUNDO **NORTE SHOPPING** TEL: 707 246362

Gomorra Toni Servillo, Gianfelice Imparato Mamma Mia! Meryl Streep, Colin Firth Burn After Reading George Clooney, Brad Pitt Tropic Thunder Ben Stiller, Robert Downey Jr

WALL•E Animation PV Step Brothers Will Ferrell, John C. Reilly Bienvenue Chez Les Ch'tis Kad Merad, Dany Boon Journey to the Center of the Earth

Brendan Fraser, Josh Hutcherson

### USOMUNDO **GAIA SHOPPING** TEL: 707 246362

Kung Fu Panda Animation PV Meet Dave Eddie Murphy, Gabrielle Union Babylon A.D. Vin Diesel, Michele Yeoh Journey to the Center of the Earth Brendan Fraser, Josh Hutcherson Mamma Mia! Meryl Streep, Colin Firth

Tropic Thunder Ben Stiller, Robert Downey Jr Superhero Movie Drake Bell Sara Paxton WALL•E - Animation PV & OV You Don't Mess With The Zohan

Adam Sandler, Emmanuelle Chriqui Kiefer Sutherland Paula Patton

### LUSOMUNDO PARQUE NASCENTE TEL: 707 246362

You Don't Mess With The Zohan Adam Sandler, Emmanuelle Chriqui Tropic Thunder Ben Stiller, Robert Downey Jr Mamma Mia! Meryl Streep, Colin Firth Burn After Reading George Clooney, Brad Pitt

Journey to the Center of the Earth Brendan Fraser, Josh Hutcherson Babylon A.D. Vin Diesel, Michele Yeoh Step Brothers Will Ferrell, John C. Reilly Superhero Movie

Drake Bell, Sara Paxton Meet Dave Eddie Murphy Gabrielle Union Kung Fu Panda

Animation PV Hellboy II: The Golden Army

Ron Perlman, Selma Blair WALL•E Animation PV

Harold & Kumar: Escape from Guantanamo Bav John Cho, Kal Penr Star Wars: The Clone Wars

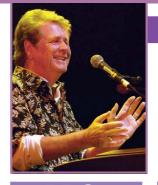
The X-Files: I Want to Believe David Duchovny, Gillian Anderson

6.00 Breakfast. (T) 10.00 Saturday Kitchen. (T) 11.30 What to Eat Now. (R) (T) 12.00 BBC News; Weather. (T) 12.10 Football Focus. (T) 1.00 Live Athletics. The Great North Miles. (T) 2.10 Live Rugby Union, Glouces ter v London Wasps (Kick-off 2.30pm). (T) 4.30 Final Score. (T)

- BBC News; Regional News; Weather. (T) Hole in the Wall. With Phil Tufnell, Nell McAndrew
- Iwan Thomas and Josie D'Arby. (T) Merlin. A witch poisons Camelot's water supply
- Strictly Come Dancing. The men battle it out to stay in the competition. The results show is tomorrow at 8.10pm. (T)
- The National Lottery: Who Dares Wins. Game show in which two pairs of complete strangers team up, each battling to outdo the other by listing as much as they know about a given subject. The first couple to win two rounds gets to play for #50,000 and each time the champion defeat a new set of opponents they can corr pete for more money. Nick Knowles presents Jenni Falconer has the all-important Lotto. Dream Number and Thunderball draws. (T
- Casualty. Dixie faces her first day back at wo after the accident, and it's clear to everyone el she is not coping well, while Zoe reacts badly to the results of her fertility tests. (T BBC News; Weather; (T) National Lottery Up-
- 10.00 Little Britain USA. Matt Lucas and David Walliams take their sketch show stateside for this series featuring a few old characters, transplanted to America, as well as a host of new creations. They include Bing Gordyn, the eighth astronaut to fly to the moon, muscle-bound gym buddies Mark and Tom, indiscreet grandmother Mildred, and little girl Ellie-Grace. Guest starring Rosie O'Donnell, Harry Lennix and Ann Cusack. (R)
- 10.30 Match of the Day, Highlights of this afternoon's matches in the Premier League, including Blackburn Rovers v Manchester United at Ewood Park and Sunderland v Arsenal at the Stadium of Light, Rovers boss Paul Ince will get to test his managerial mettle against one of his former mentors in Alex Ferguson here, but he and his team are firmly expected to come off second best. Another ex-United favourite. Box Keane, will also be hoping to inspire his team to a momentous win, though it is eight years since the Black Cats last beat the Gunners on Wearside. (T)
- 11.30 FILM: Undisputed (2002). Boxing drama, star ring Ving Rhames. (T)

12.55 Friday Night with Jonathan Boss: (B) (T

Weatherview. (T) 2.00 BBC News. (T) 5.45 Live MotoGP. The Australian Grand Prix. (T)



6.00 CBeebies: Tikkabilla, (R) (T) 6.30 6.00 CBeenlies: Tirkabilia. (R) (1) 6.30 Teletubbies; (R) (T) Tweenles Songtime. (R) (T) 7.00 CBBC: Roar. (R) (T) 8.00 The Secret Show; (R) (T) The Owl. (R) (T) 8.30 Gimme a Break. (T) 9.00 TMi. (T) 10.30 Hot Rods; (T) Prank Patrol Pocketsize. (R) (T) 11.00 The Story of Tracy Beaker. (R) (T) 11.30 Eliot Kid. (R) (T) 11.45 Sportsround. (T) 12.00 BBC Switch: Sound. (T) 12.30 BBC Switch: Scene Switch: Sound. (1) 12:30 BBC Switch: Scene Stealers. (7) 1.00 BBC Switch: Greek. (7) 1.45 BBC Switch: Revealed. (7) 2.00 Racing from Kempton Park and Longchamp. Live coverage from the two courses. (7) 3.45 Secret Fawns of Yellowstone. (R) (7) 3.55 Coast. (8) CASE Towns of Yellowstone. (R) (7) 3.55 Coast. (8) CASE Towns of Yellowstone. (7) (7) 4.55 Towns of Yellowstone. (T) 4.55 Tess of the D'Urbervilles. (R) (T) 5.55 Dad's Army. (R) (T) 6.25 FILM: Return from the River Kwai (1988), Seguel to the classic World War Two drama, about a US pilot shot World War I wo drama, about a US pilot shot down over Japanese-occupied Thailand, who joins forces with guerrillas. With Edward Fox and Chris Penn. (1) 8.00 Timewatch: Britain's Forgotten Floods. Investigating evidence for past tsunamis in Britain. (1) 9.00 Have I Got Old News for You. Michael Aspel hosts the satirical news quiz, with guest panellists Sara Cox and Reginald D Hunter joining Paul Merton and Ian Hislop. (R) (T) 9.30 Never Mind the Buzzcocks. Host Simon Amstell is joined by Buzzoocks. Host Simon Amstell is joined by regular Phill Jupitus and guest captain Mark Ronson, along with Adele, Ralf Little and Tim Minchin. (R) (T) 10.00 Live atthe Apollo. Jimmy Carrhosts, with guest comedian Alan Carr. (R) (T) 10.50 Beautiful People. (R) (T) 11.20 FILM: Romance and Cigarettes (2005). Premiere Musical drama, starring James Gandolfini, (T. 1.00 The Mitchell and Webb Situation, (T) 1.25 The Mitchell and Webb Situation. (T) 1.45 FILM: Snakes & Ladders (1996). Comedy Starring Pom Boyd. (T) 3.20 FILM: A Luck Day (2002). Premiere. Drama, starring Valentina Bassi. 4.50 Close.

## Pick of the Day

HAPPY 10TH ANNIVERSARY DAVE - LOVE SHERRY

Live from Abbey Road (C4, 12.10pm)
If one band have always been synonymous with the spirit of feel-good summer days, it's the Beach Boys. Okay, so we didn't have much of a summer this year, but even in these dark autumn days, just playing one of their tracks can put a little sunshine in your day. Brian Douglas Wilson was 19 when he and his younger brothers Dennis and Carl got together in their family's living room, alongside cousin Mike Love and friend Al Jardine, to rehearse a tune that Brian and Mike had penned for a demo recording session. Brian's folks were or tune that Brian and Mike had penned for a demo recording session. Brian's folks were on holiday and had left him \$250 for food. He used that mone to rent the best musical equipment he could, taught Carl and Dennis how to sing harmonies and the Beach Boys were born. Although Brian hated the water, Dennis's enthusiasm paved the way for Surfin'. It revelled in southern California's craze of the moment and went down a storm when it was released as a single. Capitol Records snapped them up and the music giants were soon hungry for more. Wilson didn't disappoint, penning a string of classics such as their top 10 his Surfin' USA, California Girls, Fun, Fun, Fun, I Get Around and Help Me Rhonda. In this show, there's a chance to see Brian in action, along with folk singer/songwriter Martha Wainwright and homeogroup rocker. Tedful Thompson. homegrown rocker Teddy Thompson

5.55 Inuk. (R) (T) 6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Goalis (R) (T) 8.00 The Morning Line. (T) 8.50 T4 Friends. (R) (T) 9.25 T4: Everybody Loves
Lil Chris. (T) 9.55 T4: Friends. (R) (T) 10.25
T4: 4Music Presents: Will Young. (R) (T) 11.00 T4: Friends. (R) (T) 11.30 T4: The Hills. (T) 12.00 T4: Reaper. (R) (T) 1.00 T4: Scrubs. (T) 1.30 T4: Scrubs. (T) 2.00 Channel 4 Racing from Newmarket and Redcar Including the 3.55 totesport.com Cambridgeshire (H'cap) (1m 1f). (T) 4.10 The TV Show. (T) 4.40 A Place in the Sun. (R) (T) 5.15 FILM: Mrs Doubtfire (1993), Comdrama, with Robin Williams. (T) 7.30 nnel 4 News. (T) 8.00 The Real Knights of the Round Table: A Time Team Special Tony Robinson examines the enigmatic Round Table building constructed by Edward III, which survives only as foundations beneath the Queen's private lawn at Windsor Castle. He discovers a trail leading back to medieval chivalry, a Majorcan castle and the royal accounts at Kew. (R) (T) 9.00 FILM: The Core (2003). A team o scientists embark on a risky mission when the Earth's core stops spinning, bringing chaos to the planet. Sci-fi thriller, starring Aaron Eckhart and Hilary Swank. (T) 11.35 Additional Partial Partial Swalls. (1) 11.39

8 Out of 10 Cats. (R) (T) 12.10 Music:
Live from Abbey Road. (T) 1.15 Coming Up: Emo. Comedy about a man who takes an unexpected career path. (R) (T) 1.45 FILM: The Money Pit (1986). Comedy, starring Tom Hanks and Shelley Long. (T) 3.20 FILM: Wondrous Oblivion (2003) Comedy drama, with Sam Smith and Delroy Lindo. (T) 5.10 Countdown. (R) (T)

6.00 Sunrise. 7.00 Milkshake!: Harry and His Bucket Full of Dinosaurs. (T) 7.10 Mist Sheepdog Tales. (R) (T) 7.25 Milkshake Music Box. (R) (T) 7.35 Hana's Helpline. (R) (T) 7.50 The Adventures of Bottle Top Bil and His Best Friend Corky, (R) (T) 8,05 Little Princess. (R) (T) 8.20 The Funky Valley Show. (R) (T) 8.35 The Beeps. (T) 8.50 Fireman Sam. (R) (T) 9.05 Rupert Bear. (R) (T) 9.20 Animal Families. (R) (T) 9.30 Roary the Racing Car. (R) (T) 9.45 Bert and Ernie's Great Adventures. (R) (T) 10.00 Fifth Gear. (R) (T) 11.00 Axe Men. (R) (T) 12.00 Axe Men. (R) (T) 1.00 Zoo Days. (R) (T) 1.20 FILM: White Fang II: The Myth of the White Wolf (1994). Adventure sequel, star-ring Scott Bairstow. (T) 3.25 FILM: Mystery Woman: Snapshot (2005). Whodunit, star ring Kellie Martin. (T) 5.10 FILM: Silverado (1985). Western, starring Kevin Costner. (T) 7.30 Five News and Sport. (T) 7.45 NCIS. A nuclear power plant inspe fers radiation poisoning and the team investigate the possibility that a foreign power eliberately targeted him. (R) (T) 8.40 NCIS An explosion at a mausoleum leads to a multiple murder investigation. (R) (T) 9.40 CSI: Crime Scene Investigation. The murder of a respected socialite is linked to illegal dog fighting, and Warrick's struggles to prove he did not kill stripper Joanna distance him from the team. (R) (T) 10.40 Law & Order: Criminal Intent. (R) (T) 11.40 Women Who Kill. (R) (T) 12.10 Quiz Call. 4.25 The Red Devil Squid: Great Ocean Adventures, (R) (T) 5.10 House Doctor, (R) (T) 5.35 House Doctor. (R) (T)

5.30 ITV Morning News. (T) 6.00 GMTV. 10.15 CITV: Emu. (T) 10.30 My Parents Are Aliens. (R) (T) 11.00 Drake & Josh. (R) (T) 11.30 Bernard's Watch. (R) (T) 11.345 Planet Sketch. (R) (T) 11.50 Crocodile Hunter Diaries. (R) (T) 12.20 ITV News and Weather. (T) 12.25 London Today; Weather. (T) 12.30 Coronation Street. (T) 2.45 The X Factor. (R) (T) 3.45 FILM: The es in Viva Rock Vegas (2000), Family comedy prequel, starring Mark Addy. (T)

- London Tonight; Weather. (T)
  ITV News and Weather. (T)
  Totally You've Been Framed! New series. The
  funniest clips and wittest one-liners from narrator Harry Hill. Including the granny who gets
  thrown from a donkey and the child who eats his
  hithday cardles. (T) birthday candles. (T) All Star Family Fortunes. Former England rugby
- player Will Greenwood takes on ex-Blue mem-ber Duncan James, with both hoping to win #30,000 for their chosen charities. Hosted by
- #30,000 for their chosen charities. Hosted by Vernon Kay. (T)

  The X Factor. Dermot O'Leary presents the first of two programmes in which the judges invite the remaining 24 acts to their homes in Barbados, Cannes, St Tropez and Ireland to make their field celebring. Their cook is included. final selections. They're each joined by a celeb rity expert - for Cheryl has called on Girls Aloud bandmate Kimberley Walsh, for Simon it's Sinitta, Dannii is assisted by Emma Bunton and Louis has Westlife's Shane Filan. These are the eight has Westilfe's Shane Filan. These are the eight the remaining hopefuls need to impress if they're to make it through to next week's live studio rounds. Continues tomorrow 6.10pm. (T) Midsomer Murders. While investigating the shooting of a council clerk, Barnaby and Jones
- discover the victim was an expert blackmailer. A phone number on the dead man's blotter sends the duo to the seaside in search of his latest targets - whose boat trip could conceal a motive for the killing. Meanwhile, Joyce is con-vinced a local farmer knows more than he is telling. John Nettles and Jason Hughes star. (R)
- ITV News and Weather; Weather. (T)
  TV's Naughtiest Blunders. Neil Morrissey nar-
- rates more outrageous out-takes. Embarrassing themselves on the small screen are prenters Ant and Dec. Phillip Schofield and Fern Britton, and actor John Barrowman. Plus, TV

Britton, and actor John Barrowman. Plus, TV chef Jamie Oliver demonstrates how it shouldn't be done and Olympic rower James Cracknell makes a blunder. (T) 12.15 Bingo Night Live. 1.15 Nightwatch with Steve Scott: Mystery; (R) (T) ITV News Headlines. 2.10 FILM: Cradle 2 the Grave (2003). Action thriller, starring Jet Li. (T) 3.55 ITV Nightscreen.

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## OCAL

0630 Espaco Infantil 0645 Brinca Comigo 0800 Bom Dia Portugal 1100 Sentido do Gosto 1130 Desafio 1100 Sentido do Gosto 1130 Desaño Verde 1230 Contra 1300 News 1415 Top + 1545 Series 1630 Futsal World Championship: Italy vs Portugal 1800 O Preço Certo 1900 Vila Faia 2000 News 2100 A Voz do Cidadão 2115 Saudades da Fábrica 2315 Aigha born que aparecesta 2215 Ainda bem que apareceste 2330 TBA 0230 Que bem que se está no campo, film 0430 Top + 0545 Hora da Sorte

### RTP2

0700 Euronews 0730 África 7 Dias 0800 News 0830 Km Zero 0900 Open University 1015 Biosfera 1100 Bastidores 1130 Recantos 1200 Histórias da Vida da Terra 1230 Percursos da Música Portuguesa 1300 Bonhoeffer 1400 Parlamento 1500 Sports 1900 Entre Pratos 1930 Km Zero 2000 Kaboom 2100 Diga Lá Excelência 2145 A Hora da Sorte 2200 News 2240 Made of Honor, film 0030 Os Inúteis, film 0230 Sports 0630 Euronews

0555 Etnias 0635 Sic Kids 0825 Disney Kids 0955 Power Rangers DISRIP YIGG USDS FOWER HANGERS 1030 Programa da Lucy 1150 1200 Our World: Life of Mammals 1300 News 1400 Special Episode 1500 Film TBA 1730 Film TBA 2000 News 2130 Os Malucos do Riso 2300 A Favorita 0030 CSI New York 0130 Jericho 0230 Todos em Linha 0400 À Conquista do Oeste, film **TVI** 

TVI
0700 Children TV 0800 Winx Club
0830 Transformers 0900 Jackie
Chan 0930 Smackdown Wrestling
1030 Detective Meas offices 1115
Delux 1215 Antwisse, 1290 News
1400 Bionit Wegnah 500 Bionit
Woman Speak 1600 Cheetah Girl,
film 18 Bruce Almighty 2000 News
2130 Feltigo de Amor 2230 A Outra
2330 Fascinics 0030 Nascidos das ascínios 0030 Nasci as, film 0230 Sempre Sombras, film 0230 Sempre a Soma 0430 H20, Series 0530 Telesales

## Best of the Rest

7.00 Football Gaffes Galore 7.15 Mind, Body & Kick Ass Moves 7.45 Mind, Body & Kick Ass Moves 8.15 The World's Strictest Parents 9.15 The Most Annoying Pop Moments We Hate to Love 11 45 Two Pints - We Hate to Love 11.45 I wo Pints of Lager and a Packet of Crisps 12.15 Two Pints of Lager and a Packet of Crisps 12.45 Coming of

Age 1.15 Massive 1.45 The Wrong Door 2.15 The World's Strictes Parents 3.10 Two Pints of Lager and a Packet of Crisps 3.40 Two Pints of Lager and a Packet of Crisps 4.10 Coming of Age 4.40 Massive 5.10 Football Gaffes Galore 5 25 Clos

### BBC4

BBC3

7.00 Lark Rise to Candleford 8.00 Lark Rise to Candleford 9.00 Film Von Ryan's Express PG (1965) 10.55 Film: The Narrow Margin PG (1952) 12.05 The Art of Arts TV 1.05 The Art of Arts TV 2.05 The Art of Arts TV 3.05 Arena at 30 4.05

### ITV2

1.15 ITV at the Movies 1.45 The Xtra Factor 2.45 Holiday Airport Orlando 3.45 The Xtra Factor 4.45 The Eashion Show 5.45 CelebAir 6.45 Supersize Kids: Britain's Tallest Teens 7.45 New Homes from Hell 8.45 Planet's Funniest Animals 9.15 The Xtra Factor 10.15 Jack Oshourne: Celebrity Adrenaline Junkie 11.15 Digital Music Awards 2008 12.15 Katy Brand's Big Ass Show 12.45 The X Factor 2.15 The Xtra Factor 3.05 Entourage 3.30 The Fashion Show 4.20 Smallville 5.10 Celebrities Exposed

1.00 Cold Case 2.00 Don't Forget the Lyrics US 3.00 Hairspray: The Story So Far 4.00 American Gladiators 5.00 The Simpsons 5.30

The Simpsons 6.00 Celebrity Are You Smarter Than a 10 Year Old? 7.00 When Sharks Attack 8.00 Uk Border Force 9.00 Road Wars 10.00 Night Cops 11.00 Street Wars 12.00 Prison Break 1.00 Ricky Hatton: The Fightback 1.55 Road Wars 2.20 The Villa 3.15 Mile High 4.10 Miami Uncovered 5.05 Bite Size Brainiac 5.10 Guilty!

### **UKTV** Gold

3.00 Open All Hours 3.40 One Foot in the Grave 4 201 ast of the Summe Wine 5.00 My Family 5.40 Sorry! 6.20 Some Mothers Do 'Ave 'Em 7.00 The Two Ronnies 7.40 Open All Hours 8.20 One Foot in the Grave 9.00 The Royle Family: The Queen of Sheba 10.15 The Royle Family 10.55 The Royle Family 11.35 The Royle Family 12.15 The Royle Family 12.55 Holby City 2.05 Holby City 3.00 Baywatch 3.45 Baywatch 4.30 watch 5.15 Baywatch

1.00 Meet Me in Las Vegas U 1.00 Meet Me In Las Vegas U (1956) 3.00 Knights of the Round Table U (1953) 5.05 Merry Andrew U (1958) 7.00 The Big Sleep PG (1946) 9.00 North by Northwest PG (1959) 11.25 Brewster McCloud 15 (1970) 1.20 Brotherly Love 15 (1969) 3.15 Colorado Territory PG (1949) 5.00 A Yank at Oxford U (1938)

### The Disney Channel

Kids' programmes from 7am, except: 4.00 Film: Bridge to Terabithia PG (2006) Fantasy drama, starring Josh Hutcherson.

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## **MOVIES**

## 6.00 Falsely Accused PG (1993)

7.45 Victim of Love PG (1993) 9.30 Casino Royale 12 (2006) 12.05 Columbo: Murder, Smoke and Shadows PG (1989) With Peter Falk. 1.55 American Gangster Special 2.15 The Cotton Club 15 (1984) With Richard Gere. 4.30 Notes on a Scandal 15 (2006) With Judi Dench. 6.15 Cruel Intentions 15 (1999) With Sarah Michelle Gellar. 8.00 Meet Joe Black 12 (1998) With Brad Pitt, 11,00 Casino Royale 12 (2006) With Daniel Crain .30 City of Angels PG (1998) Witl Nicolas Cage. 3.30 The Top 10 Show 3.45 Nurses on the Line: The Crash of Flight 7 PG (1993) 5.30

6.10 Detroit Rock City 15 (1999) 7.50 Open Season PG (2006) 9.20 Sister Act PG (1992) 11.05 Click 12 (2006) With Adam Sandler. 1.00 Knocked Up 15 (2007) With Seth Rogen. 3.15 Antz PG (1998) With Woody Allen.

Martin Lawrence, 6.15 Sister Act PG (1992) With Whoopi Goldberg. 8.00 Click 12 (2006) With Adam Sandler. 10.00 Knocked Up 15 (2007) With Seth Rogen. 12.10 I'm Gonna Git You Sucka 15 (1988) With Keenen Ivory Wayans. 1.45 Detroit Rock City 15 (1999) With Giuseppe Andrews. 3.25 Chubby Goes Down Under 18 (1998) 4.55 Antz PG (1998)

4.45 Open Season PG (2006) With

## 6.10 Ransom PG (1975) 8.00 Top

Gun 12 (1986) 10.05 Johnny Handsome 15 (1989) 11.50 Daylight 12 (1996) With Sylvester Stallone 1.55 Pirates of the Caribbean: Dead Man's Chest 12 (2006) With Johnny Depp. 4.30 Rob Roy 15 (1995) With Liam Neeson. 7.00 Top Gun 12 (1986) With Tom Cruise. 9.00 Daylight 12 (1996) With Svlvester Stallone. 11.00 Pirates of the Caribbean: Dead Man's Chest 12 (2006) With Johnny Depp. 1.35 Midnight Run 18 (1988) With Robert De Niro. 3.45 Playing God 18 (1997) 5.25 Ransom PG (1975)

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## 6.00 FIFA Futbol Mundial 6.30 Big

League Weekend 1 7.30 Off The Bar 8.00 Champions League League Weekend 1 7.30 Off The Bar 8.00 Champions League Weekly 8.30 Premier League Preview 9.00 Soccer AM 12.00 Soccer Saturday12.30 Live Football League. Birmingham City v Queens Park Rangers (Kick-off 12.45pm). 3.00 Soccer Saturday 5.30 Live Super League Grand Final. St Helens v Leeds Rhinos (Kick-off 6.00pm), 8.25 Football First 10.15 Football First 11 45 Football First 1.15 Spanish Football First 1.15 Spanish Football 2.45 A1 Grand Prix 4.15 Spanish Football 5.45 Sky Sports Classics

6.00 Campionato Italiano Superstars 6.30 Tight Lines 7.30 Live Rugby 6.30 Tight Lines 7.30 Live Hugby Union. Otago v Wellington (Kick-off 7.35am). 9.30 World Sport 10.00 MaxPower 11.00 Friday Fight Night 1.00 NFL: Total Access 2.00 World Sport 2.30 Live A1 Grand Prix. The Zandvoort Grand Prix qualifying session. 4.00 Max Power 5.00 Sky Sports Classics 5.15 Live Saturday Night Football. Coventry City v Southampton (Kick-off 5.20pm). 7.30 You're on Sky Sports! 8.30 WWE No Mercy: Preview 9.00 Live Spanish Football. Barcelona v Atletico Madrid (Kick-off 9.00pm). 11.00 Super League Grand Final 1.00 Golf Night 3.00 Golf Night 5.00

### Sky Sports 3

6.00 Victory Shield Football 8.00 NFL: America's Game 9.00 WWE Wrestling Special 10.00 WWE: Smackdown 12.00 WWE: Bottom Line 1.00 WWE No Mercy: Preview 1.30 Live European Tour Golf. The Alfred Dunhill Links Championship. 5.30 Live Golf Night, The Samsung

World Championship. 7.30 Golf Night 9.30 WWE No Mercy: Preview 10.00 Extreme Championship 10.00 Extreme Championsing Wrestling 11.00 WWE: Late Night -Smackdown 1.00 WWE: Late Night - Bottom Line 2.00 WWE No Mercy: Preview 2.30 NFL: Total Access 3.30 Super League Grand Final 5.30 WWE No Mercy: Preview

6.00 Live MotoGP. The Australian Grand Prix 250cc qualifying session. 7.00 MotoGP 7.30 World session. 7.00 MotoGP 7.30 World Rally Championship 8.00 Eurogoals 8.30 Snooker 11.15 Live Motor Racing. The International Formula Master event. 12.00 Ski Jumping 1.00 Live WTA Tennis. The Porsche Tennis Grand Prix semi-finals. 4.30 MotoGP 6.15 World Superbikes 6.45 Snooker 9.30 World Superbikes 10.00 World 9.30 World Superbikes 10.00 World Rally Championship 10.30 MotoGP 12.45 Live MotoGP. Build-up to the Australian Grand Prix. 1.15 Close 2.45 Live MotoGP. The Australian Grand Prix 125cc race. 4.00 Live MatcGP. The Australia MotoGP. The Australian Grand Prix 250cc race.

### Sky Sports Xtra

6.00 Race World 7.00 Golf Night 9.30 Golf Night 11.30 Racing News 12.00 Rugby Union 2.00 Live Ten Pin Bowling. The second day of the Weber Cup. 5.00 WWE: Smackdown 7.00 Live Ten Pin Bowling. The second day of the Weber Cup. 10.00 A1 Grand Prix 11.30 NFL: Total Access 12.30 Max Power 1.30 Rugby Union 3.30 Rugby Union 5.30 X-

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## **SUN**

7.00 Match of the Day. (T) 8.05 Breakfast. (T) 8.30 The Andrew Marr Show. (T) 9.30 Great North Run. The famous half-marathon; (T) Weather for the Week Ahead. (T) 1.30 The Politics Show. (T) 2.30 EastEnders. (T) 4.25 Merlin. (R) (T)

- Songs of Praise. The Junior School Choir of the Year prepare a special song for Children in Need, while their senior counterparts take up residence in Salisbury Cathedral. (T) BBC News; Regional News; Weather. (T)
- Big Cat Live. Kate Silverton and Simon King present a new week-long series of broadcasts from Kenya's Masai Mara game reserve, fol lowing the lives of the region's big cats and other wildlife. (T)
- Antiques Roadshow, Unscreened finds from recent visits to Althorp and Ascot. Items include rare documents related to the rescue of the Russian royal family by a British battleship during the revolution, modern paintings found in a skip, and an early English tapestry of unex pected value. (T)
- Strictly Come Dancing. Following last night's performances by the seven male celebrities, the two couples who received the lowest scores take to the dancefloor once again. Judges Len Goodman, Arlene Phillips, Craig Revel Horwood and Bruno Tonioli will then decide who to elimi and Britio Tolliam Will their decide with to eliminate from the contest. Bruce Forsyth and Tess Daly present. (T)
  Tess of the D'Urbervilles. The death of Tess's
- father sees her family forced out of their house. and she again finds herself at the mercy of Alec, who offers the Durbeyfields a home and sup-port. Angel returns from abroad and tracks down his wife, but his visit drives Tess to despair, and she lashes out at her benefactor Alec before spending one last night with Ange Last in series, starring Gemma Arterton. (T) 10.00 BBC News: Weather, (T)
- 10.20 The Story of the Guitar. New series. Alan Yentob explores the culture surrounding the instrument, and hears the personal stories of notable players, including John Williams, Paco Pena, Pete Townshend and Bert Weedon, Beginning by investigating its origins, he uses Hittite carvings dating from 3400BC as a starting-point, and traces the story through to the fuzz boxes, effects pedals and signal proces-
- sors of the 21st century. (T)
  11.20 FILM: Kate & Leopold (2001). Romantic com edv. starring Hugh Jackman and Meg Ryan, (T) edy, staming ribgin sext and an energing at ...

  1.10 The Sky at Night; (T) Weatherview. (T) 1.35 Sign Zone: Amazon with Bruce Parry. (R) (T) 2.35 Sign Zone: Holby City. (R) (T) 3.35 Sign Zone: The Dark Side of Fame with Piers Morgan. (R) (T) 4.20 Sign Zone: The Planners Are Coming. (R) (T) 4.50 BBC



6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies; (R) (T) Tweenies Songtime (R) (T) 7.00 CBBC; Roar, (R) (T) 8.00 Mona Vampire; (R) (T) The Owl. (R) (T) 8.15 at's New Scooby-Doo? (R) (T) 8.35 Stupid. (R) (T) 9.00 Escape from Scorpion Island. (T) 10.00 Something for the Week-end. (T) 11.30 Film 2008 with Jonathan Ross. (R) (T) 12.00 Rugby League. (T) 1.00 Racing from Longchamp. Live cove age of the 3.40 Prix de l'Arc de Triomphe (1m 4f). (T) 4.00 MotoGP. (T) 5.00 Great North Run Highlights. (T) 5.45 Points of View. (T) 6.00 Dragons' Den. (R) (T) 7.00 Top Gear. The presenters and The Stig enter a 24-hour endurance race at Silverstone, which proves to be one of their toughest challenges to date, and the Ascari A10 takes to the test track. (R) (T) 8.00 Charley Boorman: Ireland to Sydney by Any Means, A peaceful excursion through Vietnam comes to an abrupt end. (T) 9.00 James May's Big Ideas. The latest developments in humanoid robots. (T) 10.00 Match of the Day 2. Adrian Chiles intro duces highlights of today's Premier League fixtures, including Chelsea v Aston Villa at Stamford Bridge and Manchester City v Liverpool at the City of Manchester Sta-dium. (T) 11.10 The Graham Norton Show. (R) (T) 11.55 Heroes. (R) (T) 12.40 The Mitchell and Webb Situation. (T) 1.05 The Mitchell and Webb Situation, (T) 1.30 FILM The Sorcerers (1967). Horror, starring Boris Karloff. (T) (bw) 2.55 FILM: Scarlet Street (1945). Thriller, starring Edward G Robinson. (T) (bw) 4.35 The Super League

Sky1
1.00 Futurama 1.30 Futurama 2.00

Bones 3.00 Cold Case 4.00 Malcolm in the Middle 4.30 Futurama 5.00 Futurama 5.30 The Simpsons 6.00 The Simpsons 6.30 The Simpsons

7.00 Hairspray - The School Musical

8.00 The Simpsons 8.30 The

Simpsons 9.00 Fringe 10.45 Bones 11.45 Cold Case 12.45 Ricky Hatton: The Fightback 1.45 The Villa 2.45 Miami Uncovered 3.35 Road Wars 4.30 Road Wars 4.55

3.00 One Foot in the Grave 3.40 Open All Hours 4.20 Some Mothers Do 'Ave 'Em 5.00 Sorry! 5.40 My Family 6.20 The Two Ronnies 7.00

Last of the Summer Wine 7.40 One Foot in the Grave 8.20 Open All

Hours 9 00 Jonathan Creek 10 05

11.45 Film: Close Encounters of the Third Kind PG (1977) 2.20 Catherine

Cookson's The Wingless Bird 4.50

1.00 That Forsyte Woman U (1949) 3.00 Singin' in the Rain U (1952) 4.55 The Sandpiper PG (1965) 7.00

The Postman Always Rings Twice

PG (1946) 9.00 Shaft 15 (1971) 10.50 Shoot the Moon 15 (1982)

1.05 The Appointment 12 (1969) 3.05 They Drive by Night PG (1940) 5.00 Adam's Rib U (1949) The Disney Channel

Kids' programmes from 7am

except: 4.00 Film: Halloweentown

U (1998) Spooky adventure. Debbie Reynolds stars.

Baywatch 5.35 Neighbours

than Creek 11.10 Little Brita

Bite Size Brainiac 5.10 Guilty!

UKTV Gold

## Pick of the Dav

The Portugal News TV Guide • 4 Oct 2008 • 46

The Secret Policeman's Ball 2008 (C4, 9pm)
Comedy gigs are nothing new, nor are charity concerts, but if you want to find the granddaddy of them all, look no further than this event, aimed at raising the profile of and money for Amnesty International. It's been almost 30 years since the curtain was raised on the first show to be given the famous moniker (although it was preceded by The Mermaid Frolics and A Poke in the Eye). That one was directed by John Cleese, and in 2006, Eddie Izzard co-ordinated the Ball in the Hall, while this year's event will be directed by producer Suzi Aplin and broadcast on Channel 4. Andy Auerbach, commissioning editor of the channel, said: "This year there's an unbelievable line-up of comic talent and it's a fantastic honour for Channel 4 to be involved in such a prestigious comedy event." As usual, the great and good of the comedy world, including Eddie Izzard, Chevy Chase, Russell Brand, Al Murray, the Mighty Boosh, Graham Norton and Dylan Moran will gather at London's Royal Albert Hall. As well as tickling our ribs, they aim to prick our consciences too. Let's hope they achieve

5.55 Making It. (R) 6.00 The Hoobs. (R) (T) 6.25 The Hoobs. (R) (T) 6.50 Transworld Sport. (T) 7.45 British Superbike Championship. (T) 8.40 Freesports on 4. (T) 9.05 T4: Hollyoaks. (T) 11.35 T4: Frock Me. (T) 12.25 T4: Friends. (R) (T) 12.55 T4: Ugly Betty. (R) (T) 1.55 T4: Ugly Betty. (R) (T) 2.55 T4 When Women Rule the World. (R) (T) 4.00 T4: The Simpsons. (R) (T) 4.30 T4: The Simpsons. (R) (T) 5.00 Deal or No Deal. (T) 5.45 Bear Grylls: Born Survivor (T) 6.45 Channel 4 News. (T) 7.00 Out back Art: The Gold Rush. Ekow Eshun director of the Institute of Contemporary Arts, explores issues surrounding the acquisition of Aboriginal art and why interest in it has increased in recent years. (T) 8.00 Wife Swap. Pampered Ohio salor owner Angie Hamilton trades places with Anita Lowe, a busy mother of two who runs a bottling business in Pennsylvania and has little time for fashion. (T) 9.00 The Secret Policeman's Ball 2008 dy charity event held in aid of Am nesty International, featuring an all-sta line-up that includes David Mitchell and Robert Webb, Graham Norton, Frank Skinner and Alan Carr. (T) 10.35 FILM Secretary (2002). Controversial comedy drama, starring Maggie Gyllenhaal. (T) 12.45 Back to You. (T) 1.15 FILM: Life in a Metro (2007). Premiere. Romantic drama, starring Shilpa Shetty. 3.35 Dispatches: Cameron's Money Men. (R) (T)

6.00 Milkshake!: Tickle, Patch and Friends. (R) (T) 6.05 Bird Bath. (R) (T) 6.10 Softies. (R) (T) 6.15 Look! (R) (T) 6.20 Aussie Antics. (R) (T) 6.25 Angels of Jarm. (T) 6.30 Elmo's World. (R) 6.25 Angels or Jamr. (1) 6:30 Elmo s World. (H) (T) 6.50 Harry and HIS Bucket Full of Dino-saurs. (T) 7.00 Mist: Sheepdog Tales. (R) (T) 7.10 Milkshakel Music Box. (R) (T) 7.25 Hanats Helpline. (R) (T) 7.35 Robatr and Custard Too. (R) (T) 7.40 The Adventures of Bottle Top Bill and His Best Friend Corky. (R) (T) 7.55 Little Billation His Best-Triend Corky, (H) (1) 7.55 Little
Princess. (R) (T) 8.10 The Funky Valley Show.
(R) (T) 8.20 Ebb and Flo. (R) (T) 8.25 The
Beeps. (T) 8.40 Fireman Sam. (R) (T) 8.55
Rupert Bear. (R) (T) 9.10 Animal Families. (R)
(T) 9.25 George Shrinks. (R) (T) 10.00 I Own
Britain's Best Home and Garden. (R) (T) 11.00 Britain's Best Home and Garden. (H) (1) 1.0.0 Glant Python of the Everglades: Austin Stevens Adventures. (R) (T) 12.00 Megastructures: 747 Demolition. (R) (T) 1.00 Top Trumps: Fire Engines. (R) (T) 1.30 The Gadget Show. (T) 1.35 The Big Valley: Dark Angel. (T) 3.40 FILM: The Black Hole (1979). Disney sci-fi adven-ture, starring Maximilian Schell. (T) 5.30 Five ture, starring Maximilian Scheli. (1) 5.30 F/Mc News and Sport. (7) 5.50 F/LM: Planet of the Apes (1968). Classic sci-fi adventure, starring Charthon Heston. (7) 8.00 Deadly Jungle Rat-tlesnake: Austin Stevens' Adventures. The wildlife expert travels to Mexico in search of the elusive tzabcan rattlesnake, enlisting the help of local guides and a shaman in his quest. (T) 9 00 FILM: Hart's War (2002) An American I student-turned-Gl fighting in World War Two is captured by enemy soldiers and sent to a prison camp. Intelligent drama, starring Bruce Willis and Colin Farrell. (T) 11.25 CCTV Cities (B) (T) 12.25 Urban Legends. (B) (T) 12.55 Major League Baseball. Live coverage from the play-offs. 4.20 FIM Motocross World Championship. (R) 5.10 House Doctor. (R) (T) 5.35 House Doctor. (R) (T)

5 OCT

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 10.00 CITV: Finger Tips. (T) 10.20 Finger Tips. (T) 10.40 Tricky Quickies. (R) (T) 10.45 The Championship. (T) 11.45 ITV News and Weather. (T) 11.50 London Today; Weather. (T) 11.55 FILM: Free Willy 3: The Rescue (1997). Aquatic adventure, starring Jason James Richter. (T) 1.30 The X Factor. (R) (T) 3.00 FILM: Chitty Chitty Bang Bang (1968). Children's adventure, starring Dick Van Dyke. (T)

- 5.40 London Tonight; Weather. (T)
  5.55 ITV News and Weather. (T)
  6.10 The X Factor. The judges have the difficult task of picking three contestants out of the remaining six in their categories to dete who will compete in the live finals. Dermot
- O'Leary presents. (T)
  FILM: Harry Potter and the Goblet of Fire
  (2005). Premiere. Daniel Radcliffe returns as the adolescent wizard, who must compete in a magical tournament in this fourth instalment of the fantasy saga. With Rupert Grint and Emma Watson. (T)
- 10.00 The South Bank Show, Ronnie Corbett talks to Melvyn Bragg about modern comedy and takes a film crew around his homes in Scotland and London, where he and wife Anne spend their time. Archive material along with contributions by David Frost and Michael Palin chart his career from working with Danny La Rue to his big break in Lionel Bart's flop musical Twang!, as well as pairing with Ronnie Barker on The Frost Report. (T)
- 11.00 ITV News and Weather: Weather, (T)
- 11.15 FILM: Deuce Bigalow: Male Gigolo (1999). Comedy, starring Rob Schneider. (T) 12.55 Faith in the Frame. (T) 1.20 60 Minute

Makeover; (R) (T) ITV News Headlines. 2.10 Watchectives. (R) (T) 2.35 Watching the Detec tives, (R) (T) 3.00 Have I Been Here Before? (R) (T) 3.25 Have I Been Here Before? (R) (T) 3.45 ITV

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0630 Children TV 0705 Brinca Comigo 0800 Bom Dia Portugal 1045 Comemorações da República 1200 Mass 1300 News 1415 Só Visto! 1530 Nass 1300News 141330 visit 1330 Series 1630 Proofof Life, film 1900 Vila Faia 2000 News 2100 As Escolhas de Rebelo de Sousa 2130 A Minha Geração 2330 Domingo Desportivo 0115 Best a queda de um mito, film 0315 World Rally championship 0415 Hotel Funk Hole, film 0605 Nós

### 0700 Euronews 0730 África@Global

0800 Músicas de África 0900 Caminhos 0930 70x7 1000 Nós 1100 Da Terra ao Mar 1130 Consigo 1200 Vida por Vida 1230 Olhar o Mundo 1300 Bombordo 1330 Sempre em Pé-Vídeos 1400 Terra: O Poder do Planeta 1445 A Voz do Cidadão 1500 Sports 1900 Arte & Emoção 1900 sports 1900 Arte & Emoção 1930 A Alma e a Gente 2000 Bombordo 2030 The Simpsons 2100 Ferra: O Poder do Planeta 2200 News 2330 Câmara Clara 2350 Britcom 0050 Onda Curta 0115 Km Zero 0145 Sempre em Pé – vídeos 0230 Sports 0530 Euronews

SIC
0605 Sic Kids 0810 Disney Kids
0950 Power Rangers 1020
Programa da Lucy 1150 BBC Will
Idre: Expedition Guyana 1300 News
1405 Fama Show 1500 Film TBA
1715 Film TBA 2000 News 2130
Grande Reportagem SIC 2220 Gato
Fedorento 2300 A Favorita 0000
Film TBA 0230 Todos em Linha Film TBA 0230 Todos em Linha

0700 Children's TV 0800 Winx Club 0830 Transformers 0900 Jackie Chan 0930 O Bando dos 4 1030 Hanna Montana 1115 Mass 1300 News 1400 Like Calc & Dogs, film 1600 Artune os Mingries B, film 1815 Date Movie, film 2000 News 2130 A Outra 2245 Casos da Vida 0030 O Perfume, História de um Assassino, film 0330 Sempre a Somar 0500

## Best of the Rest

7.00 Freaky Eaters 8.00 The World's Strictest Parents 9.00 Gavin & Stacey 9.30 Massive 10.00 Family Guy 10.20 Two Pints of Lager and a Packet of Crisps 10.50 Two Pints of Lager and a Packet of Crisps 11.20 Gavin & Stacey 11.50 Massive 12.20 Coming of Age 12.50 The Wrong Door 1.20 The World's Strictest Parents 2.20 Two Pints of Lager and a Packet of Crisps 2.50 Two Pints of Lager and a Packet of Crisps 3.15 Coming of Age 3.45 The Wrong Door 4.15 Freaky Eaters 5.15 Close

BBC3

7.00 Great Britons 8.00 Ian Hislop Goes Off the Rails 9.00 Dance Britannia 10.00 Brits Can't Dance

10.30 Mark Lawson Talks to John Le Carre 11.30 Spy Stories 12.30 Watching the Russians 1.30 Ian Hislon Goes Off the Bails 2 30 Brits Can't Dance 3.00 Mark Lawson Talks to John Le Carre 4.00 Close

3 00 All Star Family Fortunes 3 45 Coronation Street 6.10 The Fashion Show 7.10 The Xtra Factor 8.10 Osbourne: Celebrity Adrenaline Junkie 9.00 Katie & Peter: The Next Chapter 10.00 Secret Diary of a Call Girl 10.30 No Heroics 11.00 Celebrity Juice 11.30 Jack Osbourne: Celebrity Adrenaline Junkie 12.30 Entourage 1.00 The X

(R) - repeat programme;

Factor 1.50 The Xtra Factor 2.40 Teleshopping 5.40 ITV2

Teleshopping

(T) - programme with teletext subtitles;

(S) - programme broadcast in stereo;

(bw) - black and white.

## 6.00 Broken Bridges PG (2006)

4.30 Countdown. (R) (T) 5.15 The Great

8.00 Ruby 15 (1992) 10.00 A Decent Proposal PG (2006) 11.45 American Gangster Special 12.00 Columbo: Sex and the Married Detective 15 (1989) With Peter Falk. 1.45 35MM 2.15 The Neighbor 12 (2008) With Matthew Modine 4.00 St Elmo's Fire 15 (1985) With Rob Lowe. 6.00 Stomp the Yard 12 (2007) With Columbus Short, 8.00 Catch a Fire 12 (2006) With Derek Luke. 10.00 All the President's Men 15 (1976) With Robert Redford, 12.30 The Departed 18 (2006) With Jack Nicholson. 3.00 The Doors 18 (1991) With Val Kilmer. 5.30 day PG (2004)

### Sky Movies Comedy

7.55 RV: Runaway Vacation PG (2006) 9.40 The Top 10 Show 10.00 Stakeout 15 (1987) 12.00 Flushed Away U (2006) With Hugh Jackman. 1.30 Rush Hour 3 12 (2007) With Jackie Chan 3 05

RV: Runaway Vacation PG (2006) With Robin Williams. 4.50 Big Daddy 12 (1999) With Adam Sandler Away U (2006) With Hugh Jackman. 8.00 With Rush Hour 3 12 (2007) With Stakeout 15 (1987) With Richard Dreyfuss. 1.15 Foul Play 12 (1978) With Goldie Hawn. 3.15 Farce of the Penguins 15 (2006) 4.40 Let's

## Make Love U (1960) Sky Movies Action/hriller

7.05 The Marine 15 (2006) 8.50 American Gangster Special 9.10 Pathfinder 15 (2007) 11.05 Ocean's Thirteen PG (2007) With George Clooney, 1.15 Funeral in Berlin PG (1966) With Michae Caine. 3.10 Diplomatic Siege 15 (1999) With Tom Berenger, 5.00 he Hunter 15 (1980) With Steve McQueen. 6.50 Ocean's Thirteen PG (2007) With George Clooney 9.00 Striking Distance 15 (1993) With Bruce Willis. 10.50 8mm 18 (1999) With Nicolas Cage. 1.00 Mean Guns 18 (1997) With Christopher Lambert. 2.45 Gridlock'd 18 (1997) With Tupac Shakur. 4.30 Funeral in Berlin PG

6.00 World Sport 6.30 Football First 8.00 Football First 9.30 The Sunday Supplement 11.00 Goals on Sunday 1.00 Live Super Sunday. West Ham United v Bolton Wanderers (Kick-off 1.30pm). 3.30 Live Super Sunday. Everton v Newcastle United (Kick-off 4.00pm). 6.30 Super Sunday: The Last Word 7.00 Live Spanish Football. Valladolid v Valencia and Real Madrid v Espanyol (Kick-off 8.00pm). 10.00 Football First 11.30 Football First 1.00 Spanish Football 3.00 A1 Grand Prix 5.00 Champions League Weekly 5.30 FIFA Futbol Mundial

6.00 Watersports World 7.00 Spirit Yachting 7.30 Super League rand Final 9.30 Sailing 10.00 Spirit of Yachting 10.30 Super League Grand Final 12.30 Live European Tour Golf. The Alfred Dunhill Links Championship. 5.30 NFL: Live Wire 6.00 Live NFL. Seattle Seahawks v New York Giants (Kick-off 6.00pm). 9.00 Live NFL. Arizona Cardinals v Buffalo Bills (Kick-off 9.00pm). 12.30 NFL: Top 10 1.30 Live NFL. Jacksonville Jaguars v Pittsburgh Steelers (Kick-off 1.30am). 4.30 Close

### Sky Sports 3

6.00 Polo 7.00 Spanish Football 8.30 WWE No Mercy: Preview 9.00 WWE: Afterburn 10.00 WWE Vintage WWE: AfterDurn 10.00 WWG byints 11.30 Women's Pool 12.30 Live A1 Grand Prix. The Zandvoort Grand Prix. 3.30 WWE No Mercy: Preview 4.00 WWE Wrestling Special 5.00 WWE No Mercy: Preview 5.00 WWE Experience 6.30 WWE No Mercy: Preview 7.00 Golf Night 9.00 Live Golf Night. The Samsung World Championship. 11.00 WWE No Mercy: Preview 11.30 WWE: Late Night - Afterburn 12.30 WWE No Mercy: Preview 1.00 Golf Night 3.00 Golf Night 5.00 Close

### British Eurosi

5.15 Live MotoGP. The Australian Grand Prix MotoGP race. 7.00 MotoGP 7.30 World Rally Championship 8.00 Live World Touring Car Championship. Coverage of the warm-up session from Monza in Italy. 8.30 Snooker 11.00 Live World Touring Car Championship. The opening race of the weekend from Monza. 12.00 Live WTA Tennis. The Porsche Tennis Grand Prix final. 1.45 Ski Jumping 2.30 Live World Touring Car Championship. The second race of the weekend from Monza 3.30 Motorsports Weekend 3.45 MotoGP 5.30 World Superbikes 7.00 Snooker 9.45 Motorsports Weekend 10.00 World Rally Championship 10.30 World Superbikes 11.30 Futsal 12.30 Close

### Sky Sports Xtra

6.00 Golf Night 8.00 Golf Night 10.00 A1 Grand Prix 11.30 Racing News 12.00 WWE Wrestling Special 1.00 WWE No Mercy: Preview 1.30 Live Ten Pin Bowling. The final day of the Weber Cup. 4.30 NFL: Total Access 5.30 Sailing 6.00 Spirit of Yachting 6.30 Live Ten Pin Bowling. The final day of the Weber Cup. 7.00 Live NASCAR. The AMP Energy 500. 11.00 A1 Grand Prix 1.00 Women's ool 2.00 Polo 3.00 Spirit of Yachting 3.30 Sailing 4.00 Close

6.25 Farce of the Penguins 15 (2006

Jackie Chan. 9.35 Big Daddy 12 (1999) With Adan



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## MON

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6.00 Breakfast. (T) 9.15 Real Rescues. (T) 10.00 Put Your Money Where Your Mouth Is; (T) BBC News; Weather. (T) 11.00 Open House. (T) 11.30 Cash in the Attic; (T) BBC News; Weather. (T) 12.15 Bargain Hunt. (R) (T) 1.00 BBC News; Weather. (T) 1.30 Regional News; Weather. (T) 1.45 Doctors. (T) 2.15 Diagnosis Murder. (R) (T) 3.00 BBC News; Weather; Regional News. (T) 3.05 CBeebies: LazyTown. (R) (T) 3.30 CBBC: Bear Behaving Badly. (R) own: (H) (1) 3.30 CBBC: Bear berraving Badiy. (H) 50 Eliot Kid; (R) (T) The Owl. (R) (T) 4.05 Get 100. (T) 'he Sarah Jane Adventures. (T) 5.00 Newsround. (T)

Weakest Link. General knowledge quiz, with Anne Robinson. (T) BBC News; Weather. (T) Regional News Programmes; Weather. (T) The ONE Show. (T)

Big Cat Live. In the second of a week-long series of broadcasts from the heart of Kenya's Masai Mara game reserve, cutting-edge filming techniques and live communications are used to capture the danger and exhilaration of being out capture the danger and exhilaration of being out on the African plains. Presented by Simon King, Jackson Looseyia, Jonathan Scott and Kate Silverton: (T) BBC News; Regional News. (T) EastEnders. Dr Merritt tells Bianca that Whitney needs to see a psychiatrist, as Tony sends the youngster deeper into misery. Pat unveils a plaque dedicated to Frank, but Peggy is urged not to mark the occasion leading to wet another.

not to mark the occasion, leading to yet another argument. Dot thinks Bradley should stop spending his winnings on her, and a nervous Christian meets Lee. Danielle catches Archie and Suzy

meets Lee. Danielle catches Archie and Suzy fiirting in the Vic. (T) Panorama. Russian insiders discuss their nation's recent re-emergence as a political superpower and the subsequent tensions created with rivals to the east and west. (T) Motorway Cops: A Traffic Cops Special - Fatal Consequences. Investigators try to determine

the cause of an accident which has left an injured woman trapped in the wreckage of her car, before seeing an even more devastating car, before seeing an even more devastating motorway pile-up involving a 44-tonne lorry, which leaves three people dead. Plus, a trucker tries to get the better of PC Naim, but finds the officer is not as convinced by falsified driving records as he had hoped. (T) BBC News. (T) Regional News; Weather. (T) The Dark Side of Fame with Piers Morgan. The presenter talks to actor Mickey Bourke about

presenter talks to actor Mickey Rourke about the end of his Hollywood movie career after consistently negative headlines saw him go head to head with the studios - and lose. (T) 11.20 Inside Sport, New series, Weekly round-up, pre

sented by Gabby Logan, with interviews, feat and reaction to all the latest headlines. (T) FILM: The Mean Season (1985). Thriller, sta Kurt Russell; (T) Autumnwatch Weatherview. (T)

1.35 Sign Zone: Who Do You Think You Are? (R) (T) gn Zone: Silent Witness. (R) (T) 3.35 Sign Zon Holby City. (R) (T) 4.30 BBC News. (T)



## Pick of the Day

Unbreakable (five, 9pm)
If you have even the teensiest bit of a delicate stomach, don't watch this new series presented by explorer and adventurer Benedict Allen. It follows a group of superfit but completely ordinary people, who are thrust into the biggest challenge they will ever face. "This series is groundbreaking," says Allen, "Pushing ordinary members of the public nearer the edge than we've ever seen before on television members of the public nearer the edge than we've ever seen before on television. That's what appealed to me, as an explorer who's had to struggle to survive in jungles, deserts and icy wastes, I wanted to see what mental and physical resources these ordinary members of the public would find in themselves when pushed to the limits of endurance." This opening edition sees the group — the so-called Unbreakables — introduced to their first task by the Guyanan Makushi tribe. It involves being stung all over their bodies by vicious Huntsman ants, before taking part in another ritual in which they must whip each other with sticks to toughen themselves up. It's just as well, because their next task is to catch piranha, then kill them using the traditional method of biting out their brains. Or met tougher things only get tougher.

### BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies; (R) (T) Tweenies Songtime. (R) (T) 7.00 CBBC: Dogstar. (R) (T) 7.25 Newsround; (T) Batfink. (R) (T) 7.35 Wild About Animals; (T) The Owl. (R) (T) 8.05 Mortified. (R) (T) 8.30 CBeebies: Postmar Mortined. (H) (1) 8.30 Cbeebles: Postman Pat: SDS, (T) 8.45 Chuggington. (T) 9.00 Clifford's Puppy Days; (R) (T) Tweenies Songtime. (R) (T) 9.20 Balamory. (R) (T) 9.40 Little Red Tractor; (R) (T) Pingu. (R) 10.00 In the Night Garden. (R) (T) 10.30 Big Barn Farm. (R) (T) 10.45 Get Squiggling. (R) (T) 11.00 Schools: Words and Picture (H) (1) 1..00 Schools: Words and Pictures.
(T) 11.10 BBC Primary Geography. (T) 11.20 Big Slam Poetry. (T) 11.40 Around Scotland. (T) 12.00 The Daily Politics. (T) 12.30 Working Lunch. (T) 1.00 Out of the Blue. (T) 1.25 Coast. (T) 1.30 Living in the Sun. (B) (T) 2.15 Animal 24:7. (R) (T) 3.00 More of the More of the Sun. (R) (T) 2.15 Animal 24:7. (R) (T) 3.00 More of the Sun. (R) (T) 2.15 Animal 24:7. (R) (T) 3.00 More of the Sun. (R) (T) 2.15 Animal 24:7. (R) (T) 3.00 More of the Sun. (R) (T) 2.15 Animal 24:7. (R) (T) 3.00 More of the Sun. (R) (T) 2.15 Animal 24:7. (R) (T) 3.00 More of the Sun. (R) (T) 2.15 Animal 24:7. (R) (T) 3.00 More of the Sun. (R) (T) 2.15 Animal 24:7. (R) (T) 3.00 More of the Sun. (R) (T) 2.15 Animal 24:7. (R) (T) 3.00 More of the Sun. (R) (T) 2.15 Animal 24:7. (R) (T) 3.00 More of the Sun. (R) (T) 2.15 Animal 24:7. (R) (T) 3.00 More of the Sun. (R) (T) 2.15 Animal 24:7. (R) (T) 3.00 More of the Sun. (R) (T) 2.15 Animal 24:7. (R) (T) 3.00 More of the Sun. (R) (T) 2.15 Animal 24:7. (R) (T) 3.00 More of the Sun. (R) (T) 2.15 Animal 24:7. (R) (T) 3.00 More of the Sun. (R) (T) 2.15 Animal 24:7. (R) (T) 3.00 More of the Sun. (R) (T) 2.15 Animal 24:7. (R) (T) 3.00 More of the Sun. (R) (T) 2.15 Animal 24:7. (R) (T) 3.00 More of the Sun. (R) (T) 2.15 Animal 24:7. (R) (T) 3.00 More of the Sun. (R) (T) 2.15 Animal 24:7. (R) (T) 3.00 More of the Sun. Murder, She Wrote. (R) (T) 3.45 Flog It! (R) Murder, She Wrote. (R) (1) 3.45 Flog Itt (H) 1, 4.30 Ready, Steady, Cook. (T) 5.15 Escape to the Country. (T) 6.00 Eggheads. (T) 6.30 Strictly Come Dancing - It Takes Two. (T) 7.00 An Island Parish. Bishop Bill bids farewell to the islands. (R) (T) 7.30 Mastermind. Subjects include the Thatcher Covernment and Macter Belioz. (R) (T) government and Hector Berlioz. (R) (T) government and Hector Berlioz. (H) (I) 8.00 University Challenge. Exeter College, Oxford v University of St Andrews. (T) 8.30 What to Eat Now. Recipes using seasonal fruit - apples, plums and pears. (T) 9.00 Amazon with Bruce Parry. The hunt for the Amazon's biggest fish, the Pirarucu, which can reach 4.5metres. (T) 10.00 Harry & can reach 4.5metres. (I) 10.00 Harry & Paul. Alan Sugar meets the Dragons' Den business experts. (R) (T) 10.30 Newsnight; Weather. (T) 11.20 Losing It - Griff Rhys Jones on Anger, (R) (T) 12.20 Ellery Queen. (R) (T) 1.10 BBC News. (T) 4.00 BBC

C4

6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Freshly Squeezed. 7.30 Everybody Loves Raymond. (R) (T) 8.00 Just Shoot Me. (R) (T) 8.30 Just Shoot Me. (R) (T) 9.00 Frasier. (R) (T) 9.30 Gay to Z; (R) (T) I've Got This Friend. (R) (T) 10.00 Chill Out; (R) (T) I've Got This Friend. (R) (T) 10.30 Seven Ages of Britain; (T) I've Got This Friend. (R) (T) 11.25 Day I Got the Sack; (R) (T) Get Me the Producer. (R) (T) 12.00 News at Noon. (T) 12.30 The Great Italian Escape. (R) (T) 1.00 Cha-teau Monty. (R) (T) 1.35 FILM: Dark Command (1940). Western, starring Command (1940). Western, starring John Wayne. (T) (bw) 3.25 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 The Paul O'Grady Show. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 The Political Slot: Labour. (T) 8.00 Dinosaur: A Time Team Special. A dig in Montana. (B) (T) 9.00 Dispatches: The Montana. (R) (T) 9.00 Dispatches: The Hidden World of Lap Dancing. The growing number of clubs in Britain which offer lap dances. (T) 10.00 FILM: Lucky Number Slevin (2006). Premiere. A case of mistaken identity plunges an ordi-nary man into the middle of a war be-tween rival crime syndicates. Crime thriller, starring Josh Hartnett and Bruce Willis. (T) 12.05 Poker Nations Cup. 1.05 Freesports on 4. (R) (T) 1.30 Freesports on 4. (T) 1.55 KOTV Classics 2008. (T) 2.50 Freesports on 4 (T) 3 15 Urban Beach Tour 2008 3 40 Supporting Acts. (R) (T) 4.00 Channel 4 Education, (T)

## **FIVE**

6.00 Milkshake!: Miss Spider's Sunny Patch 6.00 Milkshakel: Miss Spider's Sunny Patch Friends. (R) (T) 6.10 Franny's Feet. (R) (T) 6.25 Fireman Sam. (R) (T) 6.35 Hana's Helpline. (R) (T) 6.45 Play! (T) 6.55 Mio Mao. (T) 7.00 Funky Valley. (R) (T) 7.05 Royalto Racing Car. (R) (T) 7.25 The Mr Men Show. Hading Car. (H) (1) 7.25 The Mr Men Show. (R) (T) 7.40 Make Way for Noddy. (R) (T) 7.55 Fifi and the Flowerlots. (R) (T) 8.10 Peppa Pig. (R) (T) 8.20 Thomas & Friends. (R) (T) 8.35 Bert and Ernie's Great Adventures. (T) 8.40 Milkshakel Music Box. (R) (T) 8.50 Pocoyo. (R) (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (T) 11.30 Colir d Justin's How Not to Decorate. (R) (T (R) (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 County Secrets. (T) 3.00 Film: Columbo: Death Hits the Jackpot (1991). Detective drama, starring Peter Falk (T) 5.00 Five News; Weather, (T) 5.30 Neigh (1) 5.00 Five News; Weather. (1) 5.30 Neigh-bours. (R) (T) 6.00 Home and Away. (R) (T) 6.30 Animal Rescue Squad. (R) (T) 7.00 Five News. (T) 7.30 Top Trumps: Warships. An aircraft carrier versus a landing dock; (T) 7.30 Five News Update. (T) 8.00 The Gadget Show. New series. Testing modes of personal transport; (T) 8.00 Five News at 9 9.00 Unbreakable. New series. Eight thrill-9.00 Unbreakable. New series. Light Irmiliseeking volunteers are led by Benedict Allen through a series of challenges in some of the world's harshest environments, beginning in the Guyanan jungle. (T) 10.00 America's Toughest Prisons. Following two new insteas at Jung's Earl Poda Correctional mates at Iowa's Fort Dodge Correctional mates at lowa's Fort Dodge Correctional Facility. (T) 11.05 FILM: Pacific Heights (1990). Thriller, starring Michael Keaton. (T) 1.05 Live NFL. New Orleans Saints w Minnesota Vikings (Kick off 1.30am). 4.45 Motorsport Mundial. 5.10 Neighbours. (R) (T) 5.35 Home and Away. (R) (T)

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 1.55 London News and Weather. (T) 2.00 60 Minute Makeover. (T) 3.00 The Alan Titchmarsh Show. (T) 3.59 London Weather. (T) 4.00 Midsomer Murders. (R)

Britain's Best Dish. The South West of England

Britain's Best Dish. I he South West of England and South Welles regional heats begin. (T) London Tonight; Weather. (T) ITV Evening News; Weather. (T) Emmerdale. Jo finds the courage to confide in Debbie about Andy's abusive behaviour and reveals her plan to leave him. Meanwhile, Mat Hour finds himselffallies of Angol's charge. (T thew finds himself falling for Anna's charms. (T) Coronation Street. Becky works hard to get the

flat ready as a surprise for Jason, unaware he's about to shock her with an altogether less pleasant revelation of his own. Janice squirms with quilt as Sally reveals the police think Rosie with guilt as Sally reveals the police think Rosie has gone on a spending spree with the lottery money, and John is injured in an accident, making Fiz realise she still cares about him. (T) To Sir with Love: Tonight. (T) Coronation Street. Becky is devastated by

Jason's betrayal and reacts badly, attacking him in the Rovers and vandalising his van before turning her rage on others. Fiz tells John she would like to give their relationship another go and Sally grows increasingly concerned about Rosie's whereabouts, while Liam warns Carla to stop flirting. (T)
Place of Execution, Desperate to clear George's

Place of Execution. Desperate to clear George's name and prove that he would not stoop to falsifying evidence, Catherine returns to Scardale in search of the truth - and her investigations lead to a startling revelation. Details of Hawkin's trial and execution are revealed in flashbacks. Last in series, starring Juliet Stevenson, Lee Ingleby and Greg Wise. (T) News at Ten and Weather. (T)

10.00 News at 1en and Weather. (1)
 10.30 London News and Weather. (T)
 10.35 Real Crime: The Hunt for Mr Swirl. The worldwide hunt for Canadian paedophile Christopher Neil, who was caught when officers restored digitally altered pictures of his face that had been posted on the Internet. (T)
 11.35 Police, Camera, Action! Revisiting examples of outgraceus; car crime caught on widen from

outrageous car crime caught on video from previous editions of the show. Plus, the measures police officers use to stay one step ahead

of criminals. (R) (T)
12.30 Champions League Weekly. (T) 1.00 Nightwatch
with Steve Scott: Crime; (R) (T) TV News Headlines.
1.55 Loose Women. (R) 2.45 Chefv Britain. (R) (T) 3.10 Chef v Britain. (R) (T) 3.35 ITV Nightscree

(R) - repeat programme;
(T) - programme with teletext subtitles
(S) - programme broadcast in stereo
(bw) - black and white

## OCAL

RTP1 0630 Bom Dia Portugal 1000 Praça 0630 Bom Dia Portugal 1000 Praça da Alegria 1300 News 1430 Futsal World Championship: Portugal vs USA 1600 Portugal em Directo 1910 O Preço Certo 2000 News 2005 Notas Soltas 2100 Football Sagres League: Leixões vs Benfica 2300 Prós e Contras 0100 Artação Acidental, film 0245 A Fotografia do Crime film 0445 Potografia Crime, film 0415 Portugal no Coração 0605 Nòs RTP2

0700 Euronews 0715 Zig Zag 1400 0700 Euronews 0715 Zig Zag 1400 Sociedade (ivil 1530 Entre Pratos 1600 National Geographic 1700 Zig Zag 1830 A Fè dos Homens 1900 Eurodeputados 1945 Zig Zag 2045 Estranhos na América 2115 National Geographic 2150 A Hora da Sorte 2200 News 2230 Erva 2330 Barckstape 0030 Notise da 2 2330 Backstage 0030 Noites da 2 0100 Universidades 0130 Sim Amor 0200 Diga Lá Excelência 0245 Eurodeputados 0315 Sociedade Civil 0445 Euronews 0545 Km Zero 0615 A Fé dos Homens 0645

SIC 0600 Sic Noticias 0900 Dia em Grande 1000 Fátima 1300 News 1415 Como uma Onda 1515 Beleza Pura 1615 Contacto 1800 Rebelde Way 1900 Roda da Sorte 2000 News2115 Vip Manicure 2145 Podia Acabar o Mundo 2300 A Favorita

Acabar o Mundo 2300 A Favorita 0030 Criminal Minds, series 0130 CSI Las Vegas 0230 Todos em Linha 0430 Ciranda de Pedra TVI 0700 Diário da Manha 1015 Você na TVI 1300 News 1400 As Tardes da Júlia 1700 Quera core Ganha 1815 Morango se da Júlia 230 Feitiga 02 Amor 2230 A Outra 2330 Feitiga 02 Amor 2230 A Outra 2330 Feitiga 02 Amor 2330 Crande Predador, film 0215 Sempre Grande Predador, film 0215 Sempre a Somar 0345 Até que a Morte nos Separe 0415 TVI Negócios 0430 H20. Series 0530 Telesales

## Best of the Rest

BBC3 7.00 Freaky Eaters 8.00 Most Annoying Couples 9.00 Little Britain 9.30 Coming of Age 10.00 EastEnders 10.30 Massive 11.00 EastEnders 10.30 Massive 11.00 Family Guy 11.20 Coming of Age 11.50 The Wrong Door 12.20 Most Annoying Couples 1.20 Massive 1.50 Freaky Eaters 2.45 Spendaholics 3.45 Don't Tell the Bride 4.45 Spendaholics 5.15 Close BBC4

7.00 World News Today 7.00 7.00 World News Today 7.00
Weather 7.30 The Sky at Night 8.00
In Search of Spanish Flu 8.30 Only
Connect 9.00 The Story of Maths
10.00 Dirty Tricks: The Man Who
Got the Bushes Elected 11.30
President Hollywood 12.30 Only
Connect 1.00 The Story of Maths
2 00 The Sky at Night 2 30 in Search 2.00 The Sky at Night 2.30 In Search of Spanish Flu 3.00 The Story of Maths 4.00 Close

ITV2 1.00 Emmerdale 1.30 The Jere

1.00 Emmerdale 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.45 Ricki Lake 4.30 Sally Jessy Raphael 5.20 The Montel Williams Show 6.05 Judge Judy 7.00 Smallville 8.00 Katie & Peter: The Next Chapter 9.00 Hell's Kitchen USA 10.00 Celebrity Juice 0.30 Cornazion Street 1.1.00 10.30 Coronation Street 11.00 Coronation Street 11.30 Film: The Grudge 15 (2004) 1.20 Haunted 2.05 Teleshopping 5.05 ITV2 Nightscreen

Sky1

1.00 Project Catwalk 2.00 Bones
3.00 Cold Case 4.00 Stargate
Atlantis 5.00 Hairspray - The School

Musical 6.00 Malcolm in the Middle 6.30 Futurama 7.00 The Simpsons 7.30 The Simpsons 8.00 The 7.30 The Simpsons 8.00 In Simpsons 9.00 Road Wars 10.00 Flim: The Last Boy Scout 18 (1991) 12.05 Road Wars 1.05 Road Wars 1.55 Greece Uncovered 2.50 Uncut! Sex on the 105 3.45 America's Dumbest Criminals 4.10 Brainiac: Science Abuse 5.10 Guilly Abuse 5.10 Guilty!

1.40 The Two Ronnies Sketchbook 2.20 The Good Life 3.00 My Family 2.20 The Good Life 3.00 My Pamily 3.40 Sorryl 4.20 As Time Goes By 5.00 Keeping Up Appearances 5.40 Waiting for God 6.20 Last of the Summer Wine 7.00 Last of the Summer Wine 7.40 The Good Life 8.20 My Family 9.00 Jonathan Creek 10.05 Jonathan Creek 11.10 Little Britain 11.50 Jonathan Creek 12.55 Jonathan Creek 2.00 The Dick Emery Show 2.15 The Two Ronnies

3.00 Close

**UKTV** Gold

TCM
1.00 The Adventures of Huckleberry
Finn U (1960) 3.00 The Private
Lives of Elizabeth and Essex U
(1939) 5.00 Northwest Passage
PG (1940) 7.20 Where Were You
When the Lights Went Out? PG
(1968) 9.00 Westworld 15 (1973) 10.35 Reckless 18 (1984) 12.20 Hit Man 15 (1972) 1.55 Pink Floyd: The Wall 15 (1982) 3.35 Private Lives PG (1931) 5.00 The Strawberry e II (1941

The Disney Channel
Kids' programmes fr

(R) - repeat programme;

(T) - programme with teletext subtitles; broadcast in stereo:

(S) - programme (bw) - black and white.

## 7 15 Three Wishes PG (1995)

9.15 Stolen Youth 12 (1996) 11.00 The Starter Wife 12.30 Columbo: Grand Deceptions PG (1989) With Peter Falk, 2.15 American Gangster Special 2.30 Twilight 15 (1998) With Paul Newman. 4.15 Saving Milly PG (2005) With Bruce Greenwood. 5.45 All the King's Men 12 (2005) With Sean Penn. 8.00 The Gingerbread Man 15 (1997) With Kenneth Branagh. 10.00 Breaking and Entering 15 (2006) With Jude Law. 12.00 Havana PG (1990) With Robert Redford 2.30 Last Seduction II 18 (1997) With Joan Severance. 4.15 The Top 10 Show 4.30 Undercover Angel PG (1998)

### Sky Movies Comedy

8.40 Maverick PG (1994) 10.50 Dragnet PG (1987) 12.40 Happy Gilmore 12 (1996) With Adam Sandler, 2.15 Parenthood 15 (1989) With Steve Martin, 4.20 Jane Austen's Mafia! 12 (1998)

With Jav Mohr. 5.50 Mayerick PG (1994) With Mel Gibson. 8.00 Happy Gilmore 12 (1996) With Adam Sandler, 9,45 Dragnet PG (1987) With Dan Aykroyd. 11.45 Parenthood 15 (1989) With Steve Martin, 2.00 Patch Adams 12 (1998) With Robin Williams 4.00 Barefoot in the Park PG (1967)

### Sky Movies Action/hrille

Firewalker 15 (1986) 9.45 Cries in the Dark 12 (2006) 11.35 Red Sonja 15 (1985) With Brigitte Nielsen, 1.15 Lake Placid 15 (2000) With Bill Pullman. 2.45 Once Upon a Time in the West 15 (1969) With Henry Fonda. 5.35 Firewalker 15 (1986) With Chuck Norris. 7.25 Red Sonja 15 (1985) With Brigitte Nielsen, 9,0030015 (2006) With Gerard Butler. 11.00 The Pelican Brief 12 (1993) With Julia Roberts, 1,30 Resurrection Man 18 (1997) With Stuart Townsend. 3.25 The Big Hit 18 (1998) 5.10 Desperate Justice

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News

## SPORT

6.00 Good Morning Sports Fans 9.00 Football First 10.30 Cha League Weekly 11.00 Spanish Football 1.00 Football First 2.30 Football 1.00 Football First 2.30 Champions League Weekly 3.00 Spanish Football 5.00 Soccer AM: The Best Bits 6.00 Live Darts. Day one of the World Grand Prix. 11.00 Big League Weekend 2 12.30 Champions League Weekly 1.00 Wild Spirits 1.30 Live NFL. New Orleans Saints v Minnesota Vikings (Kick-off 1.30am). 5.00 X-Adventures 5.30 Wild Spirits

### Sky Sports 2

6.00 Aerobics Oz Style 6.30 X-Adventures 7.00 WWE: Bottom Line Adventures 7.00 WWE: Bottom Line 8.00 Polo 9.00 Golf Night 1.00 Golf Night 1.00 Right 1.00 NFL Gameday 2.30 A1 Grand Prix 4.30 NFL Gameday 6.00 Big League Weekend 2 7.30 Live Speedway. The first leg of the Elite League Grand Final, 9.30 You're on Sky Sports! 11.00 NFL Gameday 12.30 Speedway 2.30 Big League Weekend 2 4.00 You're on Sky

7.30 Spirit of Yachting 8.00 NASCAR 10.30 Sailing 11.00 Aerobics Oz Style Aerobics OZ Style
11.30 Racing News
12.00 NFL: Top 10
1.00 Golf Night 3.00
MFL: Top 10
1.00 Golf Night 3.00
MFL: Top 10
1.00 Golf Night 3.00
MFL: Top 10
1.00 WWE: Late
Night - Bottom Line
11.00 WWE: Late
Night - Afterburn
12.00 Extreme
Champio ns hip
Wrestling 1.00 WWE
Vintage Collection

2.00 Live WWE: Late Night - Raw Wrestling action from the States 4.15 Close

### British Eurosport

7.30 Motorsports Weekend 7.45 Motorsports Weekend 8 00 MotoGP 9.00 World Superbikes 10.00 Live Table Tennis. The European Championships in St Petersburg. Championships in St Petersburg. 12.30 Ski Jumping 1.30 Futsal 2.30 Live Futsal. Portugal v USA (Kick-off 2.30pm). 4.00 Futsal 4.30 Live Futsal. Russia v Solomon Islands (Kick-off 4.30pm). 6.00 Eurogoals 6.45World Superbikes 8.15 MotoGP 10.00 World Touring Car Championship 11.00 Motorsports Weekend 11.15 Eurogoals 12.00 Yoz Magazine 12.30 Close

### Sky Sports Xtra

7.00 Ten Pin Bowling 10.00 Spirit of Yachting 10.30 A1 Grand Prix 12.30 Ten Pin Bowling 3.30 Polo 4.30 Aerobics Oz Style 5.00 Show Jumping 6.00 Women's Pool 7.00 Angling 8.00 Soccer AM: The Best Bits 9.00 World Motor Sport 11.30 Angling 12.30 Soccer AM: The Best Bits 1.30 Women's Pool 2.30 Angling 3.30 World Motor Sport 3.30 World Motor Sport



Not sure what to do at the weekend? See pages 46 - 47



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OCT

## BBC1

6.00 Breakfast. (T) 9.15 Real Rescues. (T) 10.00 Put Your Money Where Your Mouth Is; (T) BBC News; Weather. (T) 11.00 Open House. (T) 11.30 Cash in the Attic; (T) BBC News; Weather. (T) 12.15 Bargain Hunt. (R) (T) 1.00 BBC News; Weather. (T) 1.30 Regional News. (T) 1.45 Doctors. (T) 2.15 Diagnosis Murder. (R) (T) 3.00 BBC News; Weather; Regional News. (T) 3.05 CBeebies: LazyTown. (R) (T) 3.30 CBBC: Bear Behaving Badly. (R) (T) 3.30 EIBC: Bear Behaving Badly. (R) (T) 3.50 EIDC kid; (R) (T) Bernard. (R) (T) 4.05 Raven. (T) 4.35 Blue Peter. (T) 5.00 Newsround. (T)

- Haven. (1) 4.3-b Blue Peter. (1) 5.00 Newsround. (1)
  Weakest Link. Anne Robinson oversees the back-stabbing general knowledge quiz. (T)
  BBC News; Weather. (T)
  Regional News Programmes; Weather. (T)
  The ONE Show. (T)
  EastEnders. Archie plays more games with Suzy, but after Danielle tells Ronnie about his behaviour, he tries to keep Peggy on his side. Tony offers to take Whitney to the psychiatrist. Billy grapples with guilt at Jase's funeral, while Jay breaks down reading his dad's eulogy, and takes his frustrations out on Dawn. Dot learns the truth about Bradley's out on Dawn. Dot learns the truth about Bradley's riches; (T) BBC News; Regional News. (T)
- Big Cat Live. Simon King, Jackson Looseyia, Jonathan Scott and Kate Silverton continue to follow

Jonathan Scottand Kate Silverton continue to follow the life-and-cleath fortunes of the lion, cheetah and leopard families on the third day of broadcasts from Kenya's Masai Mara game reserve. (T)

Sunshine. New drama, starring Steve Coogan as Bob "Bing" Cosby, a family man locally renowned for his affable nature, but known to be something of a compulsive gambler. As his habit begins to transform into an addiction, Bing struggles to keep control of his life, leading him to risk Inspira eventhing for one more flutter. 9.00 to risk losing everything for one more flutter. Also starring Bernard Hill and Lisa Millett. Written by the creators of hit comedy Early Doors, Craig Cash and Phil Mealey, who also co-wrote The Royle Family. (T)

10.00 BBC News. (T)

Regional News; Weather. (T)
Alesha: Look But Don't Touch, Singer and

- 10.35 Alesha: Look But Don't Touch. Singer and Strictly Come Dancing winner Alesha Dixon investigates the increasing pressure on women to conform to an ideal body type and asks whether airbrushed photos create unrealistic expectations. She also meets a teenager who is about to have surgery in a bid to emulate Victoria Beckham. (T)
  11.35 Film 2008 with Jonathan Ross. Reviews of The House Bunny. a romantic comedy starring.
- House Bunny, a romantic comedy starring Anna Faris from the makers of Legally Blonde, and Mirrors, in which Kiefer Sutherland plays an ex-cop targeted by a sinister entity infiltrating his home through mirrors. Plus, behind the scenes of forthcoming film Dorian Gray. (T)
  12.05 FILM: Dear Frankie (2004). Heart-warming drama,

12.US-ILM: Deat-trankle (2004). Heart-warming drama, starring Emily Mortimer; (T) Weatherview, (T) 1.50 Sign Zone: See Hear. (R) (T) 2.20 Sign Zone: Silent Witness. (R) (T) 3.15 Sign Zone: Beautiful People. (R) (T) 3.45 Sign Zone: What to Eat Now. (R) (T) 4.15 Sign Zone: Trawlermen. (R) (T) 4.45 BBC News. (T)



6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies; (R) (T) Tweenies Songtime. (R) (T) 7.00 CBBC: Pitt & Kantrop. (R) (T) 7.25 Newsround; (T) Batfink. (R) (T) 7.35 Wild About Animals. (T) 8.00 Basil's Game Show. (T) 8.30 CBeebies: Postman Pat: SDS. (T) 8.45 Chuggington. (T) 9.00 Clifford's Puppy Days; (R) (T) Tweenies Songtime (R) (T) 9.20 Balamory. (R) (T) 9.40 Little Red Tractor; (R) (T) Pingu. (R) 10.00 In the Night Garden. (R) (T) 10.30 Big Barn Farm. (R) (T) 10.45 Get Squiggling. (T) 11.00 Schools: KS1 Science Clips. (T) 11.10 BBC Primary History. (T) 11.30 Hands Up! (T) 11.45 BBC Primary Geography. (T) 12.00 The Daily Politics. (T) 12.30 Working Lunch. (T) 1.00 Out of the Blue. (T) 1.25 Coast. (T) 1.30 Living in the Sun. (R) (T) 2.15 Animal 24:7. (R) (T) 3.00 Murder, She Wrote. (R) (T) 3.45 Flog It! (R) (T) 4.30 Ready, Steady, Cook. (T) 5.15 Escape to the Country. (T) 6.00 Eggheads, (T) 6.30 Strictly Come Dancing It Takes Two. (T) 7.00 The Hairy Bikers Come Home. Part two of two. Dave Myers and Si King celebrate Northern cuisine. (R) (T) 8.00 Twiggy's Frock Exchange. New series introducing British women to the "clothes swapping" craze. (T) 9.00 British Style Genius. New series exploring the world of British fashion. (T) 10.00 Later Live - with Jools Holland. Coldplay, the Hold Steady, Amy LaVere and Glen Campbell perform. An extended edition can be seen on Friday at 11.35pm. (T) 10.30 Newsnight; Weather. (T) 11.20 Golf. (T) 12.20 BBC News. (T) 4.00 BBC Learning Zone. (T)

## е учетыть учеты в объемаеть пытем от ришпу в соорые от quito on nere and there, he pays out bigger and bigger stakes. Why is he compelled to risk everything for the sake of a pile of cash? C4

6.00 The Treacle People. (R) (T) 6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Freshly Squeezed. 7.30 Everybody Loves Raymond. (R) (T) 8.00 Just Shoot Me. (R) (T) 8.30 Just Shoot Me. (R) (T) 9.00 Frasier. (R) (T) 9.30 Gay to Z; (R) (T) I've Got This Friend. (R) (T) 10.00 Chill Out; (R) (T) I've Got This Friend. (R) (T) 10.30 Seven Ages of Britain; (T) I've Got This Friend. (R) (T) 11.25 Day I Got the Sack; (R) (T) I've Got This Friend. (R) (T) 12.00 News at Noon. (T) 12.30 Property Ladder. (R) (T) 1.30 Claridges: Checking into History, (R) (T) 1.50 FILM: In Old California (1942). Western, starring John Wayne. (T) (bw) 3.25 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 The Paul O'Grady Show. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyo (T) 7.00 Channel 4 News. (T) 7.55 Political Slot: Conservative. (T) 8.00 The Sex Education Show Anna Richardson explores alternative ways to lead a responsible sex life without using the contraceptive pill, and a group of teenagers exper ence a day in the lives of new parents. (T) 9.00 Jamie's Ministry of Food. The chef recruits more non-cooks at a Rotherham United football match. (T) 10.00 Dawn Porter: Mail Order Bride. The demand for mailorder brides from Russia and Ukraine. (T) 11.05 The Family. (R) (T) 12.10 Reaper (T) 1.10 Comedy Lab: Pappy's Fun Club (R) (T) 1.40 New Love. (R) (T) 2.00 FILM The Wood (1999). Comedy drama, starring Taye Diggs. (T) 3.55 3 Minute Wonder Shorelines. (R) (T) 4.00 Channel 4 Education. (T)

Pick of the Day

6.00 Milkshake!: Miss Spider's Sunny Patch 6.00 Milkshakel: Miss Spider's Sunny Patch Friends. (R) (T) 6.10 Franny's Feet. (R) (T) 6.25 Fireman Sam. (R) (T) 6.35 Man Mac. (T) 7.00 Funky Valley. (R) (T) 7.05 Roary the Racing Car. (R) (T) 7.25 The Mr Men Show. (R) (T) 7.40 Make Way for Noddy. (R) (T) 7.55 Fifiand the Flowertots. (R) (T) 8.10 Peppa Pig. (R) (T) 8.20 Thomas & Friends. (R) (T) 8.30 Little Lodgers. (T) 8.40 Milkshakel Music Box. (R) (T) 8.50 Pocopy. (R) (T) 9.00 The Wright Stuff. (T) 9.50 Pocopy. (R) (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (T) 11.30 Colin and Justin's How Not to Decorate. (R) (T) 12.30 (f) 10.30 Trisha Goddard. (f) 11.30 Colin and Justin's How Not to Decorate. (R) (f) 12.30 Five News. (f) 12.45 Grey's Anatomy. (R) (f) 1.45 Neighbours. (f) 2.15 Home and Away. (f) 2.50 County Secrets. (f) 3.05 Five News Update. (f) 3.10 FILM: This Matter of Marriage (1998). Romantic drama, with Sherry Miller. (f) 5.00 Five News; Weather. (f) 5.30 Neighbours. (R) (f) 6.00 Home and Away. (R) (f) 6.30 Animal Reserve Square (R) (f) 7.00 Five 6.30 Animal Rescue Squad. (R) (T) 7.00 Five 6.30 Animal Hessues Squaa. (H) (I) 7.00 Five News. (T) 7.30 Flighland Emergency. Five teenagers need rescuing from an ice-covered gully; (T) 7.30 Five News Update. (T) 8.00 Curse of the Titanic: Revealed. The fate of twin ships Titanic and Britannic; (R) (T) 8.00 Five News at 9.00 CSI: Miami. Ananny is discov-ered dead by one of her charges. (T) 10.00 CSI: V). Stella's life is endancered when her anart-NY. Stella's life is endangered when her apart-ment catches fire, and the mystery deepens when a dead body is discovered in the building With Melina Kanakaredes and Carmir Giovinazzo; (R) (T) Five News Update. (T) 11.00 Law & Order: Special Victims Unit. (R) (T) 12.00 FBI Files. (R) (T) 1.00 Disorderly Conduct. (T) 2.00 NASCAR. 2.50 NHL Preview Show. 3.35 US Tour Golf. 4.25 Seniors Golf 5.10 Neighbours. (R) (T) 5.35 Home and Away

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 1.55 London News and Weather. (T) 2.00 60 Minute Makeover. (T) 3.00 The Alan Titchmarsh Show. (T) 3.59 London Weather. (T) 4.00 Midsomer Murders.

- 5.00 Britain's Best Dish, Ed Baines, Jilly Goolden and John Burton Race judge the efforts of amateur cooks from the South West of England and South Wales region bidding for a place in the national final. (T)
- 6.00 London Tonight; Weather. (T)
- ITV Evening News; Weather. (T)
  Emmerdale. Jo tells Andy she was never pregnant and the farmer chases his terrified wife to the barn, where he badly injures himself in a fall Gennie suspects Brenda has feelings for Bob.
- Who Wants to Be a Millionaire? Nurses Special. Chris Tarrant invites members of the nursing profession to get their fingers on the pulse and compete for the #1 million jackpot prize - with lifelines Ask the Audience, Phone a Friend and 50-50 available to help them on their way. (T) Cops with Cameras. A Belfast team use a
- stinger to stop a runaway driver, while Sergeant Mike Peak from Oldham is on the trail of drugs and weapons. South Wales police are called to a fight in a petrol station, a strange incident occurs in a sandwich bar in Torquay, and an ordinary traffic stop turns serious in Kent. Flyon-the-wall insight into police work, in which viewers "accompany" officers carrying out duties. (T)
- 10.00 News at Ten and Weather. (T) 10.30 London News and Weather. (T)
- 10.35 Comedy Classics: Doctor in the House. Celebration of the medical student-based sitcom from its days as a novel to the films it inspired and the series that first appeared in 1969, which starred Barry Evans. Contributions come from cast members George Layton and Geoffrey Davies, writers Graeme Garden and Bill Oddie and show fans Sherrie Hewson and TV doctor Hilary Jones. Includes Face the Music, from the follow-up series Doctor in Charge, Ronni
- Ancona narrates. (T)
  Sally Morgan: Star Psychic. Sally reveals family secrets about the Cheeky Girls and meets DJ and cynic Richard Bacon, who disagrees with her about the afterlife. She also visits Coventry where she attempts to get to the bottom of the city's most notorious unsolved murder. (T) 12.30 Premiership Rugby Union. 1.25 Nightwatch with

Steve Scott: Crime; (R) (T) ITV News Headlines. 2.20 Loose Women. (R) 3.05 The Jeremy Kyle Show. (R) (T) 4.00 ITV Nightscreen.

## OCAL

### RTP1

RTP1
0630 Bom Dia Portugal 1000 Praça
da Alegria 1300 News 1415 Amore
Intrigas 1515 Portugal no Coração
1800 Portugal em Directo 1910 O
Preço Certo 2000 News 2100 30
Minutos 2130 Jogo Duplo 2330
Telerural 2300 Liga dos Últimos
0000 Letac Sellers film 2015 Libras 0000 I. Peter Sellers, film 0215 Uma Mulher Misteriosa; Visão de um Assassino, film 0345 Portugal no oração 0605 Nós

0700 Euronews 0715 Zig Zag 1400 Sociedade Civil 1530 Entre Pratos 1600 National Geographic 1700 Zig Zag 1830 A Fé dos Homens 1900 Zag 1830 A Fé dos Homens 1900 2010 1945 Zig Zag 2045 Estranhos na América 2115 National Geographic 2200 News 2240 Grey Is Anatomy 2330 A Vida Normalmente 0000 Gente da Cidade 0030 Noites da 20100 Universidade so 130 Sim, Amor 0200 Câmara Clara 0255 2010 0330 Sociedade Civil 0500 Euronews 0545 Km Zero 0615 A Fé dos Homens 0645 Euronews SIC

0600 Sic Noticias 0900 Dia Em Grande 1000 Fátima 1300 News 1415 Como uma Onda 1515 Beleza 1415 Como uma Onda 1515 Beleza Pura 1615 Contacto 1800 Rebelde Way 1900 Roda da Sorte 2000 News 2130 Podia Acabar o Mundo 2230 Momento da Verdade 2330 A Favorita 0030 Criminal Minds, series 0130 CSI Las Vegas, series 0230 Todos sml inha 0430 Ciranda 0230 Todos em Linha 0430 Ciranda de Pedra TVI

0700 Diario Da Manha 1015 Você 0.700 Diario Da Manna 1015 Voce na TVI 1300 News 1400 As Tardes da Júlia 1700 Queya Orier Ganha 1815 Moragnos Von Marie 230 A Outra 2330 Fascinios 0030 Broken Arrow, film 0230 Sempre a Somar 0415 TVI Negócios 0430 H20, Series 0530 Telesales 0530 Telesales

## Best of the Rest

7.00 Freaky Eaters 8.00 Dog Borstal 9.00 Jack - A Soldier's Story 10.00 EastEnders 10.30 Coming of Age 11.00 Family Guy 11.20 Jack - A Soldier's Story 12.20 Dog Borstal 1.20 Coming of Age 1.50 Don't Tell the Bride 2.50 Freaky Eaters 3.45 The World's Strictest Parents 4.45 Spendaholics 5 15 Close BBC4

7.00 World News Today 7.00

Weather 7.30 Railway Walks 8.00 Super Rich: The Greed Game 9.00 That Mitchell and Webb Look 9.30 Flight of the Conchords 10 00 The Book Quiz 10.30 Fanny Hill 11.30 The Age of Excess: When Britain Went Too Far 12.30 Railway Walks 1.00 The Book Quiz 1.30 Fanny Hill 2.30 Railway Walks 3.00 Only Connect 3.30 Flight of the

Conchords 4.00 Close

BBC3

1.00 Emmerdale 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.45 Ricki Lake 4.30 Sally Jessy Raphael 5.20 The Montel Williams Show 6.05 Judge Judy 7.00 Smallville 8.00 Film: Coyote Ugly 12 (2000) 10.00 Katy Brand's Big Ass Show 10.30 Film: The Grudge 15 (2004) 12.20 Digital Music Awards 2008 1.20 Entourage 1.45 Secret Diary of a Call Girl 2.10 Teleshopping 5.10 ITV2 Nightscreen

1 00 Project Catwalk 2 00 Bones 3.00 Cold Case 4.00 Stargate Atlantis 5.00 American Atlantis

Gladiators 6.00 Malcolm in the Middle 6.30 Futurama 7.00 The Simpsons 7.30 The Simpsons 8.00 Stargate Atlantis 9.00 UK Border Force 10.00 Prison Break 11.00 Road Wars 12.00 Road Wars 1.00 Road Wars 1.50 Uncut! Sex on the Job 2.40 Greece Uncovered 3.30 Scare Tactics 3.55 America's Dumbest Criminals 4.20 Brainiac: Science Abuse 5.10 Guilty!

### **UKTV Gold**

1.40 Only Fools and Horses 2.20 The Good Life 3.00 My Family 3.40 Sorry! 4.20 As Time Goes By 5.00 Keeping Up Appearances 5.40 Waiting for God 6.20 Last of the Summer Wine 7.00 Last of the Summer Wine 7.40 The Good Life 8.20 My Family 9.00 Only Fools and Horses 9.40 The Green Green Grass 10.20 Only Fools and Horses 11.00 The Royle Family 11.40 Little Britain 12.20 The Green Green Grass 1.00 The Boyle Family 1 40 Little Britain 2.15 The Two Ronnies 3.00

### TCM

1.00 Betrayed U (1954) 3.00 Three Little Words U (1950) 4.55 Logan's Run PG (1976) 7.05 Two Weeks in Another Town PG (1962) 9.00 Plenty 18 (1985) 11.15 The Hunger 18 (1983) 1.00 The Appointment 12 (1969) 3.00 Arsenic and Old Lace PG (1944) 5.00 The Gazebo PG (1959)

### The Disney Channel

Kids' programmes from 7am except

## **MOVIES**

6.15 Love Letters PG (1999) 7.50 Eddie Macon's Run 15 (1983) 9.30 Malpractice PG (2001) 11.15 The Starter Wife 12.45 Columbo: Murder - A Self Portrait PG (1989) With Peter Falk. 2.30 Daydream Believers: The Monkees Story 15 (2000) With LB Fisher. 4.15 Candles on Bay Street PG (2006) With Alicia Silverstone. 6.00 Goya's Ghosts 15 (2006) With Javier Bardem, 8.00 The Holiday 12 (2006) With Cameron Diaz. 10.15 Cocktail 15 (1988) With Tom Cruise, 12.15 Flesh and Blood 18 (1985) With Jennifer Jason Leigh. 2.30 American Gangster Special 2.45 Vanishing Point 18 (1971) With Barry Newman. 4.45 Simon Birch PG (1998)

6.00 Because I Said So 12 (2007) 7.50 Forces of Nature 12 (1999) 9.45 Hoodwinked U (2005) 11.15 The Devil Wears Prada PG (2006) With Meryl Streep. 1.15 Music and Lyrics PG (2007) With Hugh Grant. 3.05 Clerks II 15 (2006) With Brian O'Halloran. 4.50 Hoodwinked U (2005) With Anne Hoodwinked U (2005) With Anne Hathaway. 6.20 Don't Go Breaking My Heart PG (1999) With Jenny Seagrove. 8.00 The Devil Wears Prada PG (2006) With Meryl Streep. 10.00 Music and Lyrics PG (2007) With Hugh Grant. 11.50 Clerks II 15 (2006) With Brian O'Halloran. 1.35 Cursins 15 (1989) With Ted Cousins 15 (1989) With Ted Danson. 3.35 Because I Said So 12 (2007) 5.20 George and the Dragon PG (2004)

6.55 Gorky Park 15 (1983) 9.15 Waist Deep 15 (2006) 11.05 Snakes on a Plane 15 (2006) With Samuel L Jackson. 1.05 Fracture 15 (2007) With Anthony Hopkins. 3.05 Waist Deep 15 (2006) With Tyrese Gibson. 4.55 Gorky Park 15 (1983) With William Hurt. 7.10 Snakes on a Plane 15 (2006) With Samuel L Jackson. 9.00 Fracture 15 (2007) With Anthony Hopkins. 11.00 Lock, Stock and Two Smoking Barrels 18 (1998) With Nick Moran, 12.50 The Nick Wordh. 12.50 The Border 15 (1981) With Jack Nicholson. 2.50 Dad Savage 18 (1997) With Patrick Stewart. 4.50 Secret of the Andes PG (1998)

> (R) - repeat programme;

(T) - programme with teletext subtitles:

(S) - programme broadcast in stereo; (bw) - black and white.

### SPORT

6.00 Good Morning Sports Fans 9.00 Soccer AM: The Best Bits 10.00 Big League Weekend 211.30 Wild Spirits 12.00 Soccer AM: The Best Bits 1.00 Big League Weekend 2 2.30 Soccer AM: The Best Bits 3.30 Big League Weekend 2 5.00 Revista De La Liga 6.00 Live Darts. Day two of the World Grand Prix. Day two of the World Grand Prix. 11.00 Revista De La Liga 12.00 A-League 12.30 Football Asia 1.00 Revista De La Liga 2.00 A-League 2.30 Football Asia 3.00 World Motor Sport 5.30 Challenge Tour Golf

### Sky Sports 2

6.00 Aerobics Oz Style 6.30 X-Adventures 7.00 WWE: Afterburn 8.00 Speedway 10.00 Darts 3.00 NFL 5.00 NFL: Total Access 6.00 Football Asia 6.30 Revista De La Liga 7.30 Live Greyhound Racing. The Betfred Laurels. 10.00 Poker Million 12.00 NFL: Total Access 1.00 Sports Unlimited 2.00 Ladies ean Tour Golf 3.00 Angling

6.30 Angling 7.30 Show Jumping 8.30 World Motor Sport 11.00 Aerobics Oz Style 11.30 Racing News 12.00 Show Jumping 1.00 NFL: Total Access 2.00 Spe Angling 5.00 WWE Smackdown 7.00 Challenge Tour Golf 7.30 Motor Racing 8.00 NFL 10.00 Sports Unlimited 11.00 Ladies European Tour Golf 12.00 Pool 1.00 Women's Pool 2.00 Close

### British Eurospo

7.30 Yoz Magazine 8.00 Eurogoals 8.45 Futsal 10.00 UEFA Cup Football 8.45Futsal 11.00 Live UEFA Cup Potraw. The draw for the group stages. 11.30 Eurogoals 12.15 World Superbikes 1.15 euroCRASHI 1.30 Futsal 2.30 Live Futsal. Czech Republic v Libya (Kick-off 2.30pm). 4.00 Futsal 4.30 Live Futsal. Litraina y Erroyt (Kick-off 2.30pm). Live Futsal. Ukraine v Egypt (Kick-off 4.30pm). 5.15 Eurogoals 5.30 Live Futsal. Ukraine v Egypt. 6.00 Table Tennis 7.00 WATTS 7.30 Boxing 8.00 Live Boxing. Mahamed Aripgadzhiev v George Tevdorashvili. 10.00 World Touring Car Championship 10.30 World Rally Championship 11.30 Powerboating 12.00 SportTraveller 12.15 WATTS 12.30 Close

### Sky Sports Xtra

6.00 Close 1.30 Angling 2.30 World Motor Sport 5.00 Pool 6.00 Women's Pool 7.00 Angling 8.00 Ladies European Tour Golf 9.00 Pool 10.00 Women's Pool 11.00 X-Adventures 11.30 Motor Racing 12.00 Angleries 10.00 Challenge Tour Golf 1.30 X-Adventures 2.00 Motor Racing 2.30 Close The Portugal News TV Guide • 4 Oct 2008 • 49

## 8 OCT

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6.00 Breakfast. (T) 9.15 Real Rescues. (T) 10.00 Put Your Money Where Your Mouth Is; (T) BBC News; Weather. (T) 11.00 Open House, (T) 11.30 Cash in the Attic; (T) BBC 11.00 Open House. (1) 11.30 Cash in the Attic; (1) BBC News; Weather. (f) 12.15 Bargain Hunt. (R) (f) 10.00 BBC News; Weather. (f) 1.30 Regional News. (f) 1.45 Doctors. (f) 2.15 Diagnosis Murpder. (R) (f) 3.00 BBC News; Weather; Regional News. (f) 3.05 CBeebies: LazyTown. (R) (f) 3.30 CBBC: Bear Behaving Badly. (R) (f) 3.50 Eliot Kid; (R) (f) Bernard. (R) (f) 4.05 Get 100. (f) 4.35 Blue Peter. (f) 5.00 Newsround. (f)

- (I) s.00 Newsround. (T)
  Weakest Link. Anne Robinson piles on the pressure in another round of the general knowledge contest, where teamwork goes head to head with greed. (R) (T)
  BBC News; Weather. (T)
  Regional News Programmes; Weather. (T)
  The ONE Show. (T)
  Inside Out. Documentary series focusing on stories of interest to the region; (T) BBC News; Regional News. (T)

- 7.00 The ONE Show. (T)
  7.30 Inside Out. Documentary series focusing on stories of interest to the region; (T) BBC News; Regional News. (T)
  8.00 Big Cat Live. The latest news from the previous 24 hours, along with live images of the nocturnal life in Kenya's Masai Mara game reserve, using remote cameras capable of broadcasting action as it happens in the dark. Presented by Simon King, Jackson Looseyia, Jonathan Scott and Kate Silverton. (T)
  9.00 Silent Witness. Harry befriends eager medical student Holly Farr after giving a lecture to a group of trainees and involves her in his latest case, the post-mortem of a woman whose body was found at the side of a road with the face expertly removed. Nikki tries to reconstruct the victim's features to help identify her, but Holly immediately recognises her as Fran Price a former TV presenter and journalist who had fallen on hard times. Concludes tomorrow. (T)
  10.00 BBC News. (T)
  10.25 Regional News; Weather. (T)
  10.35 The National Lottery Draws. More fortunes are made as the balls are set rolling and the all-important results of the Thunderball, Dream Number and Lotto draws are revealed. Gethin Jones hosts. (T)
  10.45 Medium. Allison puts Devalos' hopes of returning to the DA's office in jeopardy when she starts having dreams that his strongest political supporter is involved in a conspiracy. Joe has to step in when Bridgette starts getting communications from a creditor on the other side of the world. (T)
  11.30 The Tudors. Anne Boleyn is imprisoned in the Tower awaiting execution, which is delayed by the executioner's late arrival. The king declares his union to the queen null and void, denying their daughter Elizabeth any claim to the throne then visits Jane Seymour to ask for her hand in marriage, hoping she will give him a male heir. Last in series; (R) (T) 1.25 Sign Zone: Losing It- Griff Rhys Jones on Anger. (R) (T) 1.25 Sign Zone: Timewatch: Stonehenge. (R) (T) 2.20 Sign Zone: Artiq



## Pick of the Day

Greatest Cities of the World with Griff Rhys Jones (ITV1 Granada, 9pm) The phrase 'a day in the life' is bandied about without much thought, but in this new series, Griff Rhys Jones really does experience 24 hours in the life of a city. He'll be lifting the lid on what makes Paris and London tick, but kicks things off in New York. The affable comedian meets an array of ordinary folk, from the man whose job it is to hoist every US flag in the city, to the clientele of a busy Greek restaurant. Griff finds out a few secrets about the iconic Grand Central Station — but why do some of the 700,000 people who pass through it talk to the walls? Moving on, the plucky presenter plumbs the depths with New York's sanitation men, before scaling the heights with a pair of brave window cleaners in what he describes as the single most terrifying experience of my life". Back on terra firma, he meets Walt, a man at the heart of a 150-year-old piano-making company, and is moved to tears by a choir of addicts in Harlem. As the night closes in, Griff goes backstage at a Broadway show, before keeping his final appointment of the day, meeting Ivan New York's newest citizen, who is born at 3am.

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies; (R) (T) Tweenies Songtime. (R) (T) 7.00 CBBC: Pitt & Kantrop. (R) (T) 7.25 Newsround: (T) Prank Patro Pocketsize. (R) (T) 7.35 Wild About Animals. (R) (T) 8.00 Basil's Game Show. (R) (T) 8.30 CBeebies: Postman Pat: SDS. (T) 8.45 Chuggington. (T) 9.00 Clifford's Puppy Days; (R) (T) Tweenies Songtime. (R) (T) Days, (R) (1) weelines Soriginier. (R) (1) 9.20 Balamory. (R) (T) 9.40 Little Red Tractor; (R) (T) Pingu. (R) 10.00 In the Night Garden. (R) (T) 10.30 Big Barn Farm. (R) (T) 10.45 Get Squiggling. (R) (T) 11.00 What Are You Like? (T) 11.30 The Daily Politics. (T) 1.00 See Hear. (T) 130 Weeking Lunch (T) 30 Advised Park 1.30 Working Lunch, (T) 2.00 Animal Park (T) 2.15 Animal 24:7. (R) (T) 3.00 Murder, She Wrote. (R) (T) 3.45 Flog ItI (T) 4.30 Ready, Steady, Cook. (T) 5.15 Escape to the Country. (T) 6.00 Eggheads. (T) 6.30 Strictly Come Dancing - It Takes Two. (T) 7.00 Who Do You Think You Are? Laurence Llewelyn-Bowen researches his ances try. Last in series. (R) (T) 8.00 The Res taurant. The remaining couples run their own takeaway service. (T) 9.00 Heroes. Sylar's war against the Company has unforeseen consequences. (T) 9.45 Heroes Unmasked. Delving into Level 5 to look at its creation, conception and design. (T) 10.00 Mock the Week Again. Michael McIntyre and Jan Ravens guest. (R) (T) 10.30 Newsnight - US Election Debate Special; (T) Weather. (T) 11.50 Charley Boorman: Ireland to Sydney by Any Means. (R) (T) 12.50 BBC News. (T) 4.00 BBC

6.00 The Treacle People. (R) (T) 6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Freshly Squeezed. 7.30 Everybody Loves Raymond, (R) (T) 8.00 Just Shoot Me. (R) (T) 8.30 Just Shoot Me. (R) (T) 8.55 Frasier. (R) (T) 9.30 Gay to Z; (R) (T) I've Got This Friend. (R) (T) 10.00 The Big Squeeze; (R) (T) I've Got This Friend. (R) (T) 10.30 Extremes; (R) (T) I've Got This Friend. (R) (T) 11.25 Day I Gotthe Sack; (R) (T) I've GotThis Friend. (R) (T) 12.00 News at Noon, (T) 12.30 Property Ladder. (R) (T) 1.30 FILM: War of the Wild cats (1943). Western, starring John Wayne (T) (bw) 3.25 Countdown. (T) 4.15 Deal or No eal. (T) 5.00 The Paul O'Grady Show. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 The Political Slot: Liberal Democrat. (T) 8.00 Supernanny. Jo Frost visits Devon to help single parent Clare Dakin, who has been worn down by her eight-year-old son's ag gressive behaviour and her seven-year-old daughter's attention seeking. (T) 9.00 The Family. Jane and Simon clash over their children's behaviour. (T) 10.00 Desperate Housewives. The ladies gather to meet Susan and Mike's new baby. (T) 11.05 Jamie's Ministry of Food. (R) (T) 12.05 4Music: One to Watch: Iglu and Hartly. 12.20 4Music: One to Watch: The Bombay Bicycle Club. 12.35 4Music: JD Set Presents Cherry Ghost. (R) (T) 12.55 FILM: Bombon el Perro (2004). Premiere. Comedy drama, starring Juan Villegas. 2.35 Home Road Movies. (R) (T) 2.50 The Great Russian Art Boom. (R) (T) 4.20 Countdown. (R) (T) 5.05 The Genius of Charles Darwin. (R) (T)

6.00 Milkshakel: Miss Spider's Sunny Patch nds. (R) (T) 6.10 Franny's Feet. 6.25 Fireman Sam. (R) (T) 6.35 Hana's Helpline. (B) (T) 6.45 Play! (T) 6.55 Mio Mao. (T) 7.00 Funky Valley. (R) (T) 7.05 Roary the Racing Car. (R) (T) 7.25 The Mr Men Show. (R) (T) 7.40 Make Way for Noddy. (R) (T) 7.55 Fifi and the Flowertots. (R) (T) 8.10 Peppa Pig. (R) (T) 8.20 Thomas & Friends, (R) (T) 8.35 Bert and Ernie's Great Adventures. (T) 8.40 Milkshake! Music Box. (R) (T) 8.50 Pocoyo. (R) (T) 9.00 The Wright Stuff, (T) 10.30 Trisha Goddard, (T) 11.30 Colin and Justin's How Not to Decorate. (R) (T) 12.30 Five News. (T) 12.45 Grev's Anatomy, (R) (T) 1.45 Neighbours (T) 2.15 Home and Away. (T) 2.50 County Secrets. (T) 3.05 Five News Update. (T) 3.10 FILM: Cool Money (2005). Crime ca per, starring James Marsters. (T) 5.00 Five News; Weather. (T) 5.30 Neighbours. (R) (T) 6.00 Home and Away. (R) (T) 6.30 Animal Rescue Squad. (R) (T) 7.00 Five News. (T) 7.30 It Pays to Watch. How to snap up a last-minute winter holiday for a hargain price: (T) 7.30 Five News Undate 8.00 Axe Men. Some of the bigges logging companies find themselves struggling; (T) 8.00 Five News at 9. (T) 9.00 Paul Merton in India. New series. The comedian embarks on a tour of India. (T) 10.00 Banged Up Abroad. New series. A woman who duped her friend into smuggling drugs from Peru. (T) 11.05 Unbreakable. (R) (T) 12.05 Poker. 1.35 Major League Baseball. 4.45 Race and Rally UK. 5.10 Neighbours. (R)

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 1.55 London News and Weather. (T) 2.00 60 Minute Makeover. (T) 3.00 The Alan Titchmarsh Show. (T) 3.59 London Weather. (T) 4.00 Midsomer Murders

- 5.00 Britain's Best Dish, Ed Baines, Jilly Goolden and Britain's Best Dish. Ed Baines, July Goolden and John Burton Race judge the efforts of amateur cooks from the South West of England and South Wales bidding for a place in Friday's regional final. (T)
  London Tonight; Weather. (T)

- ITV Evening News; Weather. (T) Emmerdale. Andy fights for his life in the hospital as a furious Daz accuses Jo of causing the accident. Bob returns from his holiday, and Anna is delighted when she finally gets her own way. (T) Coronation Street, Janice is arrested and
- charged with fraud, prompting Roger to pack his bags and leave. Liam agonises over his best man's speech, and Jason returns from Milan with his hopes dashed. (T)
- The Bill. On her first day as an Inspector, Rachel co-ordinates a joint raid with CID on a crack den, only to find the main culprits have been tipped off in advance. A frightened little girl found boarded up in the fireplace puts the team back on the scent, but Leon falls for a sob story and lets the girl's mother get away, despite her obvious involvement in the drugs operation. (T)

  Greatest Cities of the World with Griff
- Hys Jones. New series. Visits to major metropolises, beginning with New York, where Griff visits Grand Central Station, gets his ands dirty with the Sanitation Department and cleans the windows of a skyscraper. (T)
- 10.00 News at Ten and Weather. (T)
- 10.30 London News and Weather. (T)
- England Expects. Former England football manager Graham Taylor discusses the challenging nature of the job, and why the national team has not won a major tournament since 1966. With contributions from current holder of the position Fabio Capello and former England bosses Sven-Goran Eriksson and Glenn Hoddle, as well as footballing personalities in-cluding Harry Redknapp, Trevor Brooking and
- Johann Cruyff. (T) Numb3rs. Don and his team investigate a bombing outside an Army recruiting centre - an attack resembling the work of an anti-war activist who vanished 30 years previously. Robert Forster guests. (T)

12.35 Nightwatch with Steve Scott: Crime. (R) (T) 1.25 Raines; (R) (T) ITV News Headlines. 2.15 Loose Women. (R) 3.00 The Jeremy Kyle Show. (R) (T) 3.55

## OCAL

## O630 Bom Dia Portugal 1000 Praça da Alegira 13000 News 1400 Amor e Intrigas 1500 Portugal no Coração 1630 Futsal World Championship: Portugal vs Tailand 1800 Portugalem Directo 1910 O Preço Certo 2000 News 2100 Em Reportagem 2130 Jogo Duplo 2230 Ainda bem que Apareceste, film 2330 Space Cowboys, film 0200 Lackawanna Blues film 0500 Euronews 0605 Nós

0700 Euronews 0715 Zig Zag 1400 Sociedade Civil 1530 Entre Pratos 1600 National Geographic 1700 Zig Zag 1830 A Fé dos Homens 1900 Biosfera 1945 Zig Zag 2045 Estranhos na América 2115 National Geographic 2200 News 2240 Without a Trace 2330 Clube de Jornalistas 0030 News 0100 Universidades 0130 Sim, Amor 0200 Backstage 0230 Biosfera 0315 Sociedade Civil 0445 Euronews 0545 Km Zero 0615 A Fé dos Homens 0645 Euronews

RTP2

## 0600 Sic Noticias 0900 Dia Em Grande 1000 Fátima 1300 News 1415 Como uma Onda 1515 Beleza 1415 Como uma Onda 1515 Belza Pura 1615 Contacto 1800 Releza Pura 1615 Contacto 1800 Releza 2130 Podia Acabar o Mundo 2230 A Verdade Compensa 2330 A Favorita 0330 Criminal Minds, series 0130 CSI Las Vegas 0230 Todos em Linha 0430 Ciranda de Pedra TVI

0700 Diario Da Manhã 1015 Você 0700 Diario Da Manha 1015 Voce
na TV 1300 News 1400 As Tardes
da Júlia 1700 Questier Ganha
1800 Moragros Von Hollar 2000
News 2130 Fairio Be Amor 2230 A
Outra 2330 Fascinios 0030 Born
on the 1st of July, film 0330 Sempre
a Somar 0445 TVI Negócios 0500
446 que a Morte nos Spanso 0530 Até que a Morte nos Separe 0530 Telesales

## Best of the Rest

7.00 Freaky Eaters 8.00 Dog Borstal 9.00 Hoodies Can Be Goodies 10.00 Heroes 10.45 Family Guy 11.05 Coming of Age 11.35 The Most Annoving Pop Moments - We Hate to Love 2.05 Dog Borstal 3.05 Coming of Age 3.35 Hoodies Can Be Goodies 4.30 Football Gaffes Galore 4.45 Spendaholics 5.15 Close

### BBC4

BBC3

7.00 World News Today 7.00 Weather 7.30 Britain from Above 8.00 Britain from Above 9.00 Wilderness Explored 10.00 Kingdom of the Ice Bear 10.55 Kingdom of the Ice Bear 11.50 Wilderness Explored 12.50 Frank Hurley: The Man Who Made History 1.50 The Worst Journey in the World 2.50 Wilderness Explored 3.50 Close ITV2

1.00 Airline USA 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.45 Ricki Lake 4.30 Sally Jessy Raphael 5.20 The Montel Williams Show 6.05 Judge Judy 7.00 Smallville 8.00 Hell's Kitchen USA 9 00 Jack Oshourne: Celebrity Adrenaline Junkie 10.00 Celebrity Juice 10.30 Film: Coyote Ugly 12 (2000) 12.30 No Heroics 1.00 Katy Brand's Big Ass Show 1.30 Coronation Street 1.55 Sex. Love and Secrets 2.40 Teleshopping

### 5.40 ITV2 Nightscreen Sky1

1.00 Project Catwalk 2.00 Bones 3.00 Cold Case 4.00 Stargate

Atlantis 5.00 Soccer AM: The Best Bits 6.00 Malcolm in the Middle 6.30 Futurama 7.00 The Simpsons 7.30 The Simpsons 8.00 Don't Forget the Lyrics US 9.00 Ross Kemp: A Kenva Special 10.30 Film: The Last Boy Scout 18 (1991) 12.35 Road Wars 1.35 Road Wars 2.25 Uncut! Sex on the Job 3.15 Greece Uncovered 4.10 Brainiac: Science Abuse 5.05 Guilty!

### UKTV Gold

1.40 Only Fools and Horses 2.20 The Good Life 3.00 My Family 3.40 Sorry! 4.20 As Time Goes By 5.00 Keeping Up Appearances 5.40 Waiting for God 6.20 Last of the Summer Wine 7.00 Last of the Summer Wine 7.40 The Good Life 8.20 My Family 9.00 Only Fools and Horses 9.40 The Vicar of Dibley 10.20 French and Saunders 11.00 The Royle Family 11.40 Little Britain 12.20 The Vicar of Diblev 1.00 French and Saunders 1.40 The Royle Family 2.15 The Two Ronnies

## **TCM**

1.00 Boys' Night Out PG (1962) 3.00 King Solomon's Mines U (1950) 4.55 All the Fine Young Cannibals PG (1960) 7.00 Ada PG (1961) 9.00 Catholic Boys 15 (1985) 10.55 Savage Messiah 18 (1972) 12.45 The Subterraneans 15 (1960) 2.40 All This, and Heaven Too PG (1940) 5.00 For Me and My Gal U (1942) The Disney Channel

Kids' programmes from 7am except:

## **MOVIES**

## 6.45 Between Love and Honor

PG (1995) 8.30 Cleopatra 10.15 How to Lose Friends and Alienate People Special 10.45 The Starte Wife 12.15 Columbo Cries Wolf PG (1990) With Peter Falk. 2.00 Storyville 15 (1992) With James Spader. 4.00 American Gangster Special 4.15 The Nativity Story PG (2006) With Keisha Castle Hughes. 6.15 Notes on a Scandal 15 (2006) With Judi Dench. 8.00 Gridiron Gang 12 (2006) With Dwayne 'The Rock' Johnson. 10.15 Summer of Sam 18 (1999) With Mira Sorvino. 12.45 McVica 18 (1980) With Roger Daltrey 2.45 This Is My Father 15 (1998) With James Caan. 4.45 Loss of Faith PG (1997)

### Sky Movies Comedy

7.00 35MM 7.30 RV: Runaway Vacation PG (2006) 9.15 Working Girl 15 (1988) 11.15 10 Things I Hate About You 12 (1999) With Heath Ledger, 1.00 Hot Fuzz 15 (2007) With Simon Pegg. 3.05 RV: Runaway Vacation PG (2006) With Robin Williams, 4.50 Bad Girls from

Benz. 6.25 I Want Candy 15 (2007) With Carmen Electra. 8.00 Working Girl 15 (1988) With Melanie Griffith 10.00 Hot Fuzz 15 (2007) With Simon Pegg. 12.00 10 Things I Hate About You 12 (1999) With Heath 1 45 Prizzi's Honor 15 (1985) With Jack Nicholson. 4.00 I Want Candy 15 (2007) 5.35 Project: ALF PG (1996)

Valley High 12 (2005) With Julie

(T) 5.35 Home and Away. (R) (T)

### Sky Movies Action/Thrller

6.40 Dukes of Hazzard: The Beginning 15 (2007) 8.20 Web of Lies PG (1999) 10.00 Rob Roy Lies PG (1999) 10.00 Hob Hoy 15 (1995) 12.25 Double Jeopardy 15 (1999) With Ashley Judd. 2.15 Night of Terror 18 (2006) With Mitzi Kapture. 3.55 Action & Thriller Close Up 4.25 Rob Roy 15 (1995) With Liam Neeson 6 50 Rocky PG (1976) With Sylvester Stallone. 9.00 Double Jeopardy 15 (1999) With Ashley Judd 10.50 Fire Down Below 18 (1997) With Steven Seagal. 12.40 Platoon 15 (1986) With Charlie Sheen. 2.45 Blood Simple 18 (1984)With Frances McDormand. 4.25 Rocky PG

### (R)-repeat programme;

- (T)-programme with teletext subtitles;
- (S)-programme broadcastinstereo;

(bw) - black and white.

## SPORT

6.00 Good Morning Sports Fans 9.00 Football Asia 9.30 A-League 10.00 Revista De La Liga 11.00 Poker Million 1.00 A-League 1.30 Revista De La Liga 2.30 Pool 3.30 Football Asia 4.00 Revista De La Liga 5.00 Revista De La Liga 5.00 NFL: Total Access 6.00 Live Darts, Day three of the World Live Darts. Day three of the World Grand Prix. 11.00 FTEA Futbol Mundial 11.30 Total Rugby 12.00 Johnstone's Paint Trophy Football 1.30 Poker Million 3.30 Transworld Sport 4.30 Total Rugby 5.00 Live Test Cricket. India v Australia.

### Sky Sports 2

6.00 Aerobics Oz Style 6.30 X-Adventures 7.00 WWE Vintage Collection 8.00 Sports Unlimited Collection 8.00 Sports Unlimited 9.00 X-Adventures 9.30 Motor Racing 10.00 Darts 3.00 Ladies European Tour Golf 4.00 Poker Million 6.00 Total Rugby 6.30 European Tour Weekly 7.00 FIFA Futbol Mundial 7.30 Live Lebestone's Paint Trevby Sentit I Futbol Mundial 7.30 Live Johnstone's Paint Trophy Football Rotherham United v Leeds United (Kick-off 7.45pm). 10.00 (Kick-off /.45pm). 10.00 Transworld Sport1.00 NFL: Total Access 12.00 PGA EuroPro Tour Golf 2.00 European Tour Weekly 2.30 Total Rugby 3.00 Angling 4.00 Irish Greyhound Racing 4.30 European Tour Weekly 5.00 Sports Unlimited

8.30 Challenge Tour Golf 9.00 Ladies European Tour Golf 10.00 Pool 11.00 Aerobics Oz Style 11.30 Pool 11.00 Aerobics Oz Style 11.30 Racing News 12.00 Sports Unlimited 1.00 NFL: Total Access 2.00 X-Adventures 2.30 A-League 3.00 Sports Unlimited 4.00 Pool 5.00 WWE: Bottom Line 6.00 WWE: Afterburn 7.00 British Motocross Atterburn 7.00 British Motocross Championship 8.00 PGA EuroPro Tour Golf 10.00 Watersports World 11.00 European Tour Weekly 11.30 Irish Greyhound Racing 12.00 Spirit of Yachtling 12.30 Angling 1.30 Women's Pool 2.30 Squash 3.30 Squash 4.30 Close

### British Eurosport

7.30 World Rally Championship 8.30 euroCRASHI 8.45 Eurogoals 9.30 WTA Tennis 10.30 Table Tennis 12.00 Live WTA Tennis. The Kremlin Cup. 1.45 Futsal 2.30 Live Futsal Brazil v Cuba (Kick-of 2.30pm). 4.00 Futsal 4.30 Live Futsal. Italy v Paraguay (Kick-off 4.30pm). 5.15 Eurogoals 5.30 Live Futsal. Italy v Paraguay (Kick-off 4.30pm). 6.00 Futsal 7.15 WATTS 7.30 Wednesday Selection 7.35 Polo 8.05 Riders Club 8.10 US Tour Golf 9.10 European Tour Golf 9.40 Golf Club 9.45 Wednesday Selection 9.55 Sailing 10.25 Sailing 10.55 Yacht Club 11.00 Olympic Host Cities 11.15 WATTS 11.30 World Rally Championship 12.30

10.00 Squash 11.00 Squash 10.00 Squash 11.00 Squash 12.00 Ladies European Tour Golf 1.00 PGA EuroPro Tour Golf 3.00 Squash 4.00 Squash 5.00 Watersports World 6.00 Women's Pool7.00 Angling 8.00 Judo 9.00 Squash 10.00 Squash 11.00 Women's Pool 12.00 Judo 1.00 Ritish Richard 12.00 Judo 1.00 British Motocross Championship 2.00 X-Adventures 2.30 Irish Greyhound Racing 3.00 Max Power 4.00 British Motocross Championship 5.00 Judo



### **Removals & Storage**

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## 9 OCT

6.00 Breakfast, (T) 9.15 Real Rescues, (T) 10.00 Put Your Money Wh re Your Mouth Is: (T) BBC News Your Money Where Your Mouth Is; (T) BBC News; Weather. (T) 11.00 Open House. (T) 11.30 Cash in the Attic; (T) BBC News; Weather. (T) 12.15 Bargain Hunt. (R) (T) 1.00 BBC News; Weather. (T) 1.30 Regional News. (T) 1.45 Doctors. (T) 2.15 Diagnosis Murder. (R) (T) 3.00 BBC News; Weather, Regional News. (T) 3.05 CBeebies: LazyTown. (R) (T) 3.30 CBBC: Bear Behaving Badly. (R) (T) 3.50 Eliot Kid; (R) (T) The Owl. (R) (T) 4.05 Raven. (T) 4.35 Beat the Boss. (R) (T) 5.00 round. (T)

- Weakest Link. Members of the public answe weakest Link. Members of the public answer general knowledge questions against the clock, hoping to build a stack of cash and avoid being voted off. Anne Robinson presents. (T) BBC News; Weather. (T) Regional News Programmes; Weather. (T) The ONE Show. (T) EastEnders. Archie gets Danielle to spy on Sonnie while Pat warns Peggray about trying to
- EastEnders. Archie gets Danielle to spy on Ronnie, while Pat warns Peggy about trying to uncover whatever he is hiding. Bianca discovers Tony and Whitney never made it to the psychiatrist's, and Dawn decides to stay in Walford, but Minty warns Garry not to get his hopes up. Billy offers a lifeline to a heartbroken Jay; (T) BBC News; Regional News. (T) Big Cat Live. Following the progress of cheetahs, leopards, lions and other wildlife, including wildebeest on their annual migration, in a broad
  - wildebeest on their annual migration, in a broad cast from Kenya's Masai Mara game reserve With Simon King, Jackson Looseyia, Jonathan Scott and Kate Silverton. (T) Silent Witness. Conclusion. The team's rela-
  - Silent Witness. Conclusion. The team's rela-tionship with DS Barker falls apart due to a lack of trust, forcing Harry to pursue his own line of enquiry. He searches for Pargeter and finch shirt conducting a press conference with Oleg Kovik, a Russian oligarch who claims Fran Price was friend of his and the his his hard treated. a friend of his, and that he is the next target of the killer because of a book he was helping Fran write. (T)
- 10.00 BBC N vs. (T)

- 10.00 BBC News. (T)
  10.25 Regional News; Weather. (T)
  10.35 Question Time. (T)
  11.35 This Week; (T) Holiday Weather. (T)
  11.35 This Week; (T) Holiday Weather. (T)
  12.25 Sign Zone: Panorama. (R) (T) 12.55 Sign Zone:
  Charley Boorman: Ireland to Sydney by Any Means. (R)
  (T) 1.55 Sign Zone: Arena: The Hunt for Moby-Dick. (R)
  (T) 2.55 Sign Zone: An Island Parish. (R) (T) 3.25 Sign
  Zone: Would Liket Meat Again. (R) (T) 3.55 Sign Zone: Zone: Would Like to Meet Again. (R) (T) 3.55 Sign Zone: Chinese Food Made Easy. (R) (T) 4.25 BBC News. (T)

(R) - repeat programme:

(T) - programme with teletext subtitles (S) - programme broadcast in stereo;

(bw) - black and white.

## BBC<sub>2</sub>

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies; (R) (T) Tweenies Songtime. (R) (T) 7.00 CBBC: Pitt & Kantrop. (R) (T) 7.25 Newsround; (T) Prank Patrol Pocketsize. (T) 7.35 Wild About Animals. (T) 8.00 Basil's Game Show. (T) 8.30 CBeebies: Postman Pat: SDS. (T) 8.45 Chuggington. (T) 9.00 Clifford's Puppy Days; (R) (T) Tweenies Songtime. (R) (T) 9.20 Balamory. (R) (T) 9.40 Little Red Tractor; (R) (T) Pingu. (R) 10.00 In the Night Garden. (R) (T) 10.30 Big Barn Farm. (R) (T) 10.45 Get Squiggling. (R) (T) 11.00 Schools: Maths Channel. (T) 11.10 BBC Primary History. (T) 11.30 Something Special. (T) 11.45 What? Where? When? Why? (T) 12.00 The Daily Politics. (T) 12.30 Working Lunch. (T) 1.00 Out of the Blue. (T) 1.25 Coast. (T) 1.30 Living in the Sun. (R) (T) 2.15 Animal 24:7. (R) (T) 3.00 Murder, She Wrote. (R) (T) 3.45 Flog It! (R) (T) 4.30 Ready, Steady, Cook, (R) (T) 5.15 Escape to the Country. (T) 6.00 Eggheads. (T) 6.30 Strictly
Come Dancing - It Takes Two. (T) 7.00
James May's Big Ideas. The latest developments in humanoid robots. (R) (T) 8.00 The Restaurant. The couples cater for private dinner parties - in their clients' homes. (T) dinner parties - in their clients' homes. (T) 9.00 Never Mind the Buzzcocks. With guest team captain Stephen Fry. (T) 9.30 Beautiful People. Simon and Kylie are egged on by their mothers to audition for the school production of Joseph, but when the lead role goes to a girl, Debbie takes matters into her own hands. (T) 10.00 The Graham Norton Show. With Jennifer Saunders and Cyndi Lauper. (T) 10.30 Newsnight; (T) Weather (T) 11.20 Amazon with Bruce Parry. (R) (T) 12.20 BBC News. (T) 4.25 Close.

## Pick of the Dav

Never Mind the Buzzcocks (BBC2, 9pm)

Last week, this long-running musical quiz returned to our screens, but without one vital member of the line-up. Yes, Bill Bailey has decided to go it alone, as a BBC spokeswoman said: "After 11 series selflessly, heroically and hilariously captaining one side on Never Mind The Buzzooks, other commitments have sadily led to Bill Bailey being unable to take part in the hit comedy pop quiz." But, as with Mark Lamarr's departure, the show proves it's bigger than the sum of its parts and will soldier on, boasting a succession of guest captains warming Bailey's seat. Among the names being bandled about are Frank Skinner, Dermot O'Leary, Jack Dee, Johnny Vegas and Bob Mortimer. At least sharp-tongued host Simon Amstell is back and in fine form, taking the helm for his third season in charge (to use the phrase loosely) of the quizcom. As usual, remaining team captain Phill Jupitus and this week's plucky guests try their hands at rounds including intros and the line-up. The Hobbit-loving Mr Bailey may no longer be a part of the show's make-up, but one thing's still guaranteed: plenty of laughs are in the offing.

### C4

6.05 Making It. (R) (T) 6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Freshly Squeezed. 7.30 Everybody Loves Raymond. (R) (T) 8.00 Just Shoot Me. (R) (T) 8.30 Just Shoot Me. (R) (T) 8.55 Frasier. (R) (T) 9.30 Gay to Z; (R) (T) 3 Minute Wonder. (R) (T) 10.00 The Big Squeeze; (R) (T) I've Got This Friend. (R) (T) 10.30 Extremes; (R) (T) Life Stuff. (R) (T) 11.25 Day I Got the Sack; (R) (T) National Gallery. (R) (T) 12.00 News at Noon. (T) 12.30 Property Ladder. (R) (T) 1.30 FILM: Wake of the Red Witch (1949). Seafaring adventure, starring John Wayne. (T) (bw) 3.25 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 The Paul O'Grady Show. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News (T) 7 55 The Political Slot (T) 8.00 The Great Italian Escape. Richard tours the olive groves in search of a good crop. Last in series. (T) 8.30 Chateau Monty The wine-maker is invited to showcase his product in London. Last in series. (T) 9.00 Ninety Naps a Day. Following three British narcolepsy sufferers. (T) 10.00 8 Out of 10 Cats. Irreverent panel show hosted by Jimmy Carr, in which two teams answer questions based on opinion polls to see who best understands what is going on in Britain today. (T) 10.35 Star Stories. (R) (T) 11.10 When Women Rule the World. (T) 12.10 Alan Carr's Celebrity Ding Dong. (R) (T) 1.00 4Music: One to Watch. 1.15 FILM: Devi (1960). Drama, starring Chhabi Biswas. (bw) 3.05 7/7: The Miracle of Carriage 346. (R) (T) 4.05 Get the Picture. (R) 

## **FIVE**

6.00 Milkshakel: Miss Spider's Sunny Patch Friends. (R) (T) 6.10 Franny's Feet. (R) (T) 6.25 Fireman Sam. (R) (T) 6.35 Hana's 6.25 Fireman Sam. (R) (T) 6.35 Hana's Helpline. (R) (T) 6.45 Playl (T) 6.55 Mio Mao. (R) (T) 7.00 Funky Valley. (R) (T) 7.05 Roary the Racing Car. (R) (T) 7.25 The Mr Men Show. (R) (T) 7.40 Make Way for Noddy. (R) (T) 7.55 Fifs and the Flowertots. (R) (T) 8.10 Peppa Pig. (R) (T) 8.20 Thomas & Friends. (R) (T) 8.35 Rupert Bear. (R) (T) 8.59 Recover. (R) (T) 9.75 Play Mich Stuff 8.50 Pocoyo. (R) (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (T) 11.30 Colin and Justin's How Not to Decorate. (R) (T) 12.30 Five News. (T) 12.45 Grey's Anatomy (R) (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 County Secrets; (T) Five News Update. (T) 3.05 FILM: Columbo Goes to College (1991). Crime drama, starring Peter Falk. (T) 5.00 Five News; Weather. (T) 5.30 Neighbours. (R) (T) 6.00 Home and Away. (R) (T) 6.30 Animal Rescue Squad. (R) (T) 7.00 Five News. (T) 7.30 How Do They Do It? How firefighters train for their most hazardous jobs; (T) 7.30 Five News Update. (T) 8.00 I Own Britain's Best Home and Garden. A modern landscape in Oxfordshire and a historic garden in Hampshire: (T) 8.00 Five News at 9, 9.00 Extraor dinary People: The Little Mermaid. (T) 10.00 FILM: A Perfect World (1993). Clint Eastwood's emotional melodrama about a convict (Kevin Costner) who escapes from prison and takes a seven-year-old boy hostage. Eastwood and Laura Dern costar. (T) 12.40 Quiz Call. 4.00 Major League Soccer, 4.45 Wildlife SOS, (R) (T) 5.10 Neighbours. (R) (T) 5.35 Home and Away (R) (T)

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The 5-3011 V Morning News. (1) 6:00 GMI V. (1) 9:25 Ine Jeremy Kyle Show. (T) 10:30 This Morning. (T) 12:30 Loose Women. (T) 1:30 ITV Lunchtime News. (T) 1.55 London News and Weather. (T) 2:00 60 Minute Makeover. (T) 3:00 The Alan Titchmarsh Show. (T) 3:59 London Weather. (T) 4:00 Midsomer Murders.

- Britain's Best Dish. Day four of the South West of England and South Wales regional heats. (T)

- Or England and South Water Seguinal meats. (1) London Tonight; Weather. (T)
  ITV Evening News; Weather. (T)
  Emmerdale. Jo is determined to clear her name after Andy claims she is the one who has been abusing him. Terry is bemused by Bob's increasingly desperate attempts to see Viv. (T)
  Homes & Property. New series. Alistair Appleton
- explains how an inspirational loft conversion was built, while Alison Cork tracks down floor-boards, a berber rug and a stylish chair at discounted prices. Plus, the property market in Kingsdown, Kent, and Andy Sturgeon observes London gardens that need no maintenance.
- The Bill. Rachel is frustrated when two brothers The Bill. Hachel is Trustrated when two brothers both offer conflicting versions of the stabbing of a drug dealer and Leon blots his copybook with his boss once more through his determination to help. Will gets a chance to impress Neil, who calls him in to the CID office and makes an
- cans mill in to the CID office and makes an interesting offer. (T)
  Natural Born Sellers. The six remaining competitors welcome a new rival to replace the one who walked out. Their challenge this week is to take over as the sales team of a family-run double-glazing company. As each of them battles to keep out of the bottom two, mistakes are made, rules are broken and cloak-and-dagger reactics play a substantial role. Narrated Peter Egan. (T)
  News at Ten and Weather. (T)
- 10.30 London News and Weather, (T)
- 10.40 Grimebusters. In the first of a new series following specialist clean-up teams, a bedsit in Leicester is cleared of three tonnes of rubbish and an exterminator tackles rats in the Cots-wolds. In Wolverhampton, a litter-picker is con-fronted with a burnt-out caravan and a sewage team in Dagenham deal with disgusting block-ages. Narrated by Henry Cole. Death on Our Streets: Stop the Violence. The
- London Programme investigates the rise in
- youth killings. (R) /london. Tamzin Sylvester looks at the stories behind the headlines and the issues that matter to the capital's residents

12.10 Bingo Night Live. 1.15 Motorsport UK. (T) 1.40 Nightwatch with Steve Scott: Emergency; (R) (T) ITV News Headlines. 2.35 Loose Women. (R) 3.25 The Jeremy Kyle Show. (R) (T) 4.15 ITV Nightscreen

## LOCAL

### RTP1 0630 Bom Dia Portugal 1000 Praça da Alegria 1300 News 1415 Amore Intrigas 1515 Portugal no Coração 1800 Portugal em Directo 1900 O Preço

1955 Direito de Antena 2000 Certo 1955 Direito de Antena 2000. News 2100 Grande Entrevista 2135 Jogo Duplo 2235 Os Contemporâneos 2320 Corredor do Poder 0030 O Jogo de Mr. Ripley, film 0230 Uma Mulher Misteriosa: Redenção, film 0350 Portugal no Coração 0605 Nós RTP2

0700 Euronews 0715 Zig Zag 1400 Sociedade Civil 1530 Entre Pratos Sociedade Civil 1530 Entre Pratos 1600 National Geographic 1700 Zig Zag 1830 A Fé dos Homens 1900 Iniciativa 1945 Zig Zag 2045 My Name is Earl, series 2115 National Geographic 2200 News 2240 Bones, series 2330 Balanço & Contas 0030 Dicas no Vinil, com Sam the Kid 0115 Universidades 0145 Sim, Amor 0215 Gente da Cidade 0245 Iniciativa 0300 Sociedade Civil 0430 Euronews 0545 Km Zero 0615 A Fé dos Homens

0645 Euronews SIC 0600 Sic Notícias 0900 Dia Em Grande 1000 Fátima 1300 News 1415 Como uma Onda 1515 Beleza Pura 1615 Contacto 1800 Rebelde Way 1900 Roda da Sorte 2000 News 2130 Podia Acabar o Mundo 2300 A Favorita 0030 Criminal Minds, series 0130 Cartaz Cultural 0215 Todos em Linha 0415 India with Sanjeev Bhaskar 0515 Ciranda de Pedra TVI 2130 Podia Acabar o Mundo 2300 A

TVI
0700 Diario Da Manha 1015 Vocè
na TV 1300 News 1345 As Tardes
de Julia 1700 Quem Quer Ganha
1800 Morangos Constituto de 1800 Morangos Constituto de 1800 Morangos Constituto de 1300 Periodo Carde 1300 Periodo de 1300 Culbe
dos Investigatores, Series 0145
Cartaz das Artes 0215 Sempre a
Somar 0345 Até que a Morte nos
Separe 0415 TVI Negocios 0500
H20, Series 0530 Telesales

## Best of the Rest

## 7.00 Freaky Eaters 8.00 Make My Body Younger 9.00 The World's Strictest Parents 10.00 EastEnders 10.30 The Real Hustle 11.00 Family Guy 11.20 The World's Strictest Parents 12.20

Make My Body Younger 1.20 The Real Hustle 1.50 Massive 2.20 Dog Borstal 3.15 Freaky Eaters 4.15 Massive 4.45 Spendaholics

7.00 World News Today 7.00 Weather 7.30 Fossil Detectives 8.00 Steam Days 8.30 Railway Walks 9.00 Between the Lines: Railways in Fiction and Film 10.00 Film: The Lady Vanishes U (1938) 11.35 The Signalman 12.15 Saki: Who Killed Mrs De Ropp? 1.15 Between the Lines: Railways in Piction and Film 2.15 Fossil Detectives 2.45 Railway Walks 3.15 Between the Lines: Railways in Fiction and Film 4.00 Close

1.00 Airline USA 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.45 Ricki Lake 4.30 Sally Jessy Raphael 5.20 The Montel Williams Show 6.05 Judge Judy 7.00 The Fashion Show 8.00 CelebAir 9.00 Katie & Peter: The Celebair 9.00 Katie & Peter: The Next Chapter 10.00 Secret Diary of a Call Girl 10.30 No Heroics 11.00 Entourage 11.30 Film: Pretty Woman 15 (1990) 1.55 Katie & Peter: The Next Chapter 2.40 Teleshopping 5.40 ITV2

### Nightscreen

Sky1
1.00 Project Catwalk 2.00 Bones 3.00 Cold Case 4.00 Stargate Atlantis 5.00 Don't Forget the Lyrics US 6.00 Malcolm in the Middle 6.30 Futurama 7.00 The Simpsons 7.30 You Smarter Than a 10 Year Old? 9.00 Bones 10.00 Cold Case 11.00 9.00 Bones 10.00 Cold Case 11.00 Fringe 12.45 Road Wars 1.40 Uncut! British Sex 2.35 Scare Tactics 3.00 America's Dumbest Criminals 3.25 Greece Uncovered 4.20 Brainiac: Science Abuse 5.10

### UKTV Gold

1.30 The Dick Emery Show 1.40 Only Fools and Horses 2.20 The Good Life 3.00 My Family 3.40 Sorry! 4.20 As Time Goes By 5.00 Keeping Up Appearances 5.40 Waiting for God 6.20 Last of the er Wine 7.00 Last of the Summer Wine 7.40 The Good Life 8.20 My Family 9.00 Blackadder Exclusive: The Whole Rotten Saga 11.00 The Royle Family 11.40 Blackadder Exclusive: The Whole Rotten Saga 1.40 The Royle Family 2.15 The Two Ronnies 3.00 Close

1.00 The Wings of Eagles U (1957) 3.00 Sunday in New York U (1963) 3.50 Striday in New York (1985) 4.55 The Tender Trap PG (1955) 7.00 The Biggest Bundle of Them All PG (1968) 9.00 The Go-Between PG (1971) 11.15 The Outfit 15 (1973) 1.05 Wild Rovers 15 (1971) 3.15 The Conspirators U (1944) 5.00 The White Cliffs of er I (1944)

### The Disney Channel

programmes from 7am,

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## **MOVIES**

### 6.25 The Babe PG (1992) 8.25 Cleopatra 10.05 The Cotton Club 15

Cleopatra 10.05 The Cotton Club 15 (1984) 12.15 Columbo; Agenda for Murder PG (1990) With Peter Falk. 2.00 Carolina PG (2003) With Julia Stiles. 3.45 Marilyn Hotchkiss Ballroom Dancing and Charm School 12 (2005) With Robert Cathle 5.20 Agent Good Med 15 Carlyle, 5.30 A Few Good Men 15 (1992) With Tom Cruise. 8.00 The Good Shepherd 15 (2006) With Matt Good Snepnero 15 (2006) With Matt Damon.10.45 Bobby 15 (2006) With Laurence Fishburne. 1.00 The Departed 18 (2006) With Jack Nicholson. 3.45 Body Count 18 (1998) 5.15 Falsely Accused PG (1993)

7.10 I'm Gonna Git You Sucka 15 (1988) 8.45 Drop Dead Fred 12 (1991) 10.30 The Dream Team 15 (1989) 12.30 How to Lose Friends

1.00 Austin Powers: The Spy Who Spy Vviice S\*\*\*\*\*\* Me 12 (1999) With Mike Myers. 2.40 Norbit 12 2.40 Note: (2007) With Eddie Murphy. 4.25 Antz PG (1998) With Woody Allen. 5.55 The Top 10 Show 6.15 Drop Dead Drop Dead Fred 12 (1991) With Rik Mayall. 8.00 Austin Powers: The Spy Who S\*\*\*\*\*\* Me 12

(1999) With Mike Myers. 9.45 Norbit 12 (2007) With Eddie Murphy. 11.30 The Dream Team 15 (1989) With Michael Keaton. 1.25 Chubby Goes Down Under 18 (1998) With Roy 'Chubby' Brown, 2.55 On the Nose 15 (2000) With Robbie Coltrane 4.45 Antz PG (1998)

### Sky Movies Action/hriller

6.30 Brotherhood 15 (2004) 9.10 Consenting Adults 15 (1992) 11.05 The Postman 15 (1997) With Kevin Costner, 2.15 Stone of Destiny Costner. 2.15 Stone of Destiny Special 2.45 The Siege 15 (1998) With Denzel Washington. 4.55 Consenting Adults 15 (1992) With Kevin Kline. 6.50 Rockyll PG (1979) With Sylvester Stallone. 9.00 The Siege 15 (1998) With Denzel Washington. 11.00 Passenger 57 15 (1992) With Weslew Springs 12.20 15 (1992) With Wesley Snipes. 12.30 Inferno 18 (1999) With Jean-Claude Van Damme. 2.20 Nighthawks 18 (1981) With Sylvester Stallone. 4.15 Rocky II PG (1979)

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### SPORT

## 6.00 Live Test Cricket. India v

Australia 12.00 FIFA Futbo Australia. 12.00 FIFA Futbol Mundial 12.30 Total Rugby 1.00 Johnstone's Paint Trophy Football 2.30 Test Cricket 4.00 Live European Tour Golf. The Madrid Masters. 6.00 Live Darts. Day four of the World Grand Prix. 11.00 Premier League World 11.30 Test Cricket 1.00 European Rugby Union 3.30 Race World 4.30 Premier League World 5.00 Live Test Cricket. India v Australia.

6.00 Good Morning Sports Fans 9.00 FIFA Futbol Mundial 9.30 Johnstone's Paint Trophy Football 11.00 European Tour Weekly 11.30 Live European Tour Golf. The Madrid Masters. 1.30 FIFA Futbol Mundial 2.00 X-Adventures 2.30 Irish Greyhound Racing 3.00 Angling 4.00 FIFA Futbol Mundial 4.30 NFL: Total Access 5.30 Show Jumping 6.00 Test Cricket 7.30 Premier League World 8.00 Live Horse of the Year Show. The secondday at the Birmingham NEC. 11.00 Golf Night 1.00 NFL: Total Access 2.00 Horse of the Year Show 5.00 IAAF Athletix Weekly 5.30 ATP Tennis

### Sky Sports 3

6.00 Aerobics Oz Style 6.30 Xentures 7.00 WWE: Experie 8.00 Judo 9.00 X-Adventures 9.30 Irish Greyhound Racing 10.00 Darts 3.00 Watersports World 4.00 British Motocross Championship 5.00 WWE Vintage Collection 6.00 IAAF Athletix Weekly 6.30 Motor Racing 7.30 Live Premier League Snooker. Round four at Malvern Theatre in Worcestershire. 11.00 WWE: Late Night - Raw 1.00 Extreme Championship Wrestling 2.00 Motor Racing 3.00 Poker 5.00

### British Eurosport 7.30 International Football 8.15

International Football 9.00 World Rally Championship 10.00 Futsal 11.00 WTA Tennis 12.00 Live WTA Tennis. The Kremlin Cup. 1.45 Futsal 2.30 Live Futsal. Spain v Uruguay (Kick-off 2.30pm). 4.00 Futsal 4.30 Live Futsal. Ukraine v China (Kick-off 4.30pm). 5.15 Eurogoals 5.30 Live Futsal. Ukraine v China. 6.00 Futsal 7.30 Eurogoals 7.45 F1: The Factory 8.15 Boxing 10.00 Show Jumping 11.15 Fight Club 12.30 Close

### Sky Sports Xtra

6.00 Close 8.00 Watersports World 9.00 British Motocross Championship 10.00 Angling 11.00 Aerobics Oz Style 11.30 Racing News 12.00 Judo 1.00 NFL: Total Access 2.00 European Tour Golf 4.00 X-Adventures 4.30 Aerobics Oz Style 5.00 Race World 6.00 ATP Tennis 6.30 Women's Pool 7.30 Live European Rugby. Toulon v Northampton Saints (Kick-off 7.45pm). 10.00 Live Poker. Coverage of the online Sky Poker Five-00 tournament. 12.00 Race World 1.00 Women's Pool 2.00 Premier League Snooker 5.30 Close

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FRI

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6.00 Breakfast. (T) 9.15 Real Rescues. (T) 10.00 Put Your Money Where Your Mouth Is; (T) BBC News; Weather. (T) 11.00 Open House. (T) 11.30 Cash in the Attic; (T) BBC News; Weather. (T) 12.15 Bargain Hunt. (T) 1.00 BBC News; Weather. (T) 1.30 Regional News (T) 1.45 Doctors. (T) 2.15 Diagnosis Murder. (R) (T) 3.00 BBC News; Weather; Regional News. (T) 3.05 CBeebies: LazyTown. (R) (T) 3.30 CBBC: Bear Behaving Badly. (R) (T) 3.50 The Secret Show; (R) (T) The Owl. (R) (T) 4.05 The Revenge Files of Allstair Fury. (R) (T) 4.35 Dani's House. (T) 5.00 Newsround. (T)

35 Dani's House. (T) 5.00 Newsround. (T)
Weakest Link. General knowledge quiz. (R) (T)
BBC News; Weather. (T)
Regional News Programmes; Weather. (T)
The ONE Show. (T)
Big Cat Live. Reports on the day-to-day lives of
cheetahs, leopards, lions and other wildlife, in a
broadcast from Kenya's Masai Mara game
reserve; (T) BBC News; Regional News. (T)
EastEnders. Tony wastes no time manipulating
Whitney into keeping their secret as she prepares to go on holiday with Bianca. Christian
introduces Lee to Jane and Roxy, but the
newcomer is rude to them. Archie sets light to
a letter Ronnie had written to Joel, claiming he

a letter Ronnie had written to Joel, claiming he has always had to make the right decisions for her. Garry asks Dawn to live with him, and Peggy tries to get back in Archie's good books. Stacev is concerned about what is upsetting Danielle. (T) DIY SOS. Nick Knowles and the team visit West

DIV SOS. Nick Knowles and the team visit West Bromwich to transform a lounge into a relaxing space for a single mum with a heart condition and her eight-year-old son. (I) Harry & Paul. Nelson Mandela has a run-in with Margaret Thatcher, and Gilliam and Gerald visit the Henley Royal Northemer Show 2008. Last in senies, with Harry Enfield and Paul Whitehouse. (I) Little Britian USA. Vicky Pollard arrives at Boot Camp in Utah after being thrown out of Disneyland, and Marjorie Dawes dispenses more advice at Fatflighters. Sebastian, now the British prime minister, meets the American president and is pialous of his wife, and Bubbles takes a cruise to Rio. With Matt Lucas, David Walliams and guest star Vivica A Fox. (T) and guest star Vivica A Fox. (T)

10.00 BBC News. (T)

 10.00 BBC News. (T)
 10.25 Regional News; Weather. (T)
 10.35 Friday Night with Jonathan Ross. Actor Colin Farrell talks about his role in the film Pride and Glory and Roger Moore discusses his autobiography as they join the host on his sofa. TV presenter and fashionista Alexa Chung also

presenter and fashionista Alexa Chung also drops by for a chat. (T) The National Lottery EuroMillions Draw. Tim Vincent presents coverage of the National Lottery EuroMillions weekly draw. (T) FILM: Under Siege 2: Dark Territory (1995). Action adventure, starring Steven Seagal; (T) Weatherview. (T)

Weatherview. (T)
1.20 Sign Zone: Earth: The Climate Wars. (R) (T) 2.20 Sign Zone: Street Doctor. (R) (T) 2.50 BBC News. (T)



## Pick of the Day

The American Future: A History, by Simon Schama (BBC2, 9pm) It's been a while since we've seen historian Simon Schama on the box, but he's back with

a new series - and its timing is perfection. As the world prepares to turn its attention to the upcoming US presidential election, Schama lifts the lid on the country's historical conflicts to upcoming Us presidential election, schama lins the lio of the country's instorical comincts' determine why they made the nation what it is today. He begins with an insight into the wealth of natural resources on offer in America, and why they're in very real danger of drying up. While we in Blighty have been griping about the cost of petrol, thanks to record oil prices, the presenter reveals how it's a much more precious commodity that's been troubling the residents of the American West: water. The region has been in the grip of an almost decade-long drought, but as we discover, it's not the first time the nation has experienced an imbalance in supply and demand. Schama traces America's sense of optimism over their natural resources and the clashes with those who would conserve their riches, and tells the story of John Wesley Powell, the first man to navigate the Colorado River. There's a look back at when farming was built up to an immense scale — at the cost of creating a dustbowl in Oklahoma. Will US citizens ever learn to exercise restraint in their consumption?

### BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies; (R) (T) Tweenies Songtime. (R) (T) 7.00 CBBC: Pitt & Kantrop. (R) (T) 7.25 Newsround; (T) Prank Patrol Pocketsize. (R) (T) 7.35 Wild About Animals. (T) 8.00 Basil's Game Show. (R) (T) 8.45 Chuggington. (T) 9.00 Clifford's Puppy Days; (R) (T) Tweenies Songtime. (R) (T) 9.20 Balamory. (R) (T) 9.40 Little Red Tractor. (R) (T) Pingu. (R) 10.00 in the Night Garden. (R) (T) 10.30 Big Barn Farm. (R) (T) 10.45 Get Squiggling. (R) (T) 11.05 Schools: Words and Pictures. (T) 11.10 BBC Primary Geography. (T) 11.20 Ler's Write a Story. (T) 11.40 Around Scotland. (T) 12.00 The Daily Politics. (T) 12.30 Working Lunch. (T) 1.00 Out of the Blue. (T) 1.25 Coast. (T) 1.30 Livingin the Sun. (R) (T) 1.25 In Animal 24.7. 6.00 CBeebies: Tikkabilla, (R) (T) 6.30 1.30 Living in the Sun. (R) (T) 2.15 Animal 24:7 (R) (T) 3.00 Murder, She Wrote, (R) (T) 3.45 (R) (f) 3.00 Murder, She Wrote. (R) (T) 3.45 Flog ttt (R) (T) 4.30 Ready, Steady, Cook. (R) (T) 5.15 Escape to the Country. (T) 6.00 Eggheads. (T) 6.30 Strictly Come Dancing- It Takes Two. (T) 7.00 An Island Parish. The four rowers bid farewell to the islands. (T) 7.30 An Island Parish. The Rev David is sumposed to a partial to discuss bif future. (T) moned to a meeting to discuss his future. (T) 8.00 Mastermind. Subjects include Grigoriy Rasputin and West Indies Test cricket. (T) Hasputin and west indies I sets cricket. (I) 8.30 Gardeners' World. Reaping the benefits of harvesting in every season. (T) 9.00 The American Future: A History, by Simon Schama. New series investigating modern-day America's political and social identity. (T) 10.00 CI. With Rory McGratth and Phill Jupitus. (R) (T) 10.30 Newsnight. (T) 11.00 Newsnight Review; (T) Weather. (T) 11.35 Later w/Jools Holland. (T) 12.35 The Mitchell and Webb Situation. (T) 1.25 Star Trek: The Next Gen eration. (R) (T) 2.55 FILM: Corridors of Blood (1958). Gothic horror, w/Boris Karloff. (T) (bw) 4.25 Close.

### C4

6.05 Making It. (R) 6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Freshly Squeezed. 7.30 Everybody Loves ezed. 7.30 Everybody Loves ond. (R) (T) 8.00 Just Shoot Me. (R) (T) 8.25 Just Shoot Me. (R) (T) 9.00 Frasier. (R) (T) 9.30 Gay to Z; (R) (T) 3 Minute Wonder. (T) 10.00 The Big Squeeze; (R) (T) Self Portrait UK. (R) (T) 10.30 Extremes; (R) (T) Self Portrait UK. (R) (T) 11.25 Day I Got the Sack; (R) (T) National Gallery, (B) (T) 12.00 News at Noon, (T) 12.30 Supernanny USA. (R) (T) 1.20 FILM: Sands of Iwo Jima (1949). Wartime adventure, starring John Wayne. (T) (bw) 3.25 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 The Paul O'Grady Show. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.35 Junk Mail Britain An examination of a town's junk mail. (T) 8.00 A Place in the Sun: Home or Away. Searching for properties in Devon and in Spain. (T) 9.00 Ugly Betty. Amanda agrees to do a reality show with her father, and Betty finds herself stuck with Gio when they volunteer to chaperone Justin's schoo dance, Gene Simmons and Larry King guest star. (T) 10.00 Alan Carr's Celebrity Ding Dong. New series. Tongue-in-cheek quiz show. (T) 10.50 The Secret Policeman's Ball 2008. (R) (T) 12.30 4Music: One to Watch: Metronomy. 12.45 4Music: One to Watch: Broken Records. 12.55 JD Set Presents Team Waterpolo. (R) (T) 1.10 Goalissimo. (T) 2.05 KOTV. (T) 2.35 The Highlander Challenge World Championship. (R) (T) 3.30 Transworld Sport. (R) (T) 4.25 Countdown. (R) (T) 5.10 The Ge Charles Darwin. (R) (T)

6.00 Milkshake!: Miss Spider's Sunny Patch 6.00 ministrate:: miss Spider's Suriny Paten Friends. (R) (T) 6.10 Franny's Feet. (R) (T) 6.25 Fireman Sam. (R) (T) 6.35 Hana's Helpline. (R) (T) 6.45 Play! (T) 6.55 Mio Mao. (R) (T) 7.00 Funky Valley. (R) (T) 7.05 Floary the Racing Car. (R) (T) 7.25 The Mr Men Show. (R) (T) 7.40 Make Way for Noddy. (R) (T) 7.55 Flia dthe Flowertots. (R) (T) 8.10 Peppa Pig. (R) (T) 8.20 Thomas 8.50 Pocoyo. (R) (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (T) 11.30 Colin and Justin's How Not to Decorate. (R) (T) 12.30 Five News. (T) 12.45 Grev's Anaton (R) (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 County Secrets. (T) 3.05 Five News Update. (T) 3.10 FILM: A Night-Five News Update. (1) 5.10 Filler, with Gerald McRaney. (T) 5.00 Five News; Weather. (T) 5.30 Neighbours. (R) (T) 6.00 Home and Away. (R) (T) 6.30 Animal Rescue Squad. (R) (T) 7.30 Daring Raids of World War Two, A bombing mission Update. (T) 8.00 Police Interceptors. New series. The work of a high-speed police interception unit; (T) 8.00 Five News at 9. 9.00 NCIS. A Marine suspected of murder-ing a girl is killed in Iraq and her body is found among his personal belongings. However, Gibbs thinks there is more to the case than meets the eye. (R) (T) 10.00 Law & Order Special Victims Unit. Fin stumbles upon a robbery in a supermarket. (T) 11.00 Law & Order. (R) (T) 12.00 Quiz Call. 4.00 Wild Events. (R) (T) 4.25 The Thresher Shark: Great Ocean Adventures, (R) (T) 5.10 Neighbours. (R) (T) 5.35 Home and Aw

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 1.55 London News and Weather. (T) 2.00 60 Minute Makeover. (T) 3.00 The Alan Titchmarsh Show. (T) 3.59 London Weather. (T) 4.00 Midsomer Murde

5.00 Britain's Best Dish. Winners of the South West of England and South Wales regional heats go head to head, hoping to impress judges Ed Baines, Jilly Goolden and John Burton Race.

London Tonight; Weather. (T)

London Tonight; Weather. (1)
ITV Evening News; Weather. (T)
Emmerdale. Lily sees a way to save Peter from
his financial worries when the factory's raffle
syndicate win a car worth #15,000. Jamie asks
Bob to put a stop to his risky attempts to see Viv. (T)
Coronation Street. Janice is released on bail

Coronation Street. Janice is released on bail and shamefacedly returns to work, where she's snubbed by the factory girls. Sally and Kevin are stunned to receive a postcard from Rosie, and Nina warns Dev not to continue seeing Tara, while Becky is arrested in connection with her drunken rampage - but isn't slow to concoct an alibi. (T) DIY Diagnosis: Tonight. (T) Coronation Street. Becky blackmails Steve, threatening to tell Michelle about their fling if he doesn't support her alibi. Dan realises Leanne must have helped Janice perpetrate her fraud

must have helped Janice perpetrate her fraud and ends their relationship. Tina walks out of her job at the kebab shop, while Tony tries to catch Liam and Carla in a compromising posi-

catch Llam and caria in a compromising posi-tion. (T)
Wire in the Blood. Part one of two. Tony be-comes absorbed in a bizarre chain of murders in which each perpetrator in turn becomes the next victim but the unusual modus operand of beating, strangulation and shooting - always with the same gun - remains the same. Com-pletely caught up in the case, he fails to pick up dark hints from cannibal Michael, whom he dark hints from cannibal Michael, whom he helped to convict, that he is planning to escape from the secure unit where he is held. Thriller, starring Robson Green, with Simone Lahbib and Mark Letheren. (T) Al Murray's Happy Hour. Comedian-turned-fashionista Dawn French and How to Look Good Naked presenter Gok Wan swap banter and style tips with the Pub Landlord. Sugababes provide the music. (T)

provide the music. (T)
The Late News and Weather. (T)

11.00 The Late News and Weather. (1)
11.25 London News and Weather. (T)
11.45 Bingo Night Live. Free-to-play interactive show.
12.50 Planet Rock Profiles. (T) 1.20 Planet Rock
Profiles; (T) ITV News Headlines. 1.45 FILM: Peeping
Tom (1960). Psychological thriller, starring Carl
Boehm. (T) 3.25 ITV Nightscreen. 4.40 ITV Morning
News. (T)

## Best of the Rest

0630 Bom Dia Portugal 1000 Praça da Alegria 1300 News 1415 Amor Intrigas 1515 Portugal no Coração 1800 Portugal em Directo 1910 O Preço Certo 2000 News 2100 Jogo Duplo 2200 Olha quem Dança 0000 Uma Pequena Vingança, film 0200 Não te Moyas 0415 Portugal no Coração RTP2

0700 Euronews 0715 Zig Zag 1400 Sociedade Civil 1530 Entre Pratos 1600 National Geographic 1700 Zig Zag 1830 A Fé dos Homens 1900 A Alma e a Gente 1930 Zig Zaq 2045 My Name is Earl, series 2115 National Geographic 2200 News 2240 Lipstick Jungle 2330 Marilyn, Last Seconds 0030 Stage 0145 Sim. Amor 0215 Balanco & Contas 0300 Sociedade Civil 0430 Euronews 0545 Km Zero 0615 A Fé dos Homens 0645 Euronews

0600 Sic Noticias 0900 Dia Em Grande 1000 Fátima 1300 News 1415 Como uma Onda 1515 Beleza Pura 1615 Contacto 1800 Rebelde Way 1900 A Roda da Sorte 2000 News 2130 Podia Acabar o Mundo 2300 A Favorita 0030 Criminal Minds, series 0130 CSI Las Vegas, series 0230 Todos em Linha

## TVI

0700 Diario Da Manha 1000 Você na TV 1300 News 1400 As Tardes de Júlia 1700 Qual Ouer Ganha 1800 Morangos con Acucar 2000 News 2045 Euromilhões 2100 Gala da Ficção Nacional 0145 Sempre a Somar 0315 Film TBA 0515 TVI Negócios 0530 Telesales

7.00 Spendaholics 8.00 Most Annoying Couples 9.00 Almost Famous 10.00 EastEnders 10.30 Two Pints of Lager and a Packet of Crisps 11.00 Two Pints of Lager Crisps 11.00 Two Pints of Lager and a Packet of Crisps 11.30 Family Guy 11.50 Massive 12.20 Coming of Age 12.50 Most Annoying Couples 1.50 Almost Famous 2.45 Two Pints of Lager and a Packet of Crisps 3.15 Two Pints of Lager and a Packet of Crisps 3.45 Massive 4.15 Coming of Age 4.45 Spendaholics 5.15

### BBC4

BBC4
7.00 World News Today 7.00
Weather 7.30 Itzhak Perlman:
Virtuoso Violinist 8.30 Only
Connect 9.00 Legends: Julian
Bream 10.00 Guitar Heroes on Later with Jools Holland 11.00 The Story of the Guitar 12.00 The Avengers 12.50 The Avengers 1.40 Legends: Julian Bream 2.40 Guitar Logenus, Julian Bream 2.40 Guitar Heroes on Later with Jools Holland 3.40 Legends: Julian Bream 4.40

1.00 Airline USA 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.45 Ricki Lake 4.30 Sally Jessy Raphael 5.20 The Montel Jessy Raphael 5.20 The Montel Williams Show 6.05 Judge Judy 6.30 The X Factor 8.00 The X Factor 9.00 Film: Pretty Woman 15 (1990) 11.25 Celebrity Juice 11.55 Katie & Peter: The Next Chapter 12.55 Katy Brand's Big Ass Show 1.25 Coronation Street 1.55 Coronation Street 2.25 Teleshopping 5.25 ITV2

Nightscreen Sky1 1.00 Project Catwalk 2.00 Bones 3.00 Cold Case 4.00 Stargate Atlantis 5.00 Malcolm in the Middle 5.30 Malcolm in the Middle 6.00

Malcolm in the Middle 6.30 Futurama 7.00 The Simpsons 7.30 The Simpsons 8.00 The Simpsons

8.30 The Simpsons 9.00 Hairspray
- The School Musical 10.00 Don't Forget the Lyrics 11.00 UK Border Force 12.00 Road Wars 1.00 Road Wars 1.50 Greece Uncovered 2.40 Uncut! British Sex 3.30 Scare Tactics 3.55 America's Dumbest Criminals 4.20 Brainiac: Science Abuse 5.00 Bite Size Brainiac 5.10

### UKTV Gold

1.40 Only Fools and Horses 2.20 The Good Life 3.00 My Family 3.40 Sorry! 4.20 As Time Goes By 5.00 Keeping Up Appearances 5.40 Waiting for God 6.20 Last of the Summer Wine 7.00 Last of the Summer Wine 7.40 The Good Life 8.20 My Family 9.00 Only Fools and Horses 9.40 Porridge 10.20 Film: Ace Ventura: Pet Detective 12 (1993) 11.55 Only Fools and Horses 12.35 Porridge 1.15 2point4 Children 1.50 Brucie's Generation Game - Now and Then 2.15 The Two Ronnies 3.00 Close

1.00 That's Dancing! U (1985) 3.00 Interrupted Melody U (1955) 4.55 The Prodigal PG (1955) 7.00 Lady L U (1965) 9.00 Diner 15 (1982) 11.00 Alex in Wonderland 15 (1970) 1.05 Slither 15 (1973) 2.45 The Women PG (1939) 5.00 This Could be the Night U (1957) The Disney Channel

Kids' programmes from 7am, except: 6.00 Film: Johnny Kapahala: Back on Board PG Kapahala: Back on Board PG (2007) Comedy sequel, starring Brandon Baker. 9.30 Film: Johnny Kapahala: Back on Board PG (2007) Comedy sequel, starring Brandon Baker.

### $\mathsf{MOV}$

7.00 Miracle on the 17th Green U (1999) 8.45 Victim of Love PG (1993) 10.30 Diana: The Final Journey 12 (2007) 12.15 Rest in Peace, Mrs Columbo PG (1990) With Peter Falk. 2.00 Beloved 15 (1998) With Oprah Winfrey, 5.00 How to Lose Friends and Alienate eople Special 5.30 Casino Roya 12 (2006) With Daniel Craig. 8.00 Holy Man PG (1998) With Eddie Murphy. 10.00 Catch and Release 12 (2007) With Jennifer Garner. 12.00 Heaven's Gate 15 (1980) With Kris Kristofferson, 3.45 Modern Greats & Classics Close Up 4.15 Can't Be Heaven PG

### Sky Movies Comedy

6.15 Barefoot in the Park PG (1967) 8.05 Sgt Bilko PG (1996) 9.45 Flushed Away U (2006) 11.15 Just My Luck PG (2006) With Lindsay Lohan. 1.00 Rush Hour 3 12 (2007) With Jackie Chan. 2.35 Flushed Away U (2006) With Hugh Jackman. 4.05 Stone of Destiny Special 4.30 Three Men and a Bab PG (1987) With Tom Selleck. 6.15 Just My Luck PG (2006) With Lindsay Lohan. 8.00 Rush Hour 3 12 (2007) With Jackie Chan. 9.35 American Pie Presents: Beta House 18 (2007) With John White. 11.10 Analyze This 15 (1999) With Robert De Niro. 1.00 Beerfest 18 (2006) With Erik Stolhanske. 3.00 American Pie Presents: Beta House 18 (2007) With John White 4.35 Three Men and a Baby PG

### Sky Movies Action/Triller

6.25 The House Next Door 12 (2006) 8.10 Ninja Dragons 15 (1994) 9.55 The Da Vinci Code 12 (2006) 12.35 Magic Kid 2 12 (1994) With Ted Jan Roberts. 2.20 Flight of the Intruder 12 (1990) With Danny Glover. 4.30 The Da Vinci Code 12 (2006) With Tom Hanks. 7.05 Rocky III PG (1982) With Sylvester Stallone. 9.00 Lethal Weapon 2 18 (1989) With Mel Gibson. 11.00 The Specialist 18 (1994) With Sylvester Stallone. 12.55 Ong-Bak 18 (2005) With Tony Jaa. 2.50 Body of Evidence 18 (1992) With Madonna. 4.35 Rocky III PG (1982)

### (R) - repeat programme;

(T) - programme with teletext subtitles:

(S) - programme broadcast in stereo;

(bw) - black and white.

6.00 Live Test Cricket. India v Australia, 12.00 Premier League World 12.30 ATP Tennis 1.00 NFL: Total Access 2.00 Premier League World 2.30 Test Cricket 4.00 Live European Tour Golf. The Madrid Masters. 6.00 Live Darts. Day five of the World Grand Prix. 7.30 Live International Football. Wales Under-21s v England Under-21s (Kick-off 7.45pm). 10.00 Live Darts. Day five of the World Grand Prix. 11.00 International Rugby League 1.00 International Foot 2.30 Friday Fight Night 4.30 Big League Weekend 1 5.30 World

### Sky Sports 2

6.00 Good Morning Sports Fans 6.00 Good Morning Sports Fans 9.00 European Rugby Union 11.30 Live European Tour Golf. The Madrid Masters. 1.30 IAAF Athletix Weekly 2.00 X-Adventures 2.30 ATP Tennis 3.00 IAAF Athletix Weekly 3.30 Women's Pool 4.30 NFL: Total Access 5.30 Live NFL: Total Access 5.30 Live European Rugby Union. Montpellier v Bristol (Kick-off 6.00pm). 8.00 Live European Rugby Union. Munster v Montauban (Kick-off 8.00pm). 10.00 Live Friday Fight Night. Top bouts. 12.00 Big League Weekend 11.00 Horse of the Year Show 4.00 World Sport 4.30 IABA Rhiletix World Sport 4.30 IAAF Athletix Weekly 5.00 Live Test Cricket. India v Australia

### Sky Sports 3

6.00 Aerobics Oz Style 6.30 X-Adventures 7.00 WWE: Raw 9.00 Darts 2.00 European Tour Golf 4.00 WWE: Raw 6.00 Big League Weekend 1 7.00 Tight Lines 8.00

Live Horse of the Year Show. Day three at the Birmingham NEC. 11.00 WWE: Late Night - Smackdown 1.00 WWE: Late Night - Bottom Line 2.00 Tight Lines 3.00 British Ice Hockey 5.30 ATP Tennis

### British Eurosport

7 30 International Football 8 30 F1: 7.30 International Football 8.30 F1: The Factory 9.00 WATTS 9.30 International Football 10.15 International Football 11.15 WTA Tennis 12.00 Live WTA Tennis. The Kremlin Cup quarter-finals.3.30 Live ATP Tennis. The BA-CA Tennis Trophy quarter-finals. 5.45 Eurogoals 6.00 MotoGP 7.30 World Eurogoals 6.00 MotoGP 7.30 World Superbikes 8.30 Poker 9.30 World Rally Championship 10.00 Yoz Magazine 10.30 International Football 11.30 Strongest Man 12.30 Close

### Sky Sports Xtra

6.00 Motor Racing 7.00 Premier League Snooker 10.30 Show Jumping 11.00 Aerobics Oz Style 11.30 Racing News 12.00 Race World 1.00 Motor Racing 2.00 Race World 3.00 Aerobics Oz Style 3.30 British Ice Hockey 6.00 Test Cricket 7.30 Live International Rugby League. England v Wales (Kick-off 8.00pm). 9.30 Golf Night 11.30 Test Cricket 1.00 European Bugby Union 3.00 European Rugby Union 5.00 Women's Pool

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# clubbina



This is the first ALFA planning calendar, priced at €7.50. Further copies as well as pre-bookings fro the 2010 issue are available from fellgiebel@mail.telepac.pt.

ALFA is the association of literature and film friends in the Algarve, staging a monthly get-together for authors, thus giving them the chance to change an interested audience into a spellbound group of readers.

For further information of ASFA and the books they have published www:alfacultura.com



### East Algarve Walks

Every Tuesday Evening.

For more information call 913 595 868 brian@moonlightservices.eu www.moonlightservices.eu

### Lets walk from Cabeca Branca, north of Silves

### Wednesday October 8th

A more challenging 2.5 hour walk through the foothills of the Serra with panoramic views, some climbs but worth the ef-

10.30am start -meet at the Terinho, 2km from Silves. Drive over bridge into Silves, turn right & at roundabout take the third exit and turn right immediately after the cemetery. At the far end of the cemetery turn right again and follow the road for 2km, the cafe is on the left.

### Lets Walk from Benafim

### Saturday October 11th

A moderately easy 2 hour walk through the countryside and orange groves, some gentle

10.30 start - meet at the res-

taurant/cafe Hamburgo on the main road from Alte to Salir, if coming from Alte the cafe is on the left just before the village of Benafim

No need to book please just come along with a sense of humour - these walks are fun! There is a charge of €5 per walk which includes a donation to charity.

Walk leader: Julie Statham (965 753 033).

### OCTOBER 2008 - CENTRAL ALGARVE

### MEET, GREET AND NETWORK!

This meeting will be different from the usual format - it will be held in the evening with drinks and canapés. This will be a good chance to mingle socially and do some networking. Hopefully, this will give those of you who have not been able to attend the lunchtime meetings a chance to catch up with friends and colleagues. Don't forget to bring your business cards and anything else that you would like to display because we will have two display tables available

Connie Brown and Lynn Kenney will prepare some 'ice breaker' questions to give people a chance to get to know each other better. Then, we will also do our own introductions where you may speak about your business.

Directions from the EN125: turn into the Vilamoura entrance. Go to the 2nd roundabout and stay left towards the Old Course. Proceed to another roundabout and stay left again. This will bring you to Caminho dos Golfes. Browns will be 200 meters on the left hand side of the road. There is ample parking in the front car park or in the side car park

Wednesday October 8th 2008 Network Meet & Greet at Browns Sports & Leisure Centre,

17:30 for 18:00 - Drinks and Canapés Cost: Members €10 Guests €15

Please book no later than noon on Monday, 6th October



Contact Paulette Fouché, Network Co-ordinator Tel/Fax: 282415843 Email: info@networkalgarve.org www.networkalgarve.org



Alison Slater is seen here on her stall at the Autumn Fair showing just a couple of the items given to her by one her many UK suppliers. Although Alison only deals in ladies clothes from her well know mobile shop 'Collections,' she decided to bring them over with her new Autumn range to give to local orphanages. "Some of these children never get a chance to wear anything new so I hope they will enjoy them." says a smiling Alison.

Vale de Milho Golf

short

## A New Rotary Club in the Algarve



Rotary International is the world's foremost fellowship and service organisation with more than 1.2 million members in 32 000 clubs in 200 countries. Each club is different but all follow the core Rotary principles of service to others and the worldwide promotion of peace and goodwill through friendship and shared values

There are currently over 150 clubs in Portugal with 12 in the Algarve.

The new club will be based in the town of Estoi which is in the central / eastern Algarve on the hillside above Faro and Olhão and close to São Brás de Alportel.

The club, Rotary Club of Estoi Palace International, will hold its meetings at the historic Estoi Palace, which is currently undergoing extensive renovations to bring this complex back to its original splendour. When completed the Palace will be managed as a Pousada, ensuring that the complex and its services will be of the highest quality.

Until the Estoi Palace is ready weekly meetings will be held at Arte Cultura Gastronomia in Estoi, meeting every Tuesday at 13:00 and will comprise lunch and usually an interesting speaker.

The club includes International in its name to reflect the profile of its membership and that the club will conduct its meetings and business in English. The club is the 40th International Rotary Club in Europe.

The formal application for membership of Rotary International was signed by the District Governor Mrs Teresa Mayer on 5 August and approved on 2 September 2008 as club number 80155. The club will celebrate its inauguration with a celebration lunch at Pousada São Brás de Alportel when a Charter Certificate will be formally presented to

The new club is open to consider membership applications to join the already substantial number of charter members.

Rotarians visiting the area are also very welcome to join us at our meetings, but advance notice would be appreciated to help in our arrangements.

If you are presently a Rotarian and would like to transfer to this new club, an ex-Rotarian who would like to rejoin the movement or are new to Rotary and would like to find out more, then visit the Club's web site www.rotary estoipalace.org or contact us by telephoning T/M 91 617 52 59 or e-mail kent@estoipalace international.org; Ringborn, Master of Ceremo-



Representatives of the disbanded bowling club present toys to Elsa Parreira

## Vale Do Lobo Bowling Club

On Tuesday the 16th of September, representatives of the disbanded bowling club, presented educational toys to the value of €414 to Elsa Parreira.

capped children in Olhão. The money donated was the remaining funds raised by past members

The presentation took place

at at the Professor Paula

Nogueira Unit of Handi-

# Halloween Fun Run in aid of ACCA (supporting underprivileged children in the Algarve)

Meeting in the Gigi Parking Lot, Quinta Do Lago on Sunday 26th October, (registration 9am, commences 9.30am)

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## A Tough Week

We should have expected the outcome of this week but it has to be said we did not. We are now more than a little shell shocked. On the evening of Friday 26th September we said goodbye to the beautiful Bearded Collie Maisie who was 13 and a half years old. She has gone to the Rainbow Bridge to play with Julie's other Bearded Collie, Buster and her beloved cats Sooty and Sweep, also with Lennie and Sandy.

As I said only the other week (13th Sept) Maisie has had a tough couple of months. She started with grass seeds embedded at the top of her leg. The first Vet Julie visited recommended antibiotics and said they would dissolve. After a couple of weeks of no progress Maisie was so ill that a second opinion was sort. That proved that, indeed, Maisie was very ill. She was put straight on a drip, after she was stabilised she had surgery and 4 grass seeds were found and removed, obviously well embedded and with infection. Maisie remained on a drip and in Hospital for a few days. Her kidney readings were worrying but responded to the fluids. She came home and recovered well, back to eating and all was well for a few weeks. Then she went downhill again, various things, but nothing obvious. She returned to the Vet, again kidney readings bad so back on a drip. Many more tests were taken and eventually she was found to have Cushings disease. Treatment began and we thought we were winning. Julie spent hours investigating food suitable for her tired kidneys, this was enlightening but we found the best natural food for her with the lowest levels of protein and phosphorus.

Two weeks ago I took her back to the Vets for blood tests, just to check that the tablets were at the correct level. She seemed almost back to the old Maisie, yes she was slow, but at the end of the day she was an elderly girl now. Again her kidney function tests came back bad, worse than ever. Her Cushings was, however, now stable. This week as she seemed very ill again Julie took her back to the Vet, the news was even worse. Her readings were much worse and she was put straight on a drip. The future began to look very bleak. However, overnight her readings came down which was encouraging.

After much discussion and with so much help from our Vet, on the Thursday we bought Maisie back to her home, on her drip. She seemed to rally around, was alert, glad to be back at home, trying to sit up, wagging her tail and drinking. Hopes were raised, until she had her first fit. Her kidneys were shutting down. Julie went into

chief nurse mode and devoted every hour to Maisie, as one does in a crisis. We hoped she could pull out of this but it was one battle too hard and we said goodbye to her on Friday evening.

We have to thank our Vets who have been fantastic in all this and allowed us really to do things 'our own way' which I suppose is not possibly the norm. Maisie was at home, Julie had quality time with her and she went to her final sleep peacefully, with Julie and with Smokie, the cat, purring beside her. Smokie then curled up tight beside Maisie — that picture will remain with me. Smokie had to be prised away from Maisie later after we had taken some gorgeous photos that we cannot look at yet, but later we will.

For two of our dogs to go to the Rainbow Bridge within such a short time has hit us very hard as a family. Maisie meant so much to Julie, more than anyone can realise, she was a very special Beardie and helped Julie so much over her life. Maisie was always there for Julie, never naughty, always consistently there. She was also very much our surrogate Beardie as we always had Maisie when the need arose, so she was as much at home in our house. She had her special places here, she was so more special to me after losing Lennie. Only a short while ago Maisie was here for a few days and insisted on coming upstairs to bed at night — it's incredible to think she has gone now, so fast. So sad. So much history, they are so much a part of our life it is impossible to see how we can continue with the space they leave — we will adjust but never forget. They leave memories which at the moment are too painful to recall. I remember my Son, Paul, saying when he was with when we said goodbye to our first Old English Sheepdog 'suddenly over 13 years - gone, just like that - I will never have a dog, the pain is too bad'. He has been true to that he has never had a dog. But, there are two sides to this, they give so much, they cannot last as long as we do, and as a very sensible friend said when Host Lennie. If they lived for ever I would never have met Lennie, so true.

Ineed to just take this opportunity to say that if anyone has rung us or emailed us this last week and we have not answered a question as fast as is normal—we are sorry. We hope you will understand that it has been such a difficult week. Please, 're ring' or 're email' us if you still need an answer. We do care—but caring for Maisie has been our very top priority this week.

People often comment on my sign off, sometimes you need to study way beyond your normal boundaries to help your pet—remember that background reading



In loving memory of Lennie, Maisie and Sandy who are all at the Rainbow Bridge. Chloe, our beloved Old English Sheepdog, (laying down in this photo), is the last remaining pet who came from the UK still with us. I will make sure she continues to enjoy a happy life with us in Portugal - Jan.

really does help when trying to understand complicated Veterinary issues. Always seek the help of a Vet with any worries you have and what you do not understand please do not be frightened to ask. Whilst the answers may not be the ones you want to hear, at least you know they are professional and

swers. The Vets will work with you and they have the training.

I will now sadly sign off. I have spent the last days mourning three dogs. They give us unconditional love but oh how tough it is to say goodbye to them, they take a chunk of us with them. Amazingly, even though all of this hap-

pened at Julie's house my three are well aware something sad has happened. They have picked up on my sadness, Cleo and Merlin are staying so close to me and all three keep giving me a strange 'look' as much as to say 'we will make it better Mum', they will try I know. Julie says 'never again'

— I said that after Lennie, somehow Cleo and Merlin crept in!

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Jan Cobley
916 273 376.

### Contact message

Please note that technology and storms do not mix. First the house telephone went, we await its repair. Obviously, this means no internet at home. Now my aged mobile has died in sympathy. If you do not get an answer to my phone or text, i am not ignoring the world. Please try julie's number 917152209.

Jan at paws4pets

### Sorry!

For reasons beyond our control the continuation of the article 'Routines — pros and cons' was held over until our next edition of 11th October.



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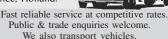
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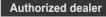
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INTERNATIONAL BAPTIST CHURCH OF LIS-BON 11.30am English worship service in the facilities of the Terceira Igreja Evangélica Baptista de Lisboa. Location: Rua Filipe Folque, 36, 1st Floor, 1050 Lisbon. Rev. Joseph lan Momoh

BAPTIST MISSION - Esqueira (Aveiro) Traditional Baptist church service in English on Sun-day at 5pm. Contact: Pastor David Loop Tel 965-363-986.

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call Pastor Frank Escoba at 21-467-3386 or Mobile 919 086 683 God

CHAPEL OF ST. PIUS X: PRIORADO S.PIO X Estrada de Chelas, 31, 1900 Lisboa. Tel.(21) 8143591. Latin Tridentine Mass, Lisbon every Sunday at 11am. Rosary before Mass, confessions also available. Monforte (Alentejo) also 2nd & 4th Sundays, 6.30pm. Resident Priest:

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lish. Rua João de Deus, 76. Sintra. (Behind Sintra train station). Sunday 3pm. Tel: 214 690

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### The Algarve

CHURCHOFENGLAND ST. VINCENT'S AN-GLICANCHAPLAINCY Holy Communion every Sunday in our three congregations: 11:30am St. Luke's, Monte de Palhagueira, Gorjões (Near Sta Barbara). Contact Sandra 289 791 699 & 919655959. 30am Ingrie In S7 aci B Fáltima, ENI 25 between Quatro Estradas & Almancil. Contact Rosie 289328302.8:00am and 12 noon Igreija N Srad aL Luz, Praia dad Luz (near Lagos) with Sunday School. Contact Joyce 282 788104. Moreinfo: www.svincentsaigare.org ALL SAINTS ANGLICAN CHURCH, AI-

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Communion.

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vida.org THE SALVATION ARMY in São Bras de Alportel will hold on the 1st Sunday of each month an International Worship Service at the Salvation Army Citadel in São Bras at 5pm, nº 19 (next to the Market) Ruaz 20 de Adnii, nº 19 (flexit to the Market).

CATHOLIC MASS every Sunday partly in English - 11am. at St. Lourenço Church - Almancil - 6.30pm. at Four Seasons Country Club— Quinta do Lago — Almancil. Further information, please contact the International Catholic Community of Almancil (Griselda Neto on 966168120 or Vitor on van@demonaccom).

vgn@domopor.com). INTERNATIONAL CHRISTIAN FELLOW-INTERNATIONAL CHRISTIAN FELLOW-SHIP in Portimāo invites you to attend its services in English on Sundays at 11am. Sunday School for children. Av. 25 de Abrill 11, RIC-D1 Portimāo. Bible study on Tues-days; 10.45 for 11 am at "The Bridge" (A Ponte) in the Cediprais Shopping Centre near the church. Tel 282 461 985 LIVING HOPE BAPTIST CHURCH English speaking services very Sunday 5 p.m. About 100m North of bullring circle in Albufeira. For more information contact pastor Mark: 964860765. Or email: pastor @ibev.pt

CHURCHIN ALJEZUR / VALE DE TELHA r mission: Matthew 28:18-20 (An outrea m Church in Lagos) Call Stefan Saunde astor) mobile 963 165 983.

INTERNATIONAL COMMUNITY CHURCH in Lagos invites you to attend its services in English on Sundays at 11.00am. Sunday School for children. Urbanização Vila Praia da Dona Ana, Lote 11 B, 8600 Lagos (50 metres from the Hotel Golfinho), Tel. 282-086804 or 282-697546.

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ROMANCATHOLICST.ANDREWS, PENINA R.C. Massin English every Saturday 6pm, SL. Andrews Church, Penina. For further informa-tion, please contact Padre Manuel 282 459151 SALVATION ARMY Service Sundays at 10.45am in Portuguese. Bible studies for chil-dren, adolescents and adults in Portuguese starting at 9.30 until 10.30. Riua 25 de Abril, nr. 19, São Brás de Alportel EREV SHABAT - For services Tel: 282 416710.

JEHOVAH'S WITNESSES - Public Talk in JEHOVAH'S WITNESSES - Public Talk in English. The New Kingdom Hall of Jehovah's Witnesses, 25 Largo Emgembeiro Sarrea Prado, Portimão (Next door to the University). Saturday 4pm. Tel: 282 485 495. No collectio. JEHOVAH'S WITNESSES - Public Talk in English. Rua Bartolomeu Dias, Albufeira. (Next to the Junta da Freguesia). Sunday 1pm. Tel: 282 442 279. No collection.

### Oporto

ENGLISH SERVICES In OPORTO— GREATER GRACE now has contemporary worship in Porto as of 11/18; Featuring uplifting music and insightful Biblical teaching, our meetings take place in the Sala Grande at Hotel Peninsular, Rua Sá da Bandeira, 21 (be-Hotel reininsular, Hud sada Barnoerra, 21 (be-hind the McDonald's in the Praza de Liberdade) while we continue our search for a permanent location. Service time is 16 flo(thet service times are being considered for 2008). More information is available on www.Nova Aurora.com, by email to nova.aurora @clix.pt or by calling 91 711 2736. We are also looking for reinforcements for our woralso looking for reinforcements for our wor ship team, so come and meet us. More infor mation about Greater Grace, including live and archived services, can be seen at

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RIVERSIDE PORTO INTERNATIONAL CHURCH – Oporto. A church that is fun and enriching; Bible based and relevant. Caring, supportive and international. Interdenominational meetings from 6pm Sundays at 1642 Avenida Sacadura Cabral, Aguda, VNG, be tween Aguda railway station and Miramar golf course. Call Tina or Bill Mason on 227 627 643 or 914 949 611 for more details. contact @riversideporto.com web site www.riverside

porto.com ST. JAMES'S CHURCH, ANGLICAN CHAP-LAINCY OF OPORTO. Largoda Maternidade, Júlio Dinis. Sun. 11am Details from Chaplain

(22) 609 1006. www.stjamesoporto.org
THE SALVATION ARMY OPORTO Pere Corps (Av. Vasco da Gama No: 675-2 E Ramalde), Service 10am, Salvation Meeting Ramaldel, Service 10am, Salvation Meeting 5.00pm. Coloras Corps. (Av. dos Bombeiros Volunta-rios; Tel: 22 929 1077) Sun. 10am. Thurs 4.00pm Ladies Horne League Meeting. JEHOVAH'S WITNESSES - Public Talk in English. Praça Don Afonso V, 168. Sunday 10.30am. Tel: 226 160 976. No collection.

CALDAS DA RAINHA ANGLICAN EVENING WORSHIP IN FNGLISH, At 6:00 WORSHIP IN ENGLISH. At 6:00pm on the first Sunday of each month, except in August and January. Held in the Evangelical Baptist Church, Rua Dr. José Saudade e Silva 27/29 (between Caldas da Rainha Railway Station and 'Pingo Doce'. All welcome.

## The Portugal News Crossword No. 212



### **ACROSS**

### 1. Eccentricity (12)

7. Big (5)

8. Squeeze (5) 9. Charge (3)

10. Exploiter (9)

11. Lure (6)

12. Plunger (6)

15. Bowdlerise (9) 17. Chopper (3)

18. Map (5)

19. Impress deeply (5)

21. Violation (12)

### DOWN

1. Unconcern (12)

2. Observe (3)

3. Indigenous (6) 4. Disgusting (9)

5. Precipitous (5)

6. Loss of affection (12)

7. Salute (5)

10. House-painter (9) 13. Tread heavily (5)

14. Clergyman (6)

16. Clear (5)

20. Mimic (3)

QUICK SOLUTIONS Nº: 211

Across: 4 Emptied; 8 Amazon; 9 Interim; 10 Riches; 11 Agency; 12 Customer; 18 Languish; 20 Talent; 21 Rotten; 22 Fancied; 23 Overdo; 24 Deplete

Down: 1 Caprice: 2 Sarcasm: 3 Bolero: 5 Mandarin: 6 Teeter; 7 Evince; 13 Maltreat; 14 Cistern; 15 Phantom; 16 Manage; 17 Pencil; 19 Groove.

"Blessed are you when people insult you, persecute you and falsely say all kinds of evil against you because of me. Rejoice and be glad, because great is your reward in heaven, for in the same way they persecuted the prophets who were before you."- Matthew 5:11-12



# Ulpward Glance

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## Lesson from Geese

From a careful observation of nature we can learn many truths that, when applied to our spiritual lives will come alive and change our thinking. For example, perhaps you have noticed the way in which a flock of geese fly together. Geese are known for flying in a "V" formation. As each goose flaps its wings, it creates "uplift" that helps the birds that follow. By flying in a "V formation, the flying range of the flock is increased by 71%. If one goose falls out of formation, it immediately feels the drag and resistance of flying alone. The goose will quickly move back into formation in order to take advantage of the lifting power of the other birds. After a time the lead bird will become tired. When this happens, the lead bird rotates back into formation and lets another bird take the lead. Within the flock, geese honk to encourage the birds in front to keep up their speed.

Each of these remarkable facts has a correlating lesson for our lives. Believers in Christ who share a common direction and sense of community can get where they are going quicker and with greater ease if they work together and benefit from the movement of those around them. If we have as much sense as a goose, we will stay in formation with those headed where we want to go. We need to be willing to both accept the help of others and give help to those around us. Taking turns and sharing leadership tasks is wise advice as we live in community and seek to serve our Lord. As we "fly" together we do well to remember the power of encouraging one another along the way.

If a goose get sick, is wounded, or shot down, two geese drop out of formation and follow it down to help and protect it. These geese stay with the injured bird until it dies or is able to fly again. Then they launch out with another formation or catch up with their own flock. If we have as much sense as a goose we will stand by each other in difficult times as well as when we are strong.

Some college friends of mine chose Romans 1:12 as a special verse for their relationship. He even wrote a song using the words as the lyrics. To them, the verse was a reminder of the kind of help and encouragement they wanted to be to each other. As believers, we do well to strive to encourage each other in the same way.

"That is, that we may be mutually strengthened and encouraged and comforted by

each other's faith, both yours and mine." Romans 1:12

More information about how to have a relationship with God can be found at www.rbc.org/personal\_ relationship\_with\_god.page

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### Riverside Porto International Church October 12th

Riverside Porto is proud to welcome Hugh Thompson, one of the UK's foremost Bible teachers. Since the 1960's Hugh has been teaching, planting, successful churches and helping existing churches to grow and develop; first in the UK and subsequently around the world.

As well as assisting his local church he is presently spending his retirement working to develop churches in Poland.

On Sunday 12th October Hugh will preach at a special morning meeting starting with a free breakfast for everyone at 11:00. There will not be a regular meeting at 18:00.

For more information please contact Bill or Tina Mason on either  $227\ 627\ 643$  or  $91\ 494\ 9611$  or by email contact@riversideporto.com

We will meeting at the usual place which is Avenida Sacadura Cabral 1642, Aguda Praia. Also check out the web site for more details on www.riversideporto.com

CASA - WELL-KNOWN local social club (over 300 members) who raise money to help many needs in the area. Open to all, with a monthly newsletter of events and dinners (local venues for reasonable prices). Plus outings to inter-esting places in Portugal and Spain. Find out more by calling Mary 282 357 275.

DON'T MISS a visit to the FARO JEWISH HERITAGE CENTRE - The only remaining vestige of the 1st post inquisition Jewish Presence in Portugal -Open Weekdays 9h30 -12h30. Tel: FJH Centre: 289 829 525 or João (Guide) 936 394 488 www.farójewishheritage



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### JJ JOHNS' COUNTRY & WESTERN DINNER-DANCE at Restaurant Ponte

Romana in Silves Sunday October 5th, 14.00-18.00 hours. Including 3 course meal plus wine and coffee €14.50 all-in. On stage Country singer JJ Johns. Special guest João Alves and line-dance teacher Chris Cottis Reservations 282 442 621 or jjjohns@netvisao.pt Also reservations already can be made for JJ Johns 'New Years Eve' Dinner-Dance at Ponte Romana in Silves, €45 p/p all-in.

LONELY? BORED? Come and join out happy helpers and fund-raisers, 3 to 4 hours a week (or more!) Our charity shops welcome you. Every Euro raised goes to animals rescued from distress. Call Nan Richards at the Donkey Sanctuary in Estômbar for details of our work. Tel.: 962



THE ANIMAL charity shop in Montechoro needs volunteers to help in the shop & to transport animals to the vet or abandoned animal's home 'Quintinha dos Animais' at Goldra, which receives part of the shops profits. Any help appreciated. Lesley-mobile 962414

**Charities** 

CAR BOOT Sale held every 3rd Sunday of the month at `Restaurant Quinta dos Areões', adjacent to the veterinary clinic, in Espiche. Stallholders pay €3. All proceeds to help abandoned animals. Call Michele on 919 457 263 or e-mail me on Happyhounds@mail.telepac.pt for more information.

ABA CHARITY shop, Av. do Tenis, No 41D, Albufeira. Open Tues. to Sat. 10.30am till 2pm. Donations of bric-abrac, clothes and books to be sold in the shop to raise funds for spaying and neutering of pets, to help stem the tide of unwanted animals, would be appreciated

WANTED: THE donkey sanctuary needs your unwanted furniture, clothes, books and bric-a-brac for our charity shops in Lagoa and Monte Carvoeiro, all proceeds to aid donkevs in distress. We will collect larger items. Call Nan Richardson, mobile 962 633 811, for details of our work for animal welfare. Please help.

DONKEYS, DOGS and kittens! Please call the Donkey Sanctuary if you can help home an animal in need. Mobile 965019796.

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would you prefer to assist backstage? Young or old join in the fun with play readingsstartingsoon. Ring Nikki on 917 776 245 and nikki\_luz@hotmail.com or check out our web address: www.thealgarveans.com

WINE TASTINGS Quinta dos Vales. Monday, Wednesday, Saturday. 2:30pm in Estombar www.quintadosvales.eu

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bouncy castles, clowns, jugglers, face painting, etc.

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Self help tool, often works where nothing else well! No drugs - No Needles.

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- · Gestão Financeira e Administrativa
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- Contactos com instituições públicas e privadas, fornecedores, etc.
  - Marketing e Publicidade
  - Bolsas de Estudo e Angariação de Fundos
    - Higiene e Segurança no Trabalho

### Perfil do candidato:

- Formação Superior em Gestão, Economia, Marketing ou equivalente.
  - · Conhecimentos legais e fiscais
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Envio de CV com fotografia e referências para: BMatISSL@gmail.com

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Crafts, songs and ots of fun ... Where? lots of fun ... Where?
Lagoa Christian Fellowship
hall, Vale de Lousas, EN125, Alcantarilha. Refreshments available Contact Elaine for more details on 916 447 407

### Mums & Tots



Tuesdays 10.00am -12 Noon Meet friends, coffee, fun, playing, puppets. ICC Church Hall, Lagos

For further details on location of Church and Sunday services (with Kidz Klub) & other ities and available courses at International Community Church, see web site www.icc-lagos.org or call 282 697 546 or 282 086 804.

> View these pages FREE of charge at



10-12am at ICC Lagos 5 to 12 year olds





Food \* Games \* Music \* Fun Competitions \* Drama!!! **BRING A FRIEND!!!!!!** 

Tel:- 282 086804 or see icc-lagos.org for location

### ALCOHOLICS ANONYMOUS-

Algarve. WEEKLY MEET-INGS: Mon.: Portimão 7.30pm. Tues.: Almancil 1.00pm; Almancil 6.30pm (Men's meeting); Albufeira 8.00pm. Wed.: Almancil 7.30pm.Thurs.: Pêra 7.30pm, Tel: 919 005 590; Tavira 7.30pm 7.30pm. Fri.: Almancil 1.00pm; 7.30pm. Fil.: AlmanCil T.uopm; Portimão 7.30pm. Sat.: Almancil 5.30pm. Call 919 005 590, 10.00-7.30pm. Por-tuguese AA917483478.GSO Lisbon AA Tel.: 217 162 969. We look forward to seeing

### "POP-INS"

Mums and Toddlers Wednesday 945am to 12 midday

Bring your babies and toddlers and come meet new friends in a safe and secure environment. Toys, activities, singing Refreshments available.

ICF Church Fellowship Rooms Cedipraia, Portimao

For more information Tel Marina on 964820392

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### ARE YOU LOOKING FOR A PET?

FOR A PEI?

I currently rescue kittens & cats, pupples & dogs; maybe I have your future companion.
Call Valérie (Donkey Sanctuary) 913 860 865 or 282 342 823. lili10.evann@yahoo.fr

### **Property Agent**



Property management, rental & maintenance in the Western Algarve.

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We can collect. Please ring 289 845 581 or 289 416 659.



The Portugal News has a Launch Package to get you started

For info, please email bella@the-news.net

## November: Focus on Secondhand Furniture



to sell, or if you have a secondhand furniture shop, you can place a free classified ad in The Portugal News every week in November.

Ads can only be placed by email and should not exceed 15 wor Pictures can be also be included, but only one free ad per advertiser may be submitted.

email your ad to classads@the-news.net

# Classified Order Form

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TOTAL ...... €..... All prices include VAT

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Ads must reach us by 11am on Tuesdays Prices shown are for copy to be set to our type specifications. Minimum of ten words per advert.

Phone numbers and post codes count as one word. We reserve the right, without giving reasons, to decline any

In the case of an advertisement being repeated, the advertiser undertakes to advise The Portugal News of any error immediately after the first insertion

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- □ I enclose payment in the sum of €.....
- by cheque payable to THE PORTUGAL NEWS in cash
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CREDIT CARDS ONLY Plus the security digits (the last Expiry Date 3 digits on the reverse of your card)

Name Address

Tel Fax

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# FC Porto gunned down, Sporting sink faulty Basel



Sporting players Romagnoli (R) and João Moutinho (L) celebrate after scoring during the Champions League group C soccer match between Sporting and FC Basel at the José Alvalade stadium in Lisbon on Wednesday. Mário Cruz)

SUPERLEAGUE FIXTURES DAY 5				
MATCH	DATE	TIME	TV	
Naval-Belenenses	Saturday	19h45	SportTV2	
Rio Ave-P. Ferreira	Sunday	16h00		
AcadÈmica-Nacional	Saturday	16h00		
Amadora-Trofense	Saturday	16h00		
Sporting-FC Porto	Sunday	19h45	SportTV	
Guimar,,es-Braga	Sunday	19h30	SportTV	
Leixies-Benfica	Sunday	21h00	RTP1	
Set bal-Maritimo	Monday	19h45	SportTV	



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(From June to August 2008)

(From May to August 2008)

### Hamilton, from

More than a decade after Estoril lost its status as being a top winter testing circuit, Portimão appears set to 'steal' this honour back for Portugal with news that McLaren Mercedes is ready to set up a mini-base in the Algarve next month. With 325 days of sunshine a year, Portimão would be an obvious choice for Formula 1 teams to conduct testing and along with a state-of-the-art race track, rival Barcelona will be hard-pressed to hold on to its current title as the top winter testing track in Europe, while the foundations could also be laid for Portimão to become a Formula 1 race venue.

Lewis Hamilton could be celebrating his maiden Formula 1 drivers' championship title in the Algarve next month, it emerged earlier this week.

According to Autosport, McLaren-Mercedes MP4/23 will be in Portimão from November 17 to November 19 in preparation for next season, only a fortnight after the final race in Brazil.

The only obstacle facing the British team, which currently leads both the driver's and constructor's championships, is a pending report from the FIA, the governing body of Formula 1.

FIA inspectors will be in Portimão later this month to pass their verdict on the track.

Officials are optimistic that the €200 million track will get the thumbs-up from FIA officials, who are expected to remain in the Algarve until November 2, when the track will be inaugurated for the World Superbike Series Grand Prix.

News of plans to test in Portimão emerged in the wake of the Singapore Grand Prix, and as the other nine Formula 1 teams had already committed themselves to testing at Barcelona next month, McLaren jumped at the

opportunity to be the first in the Algarve to take a car from 0 to 300km/h in under 9 seconds.

While McLaren have declared themselves willing 'guinea-pigs' the remaining nine Formula 1 teams could be travelling to the Algarve in January for official winter testing.

This will largely depend on the report McLaren will be asked to compile by the FIA, and which will subsequently be handed over to their Formula 1 rivals.

If no opposition is voiced. Ferrari, BMW, Williams and company will be in Portimão from January 20 to 22. Favourable verdicts from these

teams will not only serve to cement Portimão's position as the winter testing venue of choice, but could also pave the way for Portimão being handed a permanent spot as one of the 18 venues on the Formula 1 racing calendar.

In a related story, racing enthusiasts who cannot wait until November to hear a car reach 19.000 rpms, will be able to enjoy an appetizer on Octoner 25 and 26 when Renault will be showing off its Formula 1 cars as they race down and around the Margûes de Pombal roundabout in Lisbon.

Another week of Champions League fixtures has passed and results for Portugal's two representatives were worlds apart. FC Porto were crushed 4-0 by a determined Arsenal and an impressive Sporting beat Basle 2-0 on Wednesday.

FC Porto (Group G) and Sporting (Group C) now have three points each, from their two games, and both still have a strong chance of going through the group stages, but as the secondplaced teams.

On Tuesday, FC Porto were shattered by Arsenal as the Gunners seemed to have found their form after their loss against Hull in the Premiership League the previous week. Although the Oporto team had the first real chances, their inability to take advantage of them resulted in Arsenal coming back and scoring two goals in the first half, one by Van Persie and another by Adebayor. An early goal by Van Persie in the second half completely sucked the spirit out of the 2004 European champions and they were outplayed during the rest of the encounter. Players' frustration was clear when a rash tackle by Guarin on Bendtner inside the box was called for a penalty kick, which Adebayor easily put past the keeper.

Back in Portugal, Sporting enjoyed a deserved win against Basle, having scored goals, by Romagnoli and Derlei, in the second half. The game was slightly controversial as Sporting fans booed and whistled at their own team during the first half when they were unable to score, also a result of their recent poor performances, which culminated over the weekend when they lost to Lisbon rivals Benfica. Despite the conduct of fans, Sporting managed to take an important win which will give them motivation to keep fighting for a place in the Champions League finals.

Upcoming fixtures for the Portuguese teams are:

FC Porto - Dynamo Kiev on Tuesday 21st Öctober, while Shakhtar Donetsk host Sporting on Wednesday 22<sup>nd</sup> October.

## Portugal gets Brazil date in November

The Brazilian Football Confederation (CBF) has confirmed Brazil will play a friendly against Portugal on November 19<sup>th</sup> in Gama, a city situated on the outskirts of Brasilia.

The game will take place at

seats 20,000 and has recently undergone two and a half years of renovations.

The last match between the two national teams was in February 2007, in London, with Portugal winning 2-0.

